



Books that support Eat a Rainbow activities

These books are easily obtained from bookshops or online book-sellers. The books range in price from \$15.00 to \$36.00 (at the time of printing).

Rainbow explorers: ages 0 to 3 years

Title: Cool as a Cucumber
Author: Sally Smallwood
ISBN: 1840894180

Title: I Can Eat a Rainbow
Author: Annabel Karmel
ISBN: 1405339063



Title: Sweet as a Strawberry
Author: Sally Smallwood
ISBN: 1840894156

Title: Very Tasty Vegetables
Author: Bryony Jones
ISBN: 1840896159



Title: We Are What We Eat!
Author: Sally Smallwood
ISBN: 1840895675

Title: Fabulous Fruit
Author: Bryony Jones
ISBN: 1840896140



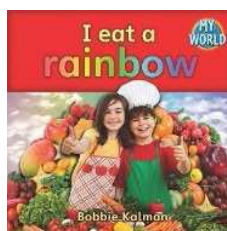
Title: Are You Eating Something Green?
Author: Ryan Sias
ISBN: 160905010

Title: One Cool Watermelon
Author: Hannah Tofts
ISBN: 1840895551

Title: Are You Eating Something Red?
Author: Ryan Sias
ISBN: 1609050185

Title: Handa's Surprise
Author: Eileen Browne
ISBN: 0744536340

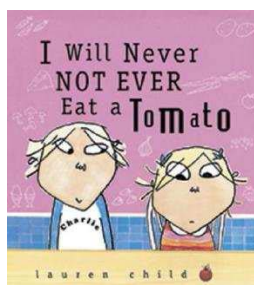
Rainbow adventurers: ages 3 to 5 years



Title: I Eat a Rainbow
Author: Bobbie Kalmon
ISBN: 0778794563

Title: I Do Not Eat the Colour Green
Author: Lynne Rickards
ISBN: 0340988665

Title: One Cool Watermelon
Author: Hannah Tofts
ISBN: 1840895551



Title: I Will Never Not Ever Eat a Tomato
Author: Lauren Child
ISBN: 0763621803





Title: We Are What We Eat!
Author: Sally Smallwood
ISBN: 1840895675

Title: Beautiful Bananas
Author: Elizabeth Laird
ISBN: 0192725521

Title: The Ugly Vegetables
Author: Grace Lin
ISBN: 1570914915

Title: Oliver's Fruit Salad
Author: Vivian French
ISBN: 0340704535

Title: Oliver's Fruit Salad
Author: Vivian French
ISBN: 0340704535

Title: The Ugly Vegetables
Author: Grace Lin
ISBN: 1570914915

Title: Jamberry
Author: Bruce Degen
ISBN: 0064430685

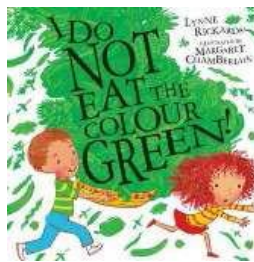
Title: I Will Never Not Ever Eat a Tomato
Author: Lauren Child
ISBN: 0763621803

Title: Oliver's Vegetables
Author: Vivian French
ISBN: 0340634790

Title: Blue Potatoes, Orange Tomatoes - How to Grow a Rainbow Garden
Author: Rosalind-Creasy
ISBN: 0871569191



Title: The Little Mouse, the Red Ripe Strawberry, and the Big Hungry Bear
Authors: Don and Audrey Wood
ISBN: 184643050X

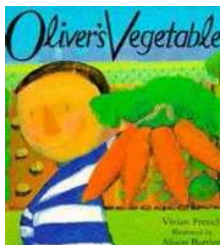


Title: I Do Not Eat the Colour Green
Author: Lynne Rickards
ISBN: 0340988665

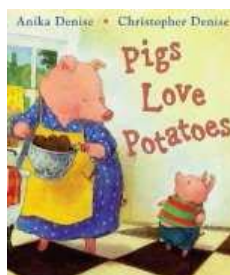
Title: Handa's Surprise
Author: Eileen Browne
ISBN: 0744536340

Title: Grow it Eat it
Publisher: Dorling Kindersley
ISBN: 140532810X

Rainbow researchers: ages 5 to 8 years



Title: Oliver's Vegetables
Author: Vivian French
ISBN: 0340634790



Title: Pigs Love Potatoes
Author: Denise Christopher
ISBN: 0399240365

For more information

Allied Health Directorate, Country Health SA Local Health Network
CHSAAlliedHealth@health.sa.gov.au
www.sahealth.sa.gov.au

© Department for Health and Ageing, Government of South Australia. All rights reserved.

