Age Group

Mental Health Service Setting

Reason for Collection (Collection Occasion)
Admission Review Discharge
New Referral [01] Three Month Review [04] No Further Care [06]
Admitted from other treatment setting [02] Review - Other [05] Discharge to change of
Admission - Other [03] treatment setting [07]

About the Preceding Period of Care
Diagnoses: (For Inpatient, Community Residential and Ambulatory Services. Complete Diagnosis at Review and Discharge, but NOT at Admission.)

Mental Health Legal Status:
(Complete at Review and Discharge)
Person was an involuntary patient for all or part of the period of care [1]
Not an involuntary patient at any time during the period of care [2]
Not applicable (collection not required due to protocol exclusion) [8]
Not stated / Missing [9]

CGAS
Always refer to the full CGAS Glossary in your Clinician’s Reference when making the rating. At admission and review in all mental health service settings, rate the child or adolescent’s most impaired level of general functioning over the preceding two weeks. At discharge from episodes of Acute Inpatient care, rate the child or adolescent’s most impaired level of general functioning over the preceding three days. At discharge from all other episodes of care, rate the child or adolescent’s most impaired level of general functioning over the preceding two weeks. Only use code 997 if you are unable to rate.

Global Assessment:

FIHS Indicate whether any of these factors listed below have required special clinical evaluation, therapeutic treatment, diagnostic procedures or increased clinical care or monitoring during the preceding period of care.

1. Maltreatment syndromes ........................................................................................................................................1 2 7
2. Problems related to negative life events in childhood .........................................................................................1 2 7
3. Problems related to upbringing ..........................................................................................................................1 2 7
4. Problems related to primary support group, including family circumstances .................................................1 2 7
5. Problems related to social environment .............................................................................................................1 2 7
6. Problems related to certain psychosocial circumstances ....................................................................................1 2 7
7. Problems related to other psychosocial circumstances ......................................................................................1 2 7

Collection Status
<table>
<thead>
<tr>
<th>Code</th>
<th>Date of Completion</th>
<th>Total Scores</th>
<th>Codes for Collection Status</th>
</tr>
</thead>
<tbody>
<tr>
<td>HoNOSca</td>
<td>[ ] [ ] [ ] [ ] [ ] [ ]</td>
<td>[ ] [ ] [ ] [ ]</td>
<td>1. Complete or partially complete</td>
</tr>
<tr>
<td>CGAS</td>
<td>[ ] [ ] [ ] [ ] [ ] [ ]</td>
<td>[ ] [ ] [ ] [ ]</td>
<td>7. Not completed for reasons not elsewhere classified</td>
</tr>
<tr>
<td>FIHS</td>
<td>[ ] [ ] [ ] [ ] [ ] [ ]</td>
<td>[ ] [ ] [ ] [ ]</td>
<td>9. Not stated / Missing</td>
</tr>
</tbody>
</table>
Complete the ratings at Admission to all mental health service settings only after the first comprehensive clinical assessment has been completed. Only use code 9 if you have insufficient information to make the rating. Rate in order 1 to 15. The rating period is generally the preceding two weeks, except for inpatient discharge which is the preceding 72 hours. Rate the most severe problem that occurred in the period rated.

### Rate the worst manifestation ALWAYS over the past two weeks

#### 1. Problems with disruptive, antisocial or aggressive behaviour

*Include* behaviour associated with any disorder, such as hyperkinetic disorder, depression, autism, drugs or alcohol.

*Include* antisocial or oppositional behaviour.

Do not include over-activity rated at Scale 2; Truancy rated at Scale 13; Self-harm rated at Scale 3.

<table>
<thead>
<tr>
<th>Problem Description</th>
<th>Rating</th>
</tr>
</thead>
<tbody>
<tr>
<td>No problems of this kind during the period rated</td>
<td>0</td>
</tr>
<tr>
<td>Minor quarrelling, demanding behaviour, undue irritability, lying etc</td>
<td>1</td>
</tr>
<tr>
<td>Mildly but definitely disruptive or antisocial behaviour, lesser damage to property, aggression or defiant behaviour</td>
<td>2</td>
</tr>
<tr>
<td>Moderately severe aggressive behaviour such as fighting, persistently threatening, very oppositional, more serious destruction of property, or moderately delinquent acts</td>
<td>3</td>
</tr>
<tr>
<td>Disruptive in almost all activities, or at least one serious physical attack on others or animals, or serious destruction of property</td>
<td>4</td>
</tr>
<tr>
<td>Not known or not applicable</td>
<td>9</td>
</tr>
</tbody>
</table>

#### 2. Problems with over-activity, attention or concentration

*Include* overactive behaviour associated with any disorder such as hyperkinetic disorder, mania, or arising from drugs.

*Include* problems with restlessness, fidgeting, inattention or concentration due to any cause, including depression.

<table>
<thead>
<tr>
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</tr>
</thead>
<tbody>
<tr>
<td>No problem of this kind during the period rated</td>
<td>0</td>
</tr>
<tr>
<td>Slight overactivity or minor restlessness etc</td>
<td>2</td>
</tr>
<tr>
<td>Mild but definite over-activity or attention problems, but can usually be controlled</td>
<td>2</td>
</tr>
<tr>
<td>Moderately severe over-activity or attention problems that are sometimes uncontrollable</td>
<td>3</td>
</tr>
<tr>
<td>Severe overactivity or attention problems that are present in most activities and almost never controllable</td>
<td>4</td>
</tr>
<tr>
<td>Not known or not applicable</td>
<td>9</td>
</tr>
</tbody>
</table>

#### 3. Non-accidental self-injury

*Include* self-harm such as hitting self and self cutting, suicide attempts, overdoses, hanging, drowning etc.

Do not include scratching, picking as a direct result of physical illness rated at Scale 6.

Do not include accidental self-injury due, eg to severe learning or physical disability rated at Scale 6.

Do not include illness or injury as a direct consequence of drug or alcohol use, rated at Scale 6.

<table>
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<tbody>
<tr>
<td>No problem of this kind during the period rated</td>
<td>0</td>
</tr>
<tr>
<td>Occasional thoughts about death, or of self-harm, not leading to injury. No self-harm or suicidal thoughts</td>
<td>1</td>
</tr>
<tr>
<td>Non-hazardous self harm, such as wrist scratching, whether or not associated with suicidal thoughts</td>
<td>2</td>
</tr>
<tr>
<td>Moderately severe suicidal intent (including preparatory acts eg collecting tablets) or moderate non-hazardous self-harm (eg small overdose)</td>
<td>3</td>
</tr>
<tr>
<td>Serious suicidal attempt (eg serious overdose) or serious deliberate self-injury</td>
<td>4</td>
</tr>
<tr>
<td>Not known or not applicable</td>
<td>9</td>
</tr>
</tbody>
</table>

#### 4. Problems with alcohol, substance or solvent misuse

*Include* problems with alcohol, substance or solvent misuse taking into account current age and societal norms.

Do not include aggressive or disruptive behaviour due to alcohol or drug use, rated at Scale 1.

Do not include physical illness or disability due to alcohol or drug use, rated at Scale 6.

<table>
<thead>
<tr>
<th>Problem Description</th>
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</thead>
<tbody>
<tr>
<td>No problem of this kind during the period rated</td>
<td>0</td>
</tr>
<tr>
<td>Minor alcohol or drug use, within age norms</td>
<td>1</td>
</tr>
<tr>
<td>Mildly excessive alcohol or drug use</td>
<td>2</td>
</tr>
<tr>
<td>Moderately severe drug or alcohol problems significantly out of keeping with age norms</td>
<td>3</td>
</tr>
<tr>
<td>Severe drug or alcohol problems leading to dependency or incapacity</td>
<td>4</td>
</tr>
<tr>
<td>Not known or not applicable</td>
<td>9</td>
</tr>
</tbody>
</table>

#### 5 Problems with scholastic or language skills

*Include* problems in reading, spelling, arithmetic, speech or language associated with any disorder or problem, such as specific developmental learning problems, or physical disability such as hearing problems.

*Include* reduced scholastic performance associated with emotional or behavioural problems. Children with generalised learning disability should not be included unless their functioning is below the expected level.

Do not include temporary problems resulting purely from inadequate education.

<table>
<thead>
<tr>
<th>Problem Description</th>
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</tr>
</thead>
<tbody>
<tr>
<td>No physical health problem during the period rated</td>
<td>0</td>
</tr>
<tr>
<td>Minor impairment within the normal range of variation</td>
<td>1</td>
</tr>
<tr>
<td>Minor but definite impairment of clinical significance</td>
<td>2</td>
</tr>
<tr>
<td>Moderately severe problems, below the level expected on the basis of mental age, past performance, or physical disability</td>
<td>3</td>
</tr>
<tr>
<td>Severe impairment, much below the level expected on the basis of mental age, past performance, or physical disability</td>
<td>4</td>
</tr>
<tr>
<td>Not known or not applicable</td>
<td>9</td>
</tr>
</tbody>
</table>

#### 6. Physical illness or disability problems

*Include* physical illness or disability problems that limit or prevent movement, impair sight or hearing, or otherwise interfere with personal functioning.

*Include* movement disorder, side effects from medication, physical effects from drug or alcohol use, or physical complications or psychological disorders such as severe weight loss.

*Include* self-injury due to severe learning disability or as a consequence of self-injury such as head banging.

Do not include somatic complaints with no organic basis, rated at Scale 8.

<table>
<thead>
<tr>
<th>Problem Description</th>
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</tr>
</thead>
<tbody>
<tr>
<td>No incapacity as a result of physical health problems during the period rated</td>
<td>0</td>
</tr>
<tr>
<td>Slight incapacity as a result of a health problem during the period eg cold, non-serious fall etc</td>
<td>1</td>
</tr>
<tr>
<td>Physical health problem that imposes mild but definite functional restriction</td>
<td>2</td>
</tr>
<tr>
<td>Moderate degree of restriction on activity due to physical health problems</td>
<td>3</td>
</tr>
<tr>
<td>Complete or severe incapacity due to physical health problems</td>
<td>4</td>
</tr>
<tr>
<td>Not known or not applicable</td>
<td>9</td>
</tr>
</tbody>
</table>
7. Problems associated with hallucinations, delusions or abnormal perceptions

Include hallucinations, delusions or abnormal perceptions irrespective of diagnosis.

Include odd and bizarre behaviour associated with hallucinations and delusions.

Include problems with other abnormal perceptions such as illusions or pseudo-hallucinations or overvalued ideas such as distorted body image, suspicious or paranoid thoughts.

Do not include disruptive or aggressive behaviour associated with hallucinations or delusions, rated at Scale 1.

Do not include overactive behaviour associated with hallucinations or delusions, rated at Scale 2.

No evidence of abnormal thoughts or perceptions during the period rated ................................................................. 0

Abnormal thoughts or perceptions are present (e.g. paranoid ideas, illusions or body image disturbance) but there is little distress or manifestation in bizarre behaviour i.e. clinically present but mild ................................................................. 1

Moderate preoccupation with abnormal thoughts or perceptions or delusions; hallucinations, causing much distress, or manifested in obviously bizarre behaviour ........................................ 2

Mental state and behaviour is seriously and adversely affected by delusions or hallucinations or abnormal perceptions, with severe impact on the person or others ................................................ 4

Not known or not applicable ................................................................................................................................. 9

8. Problems with non-organic somatic symptoms

Include problems with gastrointestinal symptoms such as non-organic vomiting or cardiovascular symptoms or neurological symptoms or non-organic enuresis and encopresis or sleep problems or chronic fatigue.

Do not include movement disorders such as tics, rated at Scale 6.

Do not include physical illnesses that complicate non-organic somatic symptoms, rated at Scale 6.

No problems of this kind during the rating period ................................................................. 0

Slight problems only, such as occasional enuresis, minor sleep problems, headaches or stomach aches without organic basis ................................................................. 1

Mild but definite problem with non-organic somatic symptoms .............................................................................. 2

Moderate severe, symptoms produce a moderate degree of restriction in some activities ........................................ 3

Very severe problems or symptoms persist into most activities. The child or adolescent is seriously or adversely affected ....................................................................................... 4

Not known or not applicable ................................................................................................................................. 9

9. Problems with emotional & related symptoms

Rate only the most severe clinical problem not considered previously.

Include depression, anxiety, worries, fears, phobias, obsessions or compulsions, arising from any clinical condition including eating disorders.

Do not include aggressive, destructive or over-activity behaviours attributed to fears or phobias, rated at Scale 1.

Do not include physical complications of psychological disorders, such as severe weight loss, rated at Scale 6.

No evidence of depression, anxiety, fears or phobias during the period rated ................................................................. 0

Mildly anxious, gloomy, or transient mood changes ................................................................. 1

A mild but definite emotional symptom is clinically present, but is not preoccupying ................................................................. 2

Moderately severe emotional symptoms, which are preoccupying, intrude into some activities, and are uncontrollable at least sometimes ......................................................... 3

Severe emotional symptoms which intrude into all activities and are nearly always uncontrollable ......................................................... 4

Not known or not applicable ................................................................................................................................. 9

Rate the worst manifestation based on USUAL or TYPICAL behaviour over the past two weeks

10. Problems with peer relationships

Include problems with school mates and social network. Problems associated with active or passive withdrawal from social relationships or problems with over-intrusiveness or problems with the ability to form satisfying peer relationships.

Include social rejection as a result of aggressive behaviour or bullying.

Do not include aggressive behaviour, or bullying, rated at Scale 1.

Do not include problems with family or siblings rated at Scale 12.

No significant problems during the period rated ................................................................. 0

Either transient or slight problems, occasional social withdrawal .............................................................................. 1

Mild but definite problems in making or sustaining peer relationships. Problems causing distress due to social withdrawal, over-intrusiveness, rejection or being bullied ......................................................... 2

Moderate problems due to active or passive withdrawal from social relationships, over-intrusiveness, or to relationships that provide little or no comfort or support as a result of being severely bullied .............................................................................. 3

Severe social isolation with hardly any friends due to inability to communicate socially or withdrawal from social relationships ......................................................... 4

Not known or not applicable ................................................................................................................................. 9
11. Problems with self care and independence

Rate the overall level of functioning eg problems with basic activities of self-care such as feeding, washing, dressing, toilet and also complex skills such as managing money, travelling independently, shopping etc; taking into account the norm for the child's chronological age.

Include poor levels of functioning arising from lack of motivation, mood or any other disorder.

Do not include lack of opportunities for exercising intact abilities and skills, as might occur in an over-restrictive family, rated at Scale 12.

Do not include enuresis or encopresis rated at Scale 8.

Include parent-child and sibling relationship problems.

Include relationships with foster parents, social workers/teachers in residential placements. Relationships in the home with separated parents and siblings should both be included. Parental personality problems, mental illness, marital difficulties should only be rated here if they have an effect on the child or adolescent.

Include problems such as poor communication, arguments, verbal or physical hostility, criticism and denigration, parental neglect or rejection, over-restriction, sexual or physical abuse.

Include sibling jealousy, physical or coercive sexual abuse by sibling.

Include problems in enmeshment and overprotection. Include problems with family bereavement leading to reorganisation.

Do not include aggressive behaviour by the child or adolescent, rated at Scale 1.

No problems during the period rated ................................................. 0

Minor problems eg untidy, disorganised ........................................ 1

Self-care adequate, but major inability to perform one or more complex skills (see above) ..................................................... 2

Major problems in one or more areas of self-care (eating, washing, dressing) or major inability to perform several complex skills ...................................................... 3

Severe disability in all or nearly all areas of self-care of complex skills .................................................................................. 4

Not known or not applicable ............................................................ 9

12. Problems with family life and relationships

Problems with family life and relationships with separated parents and siblings should both be included. Parental personality problems, mental illness, marital difficulties should only be rated here if they have an effect on the child or adolescent. Include lack of useful information or understanding available to the child or adolescent, parents or carers. Include lack of explanation about the diagnosis or the cause of the problem or the prognosis.

Problems with self care and independence

Problems with family life and relationships

No problems during the period rated ................................................. 0

Slight problems only ..................................................................... 1

Mild but definite problems ............................................................. 2

Moderate but severe problems. Parents and carers have very little or incorrect knowledge about the problem which is causing difficulties such as confusion or self-blame ................. 3

Very severe problems. Parents have no understanding about the nature of their child or adolescent’s problems ....................... 4

Not known or not applicable ............................................................ 9

13. Poor school attendance

Include truancy, school refusal, school withdrawal or suspension for any cause. Include attendance at type of school at time of rating eg hospital school, home tuition etc. If school holiday, rate the last two weeks of the previous term.

No problems during the period rated ................................................. 0

Slight problems eg lateness for two or more lessons ....................... 1

Definite but mild problems eg missed several lessons because of truancy or refusal to go to school ............................................ 2

Marked problems, absent several days during the period rated .......... 3

Severe problems, absent most or all days. Include school suspension, exclusion or expulsion for any cause during the period rated ................................................................. 4

Not known or not applicable ............................................................ 9

Scales 14 and 15 are concerned with problems for the child, parent or carer relating to lack of information or access to services. These are not direct measures of the child’s mental health but changes here may result in long-term benefits for the child.

14. Problems with knowledge or understanding about the nature of the child or adolescent’s difficulties (in the previous two weeks)

Include lack of useful information or understanding available to the child or adolescent, parents or carers. Include lack of explanation about the diagnosis or the cause of the problem or the prognosis.

Problems with self care and independence

Problems with family life and relationships

No problems during the period rated. Parents and carers have been adequately informed about the child’s or adolescent’s problems .................................................. 0

Slight problems only ..................................................................... 1

Mild but definite problems ............................................................. 2

Moderate but severe problems. Parents and carers have very little or incorrect knowledge about the problem which is causing difficulties such as confusion or self-blame ................. 3

Very severe problems. Parents have no understanding about the nature of their child or adolescent’s problems ....................... 4

Not known or not applicable ............................................................ 9

15. Problems with lack of information about services or management of the child’s or adolescent’s difficulties

Include lack of useful information or understanding available to the child or adolescent, parents or carers or referrers.

Include lack of information about the most appropriate way of providing services to the child or adolescent, such as care arrangements, educational placements, or respite care.

Problems with family life and relationships

No problems during the period rated. The need for all necessary services has been recognised .................................................. 0

Slight problems only ..................................................................... 1

Mild but definite problems ............................................................. 2

Moderate but severe problems. Parents and carers have been given very little information about appropriate services, or professionals are not sure where a child should be managed ................. 3

Very severe problems. Parents have no information about appropriate services or professionals do not know where a child should be managed .................................................. 4

Not known or not applicable ............................................................ 9