# **Clozapine Pathways** Clozapine GP Shared Care Arrangements **GREEN** Results Pathway



As per TGA endorsed clozapine management protocols the participant is to be seen every 7 or 28 days (depending on whether they are on weekly or 4 weekly monitoring) for clinic assessment of signs and symptoms of infection

Participant attends community pathology collection centre for blood test

Blood results returned to GP with copy to nominated CMHS: GREEN Result Noted

Face to face scheduled appointment with GP:

## **Physical Health Review:**

BP, weight, BMI, pulse, temp, waist measurement, constipation assessment, smoking status

#### **Review:**

Blood pathology results, MSE, assessment of general tolerance, effects, side effects and adverse events, any other health issues, review of chronic condition management plan. Provide education as required.

Face to face review by medical officer if on weekly monitoring

### Script:

An authority prescription is to be written by an authorised clozapine prescriber & annotated with: CPN, streamlined code, exact quantity of tablets, blood results and date of blood test\*. 100mg and 25mg tablets need to be written on separate prescriptions, as per PBS requirements. \*A blood count form may be completed if this is the preferred notification. Any dose changes MUST be authorised by a Consultant Psychiatrist

# Communication:

GP to contact the Clozapine Coordinator as necessary with concerns or feedback. Clozapine Coordinator requests and GP provides a copy of the metabolic monitoring every 3 months. Psychiatric review required every 6 months or more often as clinically indicated

Participant either takes the prescription and the blood count form (if required) or they are faxed to the registered pharmacy by the GP practice.

The registered pharmacist dispenses clozapine according to protocol

Blood results and clozapine dosage are entered into eCPMS data base by the Clozapine Coordinator in metro areas and/or by the registered pharmacist in rural areas

All results including BP, weight, BMI, pulse, temperature, waist measurement and metabolic monitoring are entered onto the standard monitoring chart and electronic data system and managed accordingly