## Clinical Information Sheet

### Clinical Condition

**Type 2 diabetes**

**Eligibility**
Patient with Type 2 Diabetes with complications or other significant co-morbidities that is either destabilising their diabetes control or where the improvement of diabetes control will improve disease management.

**Priority and how to access services**
Within 3 months
If more urgent assessment required contact: Royal Adelaide Hospital : Clinical Service Co-ordinator of the Diabetes Centre during weekday working hours on 8222 5111.

If more urgent assessment is required (The Queen Elizabeth Hospital) referral should be faxed to 8222 7188 and reasons highlighted why the request for a higher priority is being made.

### Differential Diagnoses

Not applicable

### Information required with referral

**History**
- Duration of diabetes
- Complication or co-morbidity of concern
- Current diabetes therapeutic regimen
- Drug history
- Whether patient is currently monitoring blood glucose
- Any recent review by diabetes educator or dietitian
- Any history of diabetes complication
- Any medical co-morbidities and psychosocial issues
  - Examination
- Blood pressure.

### Investigations required with referral

- Blood glucose
- HbA1c
- Lipid profile
- Urinary albumin creatinine ratio
- Biochemistry
- Any investigation relevant to the co-morbidity of concern
- Ask patient to bring home blood glucose record and meter to appointment

### Pre-Referral management strategies (information required with referral)

Ensure patient is doing home blood glucose monitoring and to bring record and meter with them to the appointment.
For more information

Diabetes Services
Royal Adelaide Hospital, North Terrace ADELAIDE Telephone: 08 8222 4000
The Queen Elizabeth Hospital, 28 Woodville Road, WOODVILLE Telephone: 08 8222 6000

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