

Fact sheet

Central Adelaide Diabetes Clinics

Endocrine Services

Clinical Information Sheet

Clinical Condition	Type 1 diabetes
Eligibility	All Patient with known type 1 diabetes needing specialist input
Priority and how to access services	As soon as <i>possible (4 to 12 weeks)</i> Referral in writing or fax (8222 4295) to the Royal Adelaide Hospital Diabetes Centre or fax (8222 7188) to The Queen Elizabeth Hospital
Differential Diagnoses	Not applicable
Information required with referral	History <ul style="list-style-type: none">• Duration of diabetes• Issues of concern with management• Current insulin regimen (including if on a pump)• Drug history• Whether patient is currently monitoring blood glucose• Any recent review by diabetes educator or dietitian• Any history of diabetes complication• Any medical co-morbidities and psychosocial issues Examination <ul style="list-style-type: none">• Blood pressure
Investigations required with referral	Blood glucose HbA1c Lipid profile Urinary albumin creatinine ratio Biochemistry Ask patient to bring home blood glucose record and meter to appointment
Pre-Referral management strategies (information required with referral)	Ensure patient is doing home blood glucose monitoring and to bring record and meter with them.
Discharge Criteria/information	Type 1 patients will be followed in Diabetes outpatients on a 4 to 12 monthly basis depending on level of control and co-morbidities
Fact sheets	ADS/APEG, 2011 NHMRC National Evidence-based Clinical Care Guidelines for type 1 Diabetes in Children, Adolescents and Adults www.nhmrc.gov.au

For more information

Diabetes Services

Royal Adelaide Hospital, North Terrace ADELAIDE Telephone: 08 8222 4000

The Queen Elizabeth Hospital, 28 Woodville Road, WOODVILLE Telephone: 08 8222 6000

www.sahealth.sa.gov.au



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