

# Are you feeling unwell?

It is important to look out for those who are more at risk of COVID-19, such as older people, including aged care residents, and those with chronic diseases.

Please **STAY HOME** if you are feeling sick.

If you have any of the symptoms below, even if they are only mild, you must not come to work and should get tested for COVID-19:

- fever OR chills (with no alternative illness that explains these symptoms)
- an acute respiratory infection e.g.:
  - cough
  - sore throat
  - runny nose
  - shortness of breath
- loss of taste and smell.

## To get tested:

- Speak to your GP who should perform a COVID-19 test, or, they may give you a form and refer you to a drive-through clinic.
- Visit a Primary Health Network Respiratory Clinic.
- Visit a dedicated COVID-19 Clinic.



Remember to keep practising good hygiene