

# Care of Dentures



Brush dentures morning and night.  
Clean over a bowl in the basin with mild liquid soap or a denture paste then rinse well.



Cradle lower denture.



Support upper denture.



Be gentle with clasps.



At night time put cleaned dentures in fresh water.

Use a denture soaking tablet to disinfect.



Rinse brush, tap dry and store uncovered.

