

Hi.

This is coronavirus.



Government
of South Australia

SA Health

We cannot see it.

**It is very small and
makes some people sick.**

It can



make us cough,



feel hot and cold,



**give us a
sore throat**



**and make it
hard to breathe.**

Everyone is different.

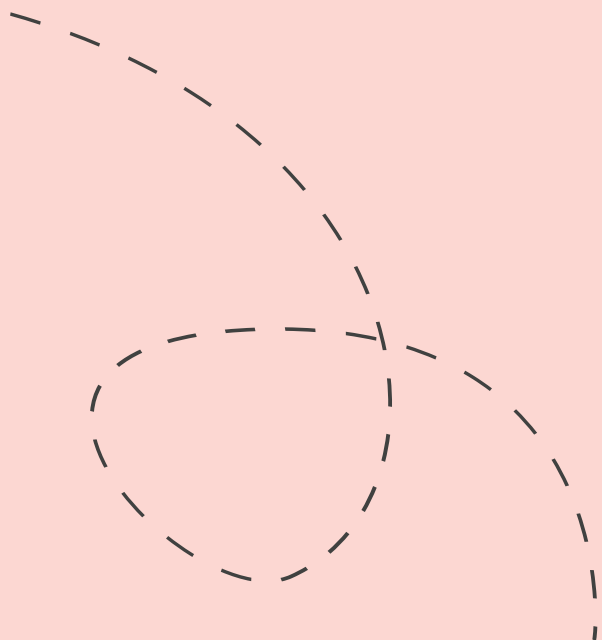
**Some people will get
a little bit sick.**

**Others might get
very sick and go to
the hospital.**

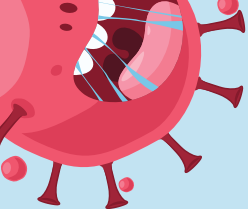


**Coronavirus moves
through our spit,
coughs and sneezes.**

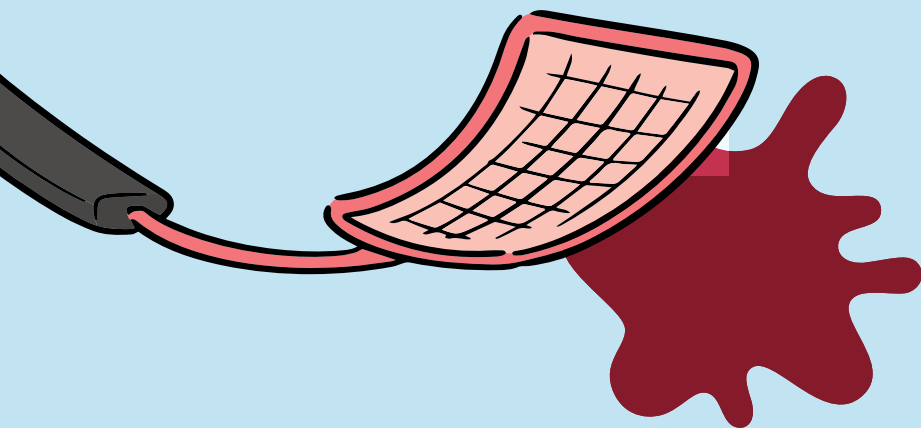




**Then onto people
or things.**



**So it is important we
stop it from moving.**



We need to:

- 1 Cover our coughs and sneezes with a tissue or our elbow.**





2 Wash our hands with soap and water before we eat and after play.

**Remember to sing
'Happy Birthday'
two times.**



**3 Stay at home
from school if
we are sick.**





4 Clean tables,
toys and door
handles at home.



5 Try not to touch our mouth and eyes, pick our nose or bite our nails.

We also need to make sure we are not too close to others.



**We should be able to
spin around without
touching anyone.**





**Things might be a bit
different for a while.**

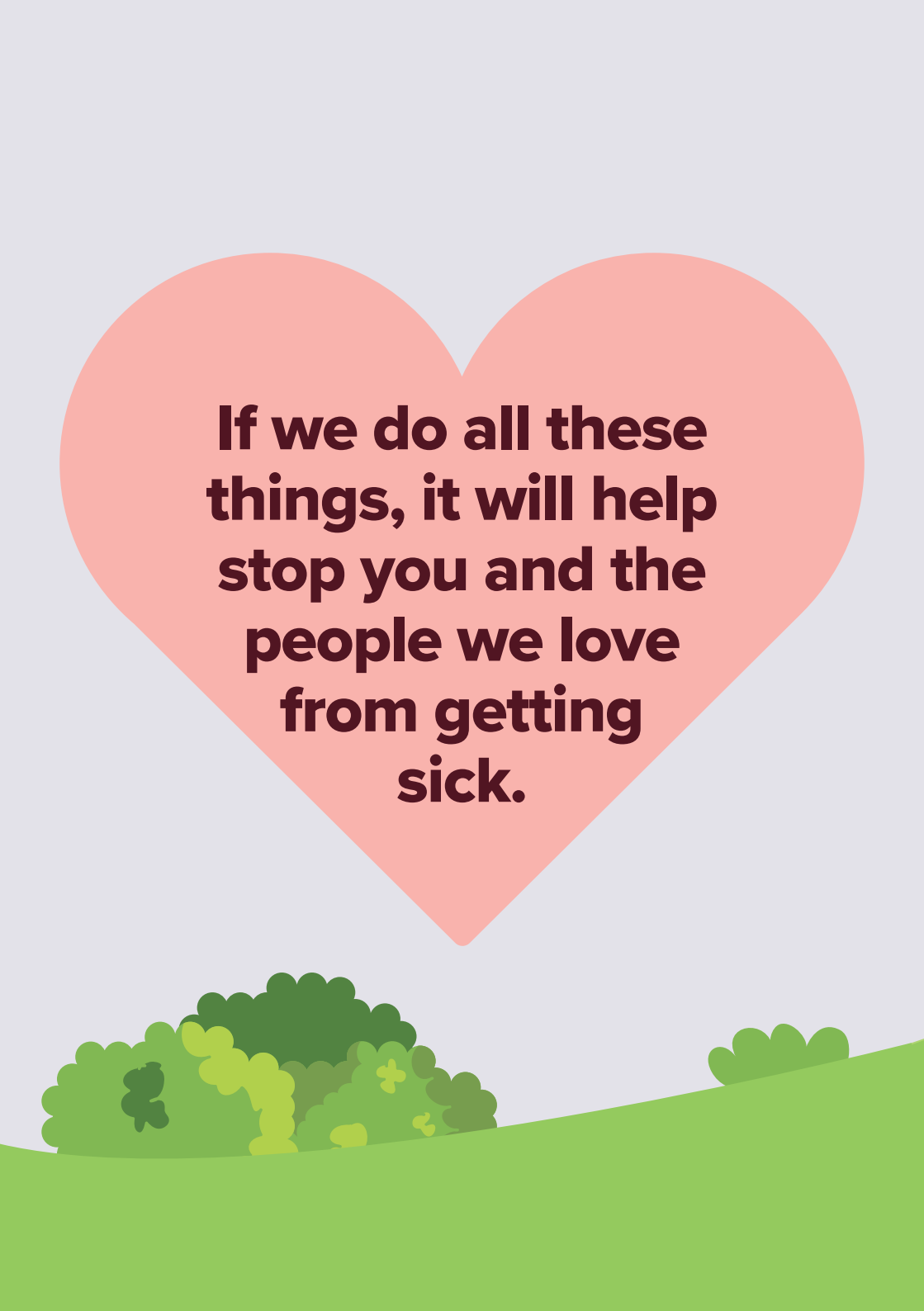
**This means we cannot
do things that we
normally do like playing
with our friends or
playing sport.**





**Adults may be
feeling sad but this
will not be forever.**

**We can talk about our
feelings together.**



**If we do all these
things, it will help
stop you and the
people we love
from getting
sick.**

**So we can all play with
our friends and family
again soon.**



**For more information visit
sahealth.sa.gov.au/covid2019**



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