



Issue 2 – 26 October 2021

Southern GP matters

Dear GP Practice Teams

Thank you for your feedback on our first newsletter and to the GPs who expressed interest in joining some of the improvement initiatives featured! We will continue to keep your practice teams regularly updated and involved in activities relevant to the Southern Adelaide Local Health Network (SALHN) and we hope these newsletters help improve how we work together for our patients.

Please send us your feedback as well as your suggestions for content; and forward this update to any colleagues who may not have received it. These newsletters are also available in the [“Southern GP Matters Newsletter” section](#) on our website - www.sahealth.sa.gov.au/salhnngp.

Again, thank you for all the great work you do for our Southern community!

Dr Mai and Janet, the SALHN GP Integration Unit (GPIU)

Current initiatives

The initiatives below are also listed on the [Current initiatives](#) page on our website.

GPIU face-to-face or online practice visits

Following positive feedback we received from earlier GP practice visits, we would love to hear what you have to say. This helps us improve how we work with and for GP practice teams and we will gladly arrange a face-to-face practice visit or online meeting if that suits you. Alternatively, please contact us by email or phone. Our contact details are available in the [‘Contact your GPIU’ section](#) on our website at www.sahealth.sa.gov.au/salhnngp

The PreHab Project - Surgical prehabilitation GP forum

Health Translation SA is looking for GPs who are willing to discuss the complexity of optimising patient health before surgery and the needs/perspectives of GPs and patients in regard to this. The Surgical PreHab Project is led by the CALHN Surgical Directorate, and relevant outcomes of this session will be shared with SALHN as related initiatives have been initiated in our LHN. The project team will also be inviting feedback and input on a draft resource to support better visibility of available resources to assist patients consider and undertake PreHab.

Please see contact Ecushla.linedale@healthtranslationsa.org.au directly. If you would like to register to attend the [online forum tomorrow](#) Wednesday October 27 from 6pm to 8pm (GPs will be reimbursed for their time), or if you would like to provide input after the forum.

Neurology ECHO Network coming in Feb 2022

The GP Liaison Units are working with SAPMEA and the PHNs to launch a Neurology ECHO Network in February 2022. ECHO stands for Extension for Community Healthcare Outcomes, and is an educational framework to share knowledge, disseminate best practice, supporting integrated care and build communities of practice. You are invited to submit your requests for clinical topics to include in the curriculum via our [needs assessment survey](#).

If you are interested in being a part of the Neurology ECHO Network, [register your interest](#) and you'll be informed once dates are confirmed. You can also learn more about the ECHO model® on the [SAPMEA webpage](#).

Paediatric advice line

The paediatric department is keen to know whether there is interest from GPs for a paediatric advice line staffed by SALHN paediatricians. This is early days and your feedback will help define what this initiative looks like. Possible formats include having a set weekday afternoon session for GPs to call and seek advice on paediatric cases (with or without the patient and their family being present); other formats will be considered depending on your input, and whether you would prefer a booking system or a call on demand set-up. [Please contact us](#) and we can put you in touch with the paediatric team.

Goals of care – ‘What matters to you’

SALHN is working on a “Goals of Care” whole-of-hospital initiative. This initiative aims to provide reliable and respectful healthcare which aligns with the needs and preferences of patients (and, where appropriate, their families and carers) i.e. “What matters to you?” (the patient). This work is co-designed with consumers and focuses particularly on transition points for patients, including from community to hospital and discharge back to the community.

We are keen to engage will all relevant stakeholders, including GPs. If you would like to know more or provide feedback in how this could be done to suit you best, [please contact us](#) and we can put you in touch with the clinical lead for the Goals of Care work at SALHN.

Community chats – SALHN want your feedback on the future of healthcare and the digital health innovations of tomorrow

SALHN wants to partner with its community, including GP teams, to become a destination for world-class treatment, research and training. SALHN wants to engage in a meaningful way and create more opportunities for our community to help plan, deliver, and evaluate our health care and systems. You are invited to the [‘Community Chats’ series](#) which encourage the southern community to explore the future of their healthcare and digital inclusion across health care sites in the south, and in the community, as well as via online channels. Community Chats will finish on November 25 with SALHN’s Annual Public Meeting. Tell your patients, come along and meet SALHN staff and Board.

To watch the “Community Chats - panel discussion on the future of healthcare” held at FMC on October 7, please click [here](#).

Inpatient update

Urgent and after-hours care options in the Southern area

There has been ongoing levels of increased activity across SALHN this year, including in ED and in the inpatient wards. We thank you for sending to ED the patients who need emergency care and for considering alternative Acute care / Hospital avoidance options as applicable. Available options are listed in the [“Urgent and after hours care” section](#) of our website, which also includes the real time dashboard providing average waiting times for each ED. This page also includes mental health and other services, such as Yarrow Place. [We would love your feedback](#) about this

resource and about your experience in accessing these ED avoidance services, especially if you encountered issues or barriers.

ED and Inpatient Discharge summaries sent via SMD (Secure Message Delivery) for invited practices

GP practices that have Secure Messaging can now start to receive discharge summaries directly into their GP practice software (e.g. Medical Director, Best Practice, ZedMed, Communicare). Eligible practices are being invited by email in a phased roll out from SA Health. Invitations are sent to the practice email address as listed in the [Health Provider Registry](#), and if you have received such an invitation we encourage you to send your conformation back to SA Health. To learn more about Secure Messaging at SA Health and how to become eligible for activation, please see [here](#).

Please note that some document types will still be delivered by fax, ShareFile or post until further IT developments are completed across all document types. SA Health is also working on the ability to receive electronic referrals from GPs however this is not available at this point in time.

Regardless of your preferred communication method, please ensure that your GP details are correctly recorded in the [Health Provider Registry](#) as this database is used as the reference for GP contact details including current practice and preferred delivery method (e.g. SMD, fax, ShareFile, etc). It is extremely important that you update your information on the Health Provider Registry to ensure correspondence is directed to the correct location and clinical handover can occur smoothly.

Outpatient update

Updated 'Endocrine Medical Service' Triage and Referral guidelines

The Endocrine Medical Service has recently updated their triage and referral guidelines, which are available along with SALHN's other Triage and Referral guidelines as a Quick link from the "[Outpatient specialist clinics](#)" section of the GPIU website or through the short URL: www.sahealth.sa.gov.au/salhnoutpatients.

SALHN is continuing to progressively update our Triage and Referral guidelines, which aim to clarify which presentations are routinely seen in clinics, how the clinical information provided in your referral determines the triage category and timeframe in which the patient is offered an appointment, and also include suggested GP management. [Please contact us](#) if you have any enquiries about the new or existing referral guidelines.

We work hard to continuously improve our Outpatient service processes for GPS and patients, and this forms one of many activities currently underway in this space. Several state-wide initiatives are also underway to seek opportunities for improvement, including the state-wide Clinical Prioritisation Criteria (CPC) project. This project is expected to undergo broad consultation shortly with feedback being sought from GPs. For further information about the CPC initiative, please click [here](#) and [here](#) (please see page 52 for the article written by our GP Liaison Officer colleague in Central Adelaide LHN).

Additional Best Practice RTF templates now available for SALHN chronic disease services referral pathways (Respiratory, Diabetes, Weight Management, Early Childhood and Family Services)

The following chronic disease services at SALHN started their new referral pathways and fax numbers last month:

- > [Respiratory Services](#) (SALHN GP Plus Respiratory Service, SALHN Pulmonary Rehabilitation Service)
- > [Diabetes Services](#) (SALHN Out of Hospital Diabetes Service)
- > [Weight Management Services](#) (SALHN GP Plus Bariatric Surgery Service)
- > [Early Childhood and Family Services](#) (SALHN Allied Health Early Childhood and Family Service)

For practices that wish to use them, Best Practice RTF templates have been added to the Medical Director versions already available on the respective webpages. Thank you for your patience while ZedMed templates are being prepared.

Education activities / events

Southern Respiratory Community of Practice

The Southern Respiratory Community of Practice (CoP) aims to support the local primary healthcare sector including general practitioners, nurses, pharmacists, allied health professionals and community health workers by bringing together an expert multi-disciplinary panel, facilitated by GP Dr Stephanie Daly. The CoP is geographically focussed in the Southern LHN and will discuss cases that have been submitted with the aim of creating a shared learning space and assist in building knowledge and confidence to manage patients with complex respiratory conditions, plus provide information on available service support, networks, and collaborative opportunities.

The CoP will be held online on a monthly basis and will start on Wednesday, 24 November 2021 from 6pm-7pm. All participants will be provided with a certificate of attendance for each session that they attend to claim CPD points/hours with their respective CPD body. For further details, please see [here](#).

SAPMEA events

> 'Alcohol and Other Drugs (AOD)' ECHO Network

Next sessions:

- Tuesday, 26 October 2021, 6pm-7pm - Methamphetamine
- Tuesday, 9 November 2021, 6pm-7pm - Opioids / MATOD and chronic pain

Live webinars

For information and enrolment: www.sapmea.asn.au/echo/aod

**With 4 AOD ECHO sessions remaining, this is the final chance for RACGP members to attend minimum 4 sessions to receive 40 Cat 1 points for a Peer Group Learning activity (Performance Review). Session resources for earlier AOD ECHO sessions are also available [here](#):

- Session 1: Management of alcohol withdrawal in general practice
- Session 2: Benzodiazepine and associated withdrawal
- Session 3: Cannabis

> Pride of your Practice (LGBTIQ)

Thursday, 4 November 2021, 6pm-8pm

Live webinar

Further information and registration: <https://sapmea.asn.au/education/events/lgbtiq-nov-2>

> Dementia Demystified

Thursday, 11 November 2021, 6pm-8pm

Live webinar

Further information and registration: <https://sapmea.asn.au/education/events/dementia-demystified-1>

> SALHN Surgical Community Collaborative: Urology

Thursday, 25 November 2021, 6pm-8:30pm

Face to face event at St Francis Winery (14 Bridge St, Reynella)

Further information and registration: <https://sapmea.asn.au/education/events/salhn-surgical-community-collaborative-urology>

To ask a question to the Urology team before the event, please go to [slido](#) and submit your question using event code #426178.

** This is the second event in a series of education and networking evenings with the FMC Surgical Department, a forum for GPs to meet the surgical staff specialists, exchange

knowledge and best practice, and allow surgical and GP specialists to collaborate on system-based process improvements.

AMPHeat events

> **Doctors for Doctors (D4D) workshop**

Saturday, 30 October 2021, 8am-1pm

Face to face event at AMPHeat, Venue@313, Royston Park

For further information and registration: <https://events.ampheat.com.au/DHSA-D4D-October-30-2021>

> **Early Psychosis Services and Youth Mental healthcare in SA**

Wednesday, 3 November 2021, 6-9pm

Face to face event at AMPHeat, Venue@313, Royston Park

For further information and registration: <https://events.ampheat.com.au/early-psychosis-november-2021>

> **Refugee Health – Addressing key health issues**

Tuesday, 16 November 2021, 6-9pm

Face to face event at AMPHeat, Venue@313, Royston Park

For further information and registration: <https://events.ampheat.com.au/refugee-health-november-2021>

> **Mental Health First Aid**

Friday, 19 November and Saturday, 20 November 2021, 9am-4pm

Face to face event at AMPHeat, Venue@313, Royston Park

For further information and registration: <https://events.ampheat.com.au/mental-health-first-aid-nov-2021>

SALHN Grand Rounds and Research week

Please watch the live stream using your Chrome browser (not Internet Explorer). You can do this by right clicking the link, select copy hyperlink, open Google Chrome, paste into your browser window and hit enter.

Please contact the GPIU for access to the video links.

- > 21 October: no Grand Rounds
- > 14 October: 'Why is Innovation in health care so hard and what the Commission intends to do about it.', Presented by: Professor Derek Chew, Commissioner, Commission on Excellence and Innovation in Health [CEIH]
- > 7 October: 'Beating fickle friends at their own game: Improving outcomes in Rheumatoid Arthritis by targeting checkpoint molecules and related cells', Presented by: Assoc. Professor Mihir Wechalekar, Consultant Rheumatologist, SALHN
- > 30 September: 'Health implications of climate change – an emergency medicine perspective', Presented by: Dr Jo Wood, Emergency Physician FMC
- > 23 September: SALHN Research week
- > 16 September: 'Stopping Sepsis: a National Action Plan in Action', Presented by: Professor Simon Finfer AO, Professorial Fellow, The George Institute for Global Health, Adjunct Professor, University of NSW, Director, Australian Sepsis Network

Please contact us at Health.GPIntegrationUnit@sa.gov.au to be added/removed to our mailing list or with any other enquiries. We welcome your feedback.

I acknowledge the Kurna people are the traditional custodians of the Adelaide Plains and pay respects to Elders past, present and future. I recognise and respect their cultural heritage, beliefs and relationship with the land. I acknowledge that they are of continuing importance to the Kurna people living today

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