



FALLS PREVENTION AND MINIMISING HARM

We can all contribute to falls prevention and minimising harm from falls

LAST YEAR IN SA HEALTH

1 January 2023 to 31 December 2023

13,418
FALLS

Across SA Health admissions



OVER **85%** were people OVER 65 years



149

Falls resulted in significant harm or death (1.11% of total falls)

Down by **13%**

Significant harm or death from falls compared to 2022

67%

of falls resulted in no harm



10am, 2pm and 6pm are high risk times for falls



3,350

consumers experienced more than one fall while receiving care from SA Health



Patient falls were the MOST reported incident in 2023

Staff diligence in falls planning, situational awareness and education of consumers helps to prevent falls or harm caused by falls.

Effective strategies that contribute to minimising harm from falls

FAMILIAR ENVIRONMENTS

support families and carers to stay with patients while in hospital.

MULTI-DISCIPLINARY REVIEW

after the first fall.

AVOID BED RAILS

Use the SA Health bed rail matrix to understand the risk of harm to patients.

Additional [Falls Prevention Strategies](#) are available on the Australian Commission on Safety and Quality in Healthcare Website.