# DASSA Outpatient Services

Information about outpatient services available through Drug and Alcohol Services
South Australia.





### DASSA service locations

- > To make a **new** appointment at one of these services contact ADIS on 1300 13 1340 8:30am - 10pm seven days a week.
- > To make **ongoing or to change an existing** appointment contact your closest Metropolitan clinic between 9am - 5pm on weekdays.

# Metropolitan

#### **DASSA Central Service**

91 Magill Road, Stepney Tel: 7425 5000 (option 2)

#### **DASSA Northern Service**

22 Langford Drive, Elizabeth Tel: 7485 4600

### **DASSA Southern Service**

Unit 1/209 Main South Road,

Morphett Vale Tel: 8325 8111

# Country

Barossa	DASSA Northern	Tel: 7485 4600
Ceduna	DASSA Central	Tel: 7425 5000 (2)
Clare	DASSA Northern	Tel: 7485 4600
Mount Barker	DASSA Central	Tel: 7425 5000 (2)
Mount Gambier	DASSA Southern	Tel: 8325 8111
Murray Bridge	DASSA Southern	Tel: 8325 8111
Port Augusta	DASSA Central	Tel: 7425 5000 (2)
Port Lincoln	DASSA Central	Tel: 7425 5000 (2)
Port Pirie	DASSA Northern	Tel: 7485 4600
Riverland	DASSA Southern	Tel: 8325 8111
Southern Fleurieu	DASSA Southern	Tel: 8325 8111
Whyalla	DASSA Central	Tel: 7425 5000 (2)
Yorke Peninsula	DASSA Northern	Tel: 7485 4600

# For more information

### Alcohol and Drug Information Service (ADIS)

Confidential telephone counselling and information

Phone: 1300 13 1340

8.30am – 10.00pm every day

If you require this information in an alternative language or format please contact ADIS on the number provided above and they will make every effort to assist you.

### **Drug and Alcohol Services South Australia**

75 Magill Road, Stepney SA 5069 Phone: (08) 7425 5000

www.sahealth.sa.gov.au/dassa

# For information about other treatment options visit:

www.knowyouroptions.sa.gov.au

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# Promoting health. Minimising harm.

# Specialist assistance with drug and alcohol problems

Drug and Alcohol Services South Australia (DASSA) provides a free, confidential and specialist assessment and treatment service for people experiencing severe and/or complex alcohol or other drug problems.

# How can I get help?

- > A good place to start is with your general practitioner who is likely to know your medical history. Your doctor can provide you with information or assist in referring you for specialist DASSA treatment.
- > Another option is self-referral. You can contact the Alcohol and Drug Information Service (ADIS) for information, advice and support. Your options for treatment will be discussed including arranging an appointment and referral to outpatient services if required.
- ADIS is also available to advise family and friends of a person experiencing alcohol or other drug problems.
   Telephone: 1300 13 13 40 (free local call)
   8.30am 10.00pm every day.

# DASSA outpatient services include:

# Assessment and treatment services

- > Comprehensive intake assessments to identify alcohol and other drug use and associated problems.
- > Referral to the most appropriate treatment setting.

- > Outpatient services may include counselling, case management, consultancy and continuing care services and supports matched to the needs of clients with complex alcohol and drug use problems.
- > Develop an individualised treatment plan including goals of treatment to monitor progress and outcomes.
- > Provide individual specialist medical and psychosocial interventions based on specific treatment needs.
- Services are delivered by a range of health professionals including addiction specialists, medical officers, nurses, nurse practitioners, pharmacists, psychologists, and social workers. These services ensure that continuity and quality of care are provided.
- Discharge planning and transition to alternative required service providers when DASSA treatment is completed, for example general practitioners and non-government services.

### **Medical Services**

- > Comprehensive medical assessments and reviews.
- > Medication assisted treatments for a range of substance dependences to prevent relapse.
- > Referral to appropriate clinical services.

## External referrals

Formal referrals are accepted from a variety of sources including:

- > general practitioners and the primary health care sector
- > hospitals and other acute care services
- > other government departments and services (e.g. Department for Child Protection, mental health services)
- > non-government organisations
- > courts and correctional services.

# Treatment choices

It is important to let us know if you have any preferences or special needs in regards to your treatment. We will make every effort to assist you with any changes needed to ensure you receive the best possible care.



### Other services:

### **Community Mental Health Service**

For adult mental health services, phone the Mental Health Triage.

Telephone: 13 14 65 24 hours a day

### **Needle Clean Up Hotline**

Information on the safe disposal of needles found discarded in public places.

Telephone: 1300 13 1340 8.30am – 10.00pm every day