STORI - 30
Stages of Recovery Instrument – 30
2015
WHY A RECOVERY ORIENTED EVALUATION?

- To improve the meaningfulness and value of assessment and evaluation processes in our mental health programs for consumers and staff

- To introduce a consumer evaluation tool that is a specific measure of recovery – Walk the Talk

- Self administered evaluation tool – flexibility

- Consumer Needs First – Business Needs Second

- To add to the growing body of knowledge of the “Recovery” Model
WHY - STORI – 30?

- AMHOCN – review of Recovery Measures 2010
- 22 Instruments measuring personal recovery
- 11 Instruments measuring the recovery orientation of services (or providers)
- Identified 4 instruments suitable for routine use in Australian Mental Health System as individual measures of recovery
- Suggests the STORI 30 as the tool of choice;

  *in the case of measures of individuals’ recovery, if emphasis was to be given to assessing consumers’ progress through stages of recovery, the Stages of Recovery Instrument (STORI) would be selected as the instrument of choice*

STORI – 30 THE TOOL

• Developed in Australia for an Australian population

• Based on generally agreed stages of recovery across psychology, addiction and health literature

• Good validity and reliability

• Ongoing research and development

• Two way communication with authors of the tool
THE PROCESS

- Form working group
- Literature Review
- Identify Tools (STORI – 30 & The RAS – Recovery Assessment Scale)
- Trial Tools (People in Recovery, Peer Workers, Staff, Lay People)
- Develop Policy and Procedure
- Develop Staff Learning guides
- Develop data collection system and procedure for data analysis
- Implementation Plan – roll out across 3 programs across 12 geographical sites
- Promotion and Marketing to Staff – developing the motivation and momentum
  – Presentations and Q&A with each team across metro and country regions
- Go live – November 2013
- 3 month Review
- 6 month review and tweaking data field categories
- 12 month – 1st data analysis
- 18 months – 2nd data analysis
STAGES OF RECOVERY – GENERAL OVERVIEW

- Overall totals for STORI – 30 scores (all regions and programs) – 18 month data analysis

Stage 1 Moratorium = 38 Consumers
Stage 2 Awareness = 33 Consumers
Stage 3 Preparation = 12 Consumers
Stage 4 Rebuilding = 46 Consumers
Stage 5 Growth = 79 Consumers
STORI 30 SCORE

DATA COLLECTION INTERVALS = 3 MONTHS

MOBEMENT ACROSS RECOVERY STAGES – ALL PROGRAMS

IPRSS, IHBSS, HASP
STORI – 30 IPRSS

- Individual Psychosocial rehabilitation Support Service – average 2 & 3 time point comparisons all consumers all regions
STORI – 30 OUTCOMES

• Longer support in IPRSS = higher recovery stage

• Hours of support per week reduced over time correlates with higher recovery stage outcome
  - Support hours reduced as the person in recovery becomes more able to harness their strengths, develop their adaptability, build their community support network, engage in meaningful activity and have supportive relationships.

• Longer support = allows staff and consumers to build successful therapeutic relationships with positive outcomes for consumers

• Consumers and Staff share a common “Recovery” based language

• Staff and Consumers much more motivated to complete evaluation tasks, nearly 100% achievement of evaluation milestones

• Some consumers did wider reading and further self education and actually purchased the psychological change text

• Ongoing contribution to development of the STORI – 30