

Immunisation and pregnancy

If you are pregnant, you should have flu (influenza) and whooping cough (pertussis) vaccines to help protect you and your baby. It is also recommended you are up to date with your COVID-19 vaccines.

FLU



Immunisation **any time** during pregnancy provides the best protection from flu-related complications



If you have flu while pregnant, you are at an increased risk of hospitalisation and preterm birth



Immunisation helps protect your baby until they can receive their first vaccine at 6 months of age

WHOOPIING COUGH



Immunisation from 20 weeks is the best way to prevent whooping cough in newborns



Many babies under 6 months with whooping cough will require hospitalisation



Immunisation helps protect your baby until they can receive their first vaccine at 6 weeks of age

COVID-19



If you are not up to date with your COVID-19 vaccines, you can get vaccinated at any time



If you are pregnant and have COVID-19, you are 5 times more likely to be admitted to hospital and 3 times more likely to be admitted to ICU



If you are pregnant and have COVID-19, your baby has a higher chance of being born prematurely and/or via caesarean section or being admitted to a newborn care unit