

Accessing the RAH

The Royal Adelaide Hospital (RAH) is located at the corner of North Terrace and West Terrace, at the west end of the city.

The main public entrance is located off North Terrace in line with the Port Road intersection and opposite the tram stop.

Car Parking

Paid car parking is available 24 hours a day, seven days a week and is located underground on levels 1 and 2. There are approximately 600 visitor car parks and a number of motorcycle parks.

There are also 50 accessible spaces available across all levels for people who hold a Disability Parking Permit.

Drop off

There are several short-term patient pick-up and drop-off zones for vehicles and taxis. These 15-minute zones are located on level 2 in front of the Emergency Department and level 3 in front of the main entrance.

Public transport

The RAH has a range of public transport links with multiple bus stops nearby and the tram service stopping right outside the main entrance.

The Adelaide Railway Station is located approximately 900m up North Terrace for those catching the train.

Finding your way around

The RAH is made up of coloured zones with themed artwork so you can easily work out where you are in the hospital.

Hospital volunteers and staff will also be stationed at the main entrance enquiries desk or at other reception areas.

Multidisciplinary Ambulatory Consulting Services (MACS)

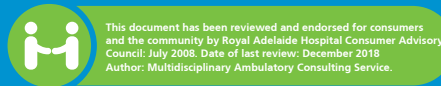
Chronic Disease Management



For more information

www.rah.sa.gov.au

Telephone: (08) 7074 2701



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Interpreter



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Government
of South Australia

SA Health

Transitioning young adults to
the Royal Adelaide Hospital
from the Women's and
Children's Hospital



Government
of South Australia

SA Health

MACS Clinic information

The Multidisciplinary Ambulatory Consulting Service (MACS) at the Royal Adelaide Hospital (RAH) is a chronic disease management clinic that provides a responsive, multidisciplinary and person-centred service to people with multiple chronic and complex conditions.

MACS works in partnership with your general practitioner (GP) to provide coordinated care that ensures optimal health outcomes and reduces hospital admissions.

The MACS Clinic is located in **on Level 5E** of the RAH.

Phone: 7074 2701

Fax: 8429 6070

Who is the MACS Team?

The MACS Team is multidisciplinary team of health professionals who will work through your health concerns and problems with you.

- > **Senior Doctors** (Consultants and Registrars) who specialise in different areas of medicine.
- > **Registered Nurses** who will work with you to coordinate your care.
- > **Pharmacists** who will review your medications, check their availability in the adult system, check dosage and interactions, and if required will liaise with your local pharmacy.

Before you transition

The move from the children's health system to the adult health system is known as transition.

To help your transition run smoothly make sure you check these areas of your healthcare before your first appointment at the MACS Clinic:

General Practitioner (GP)

- > Do you have a great GP?
- > Find a GP that you can trust and can talk to about your health care needs
- > GPs are generally more available than specialists
- > The GP will be your "go to" person for your scripts

Medications

- > Are all the current medications you take suitable and available when you are an adult?
- > Medicines that are not on the Pharmaceutical Benefits Scheme (PBS) will have a cost to you in the adult system.

Equipment

- > Is all the equipment you currently use available in the adult system?



What happens on my first visit to the MACS Clinic?

When you arrive for your first appointment at MACS Clinic at the RAH, the first person you see will be a Registered Nurse, followed by a Pharmacist and then a Doctor. Make sure you bring your medicines to your first appointment.

On your first visit, the nurse will:

- > measure your height and weight
- > take your blood pressure
- > ask you about the services and equipment you receive
- > ask where you receive your health care needs from.

On your first visit, the pharmacist will:

- > go through your medicines with you.

On your first visit, the doctor will:

- > go through your medical conditions
- > make sure that all the information recorded is correct
- > check your medications.

Following your first appointment we will work with you and your GP to develop a personalised management plan that is specific to you.

