## For goodness sake Tell us if you are ill

Many food poisoning incidents are caused by food handlers who have continued to handle food after falling ill themselves.

If you know you are suffering from, are a carrier, or have symptoms of a food-borne illness especially vomiting or diarrhoea you must:

- report this to your supervisor;
- not engage in food handling;
- if performing alternative duties, take all practicable measures to prevent food from being contaminated.



