DIABETES Medical Service (SADES)

The Diabetes Medical service provides assessment and management of patients with all forms of diabetes mellitus. This can consist of brief attendance for advice re management or ongoing care where the capacity of the LMO to provide adequate management alone is exceeded. LMO definition of the level of care requested, and available in the community setting, is thus important in initial assessment and planning discharge back to community care where feasible.

Please note:
- for acute end-organ complications of diabetes, eg acute visual loss or foot infection, the priority should be referral to the relevant specialty (ophthalmology, vascular). Diabetes review can be organized but is less urgent.

Services provided
- Diabetes
  - Type 1 Diabetes
  - Type 2 Diabetes if complicated or uncontrolled
  - Secondary diabetes
  - Monogenic diabetes
  - Gestational Diabetes – linked to Women’s Health

Services not provided
- < 16 years of age
- Uncomplicated Type 2 Diabetes

Triage Criteria for Referral

<table>
<thead>
<tr>
<th><strong>Urgent / Category 1</strong></th>
<th><strong>Category 2</strong></th>
<th><strong>Category 3</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Target within 2 weeks</strong></td>
<td><strong>Target &lt; 6 weeks</strong></td>
<td><strong>Target &lt; 3 months</strong></td>
</tr>
<tr>
<td><strong>Current &lt; 2 weeks</strong></td>
<td><strong>Current &lt; 6 weeks</strong></td>
<td><strong>Current &lt; 3 months</strong></td>
</tr>
</tbody>
</table>

**Referrer to contact Registrar to arrange appointment in Emergency Clinic or Emergency Department**

- Diabetic keto/acidosis
- Newly diagnosed type 1 diabetes
- Hyperosmolar non-ketotic states
- Severe Hypoglycaemia
- Infected foot ulcer – refer to vascular

- Acutely decompensated diabetes not in category 1
- Poor glycaemic control with need for rapid improvement (eg impending planned surgery)
- Poor glycaemic control with
  - foot ulcer but no active infection: priority is to refer to podiatry
  - nephropathy and acute deterioration in GFR: priority is to refer to renal medicine
  - painful neuropathy
  - acute visual loss: priority is urgent referral to ophthalmology
  - newly diagnosed Type 2 diabetes with BGL >20mmol/L
  - pregnancy, established or planned: refer to Women’s Health

- Type 1 or II Diabetes with poor control with no immediate complicating factors

For admission or urgent advice contact Endocrine Registrar on Ph: (08) 8204 7758

General Information to assist with referrals and the and Referral templates for FMC and RGH are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients