Cleaning your child’s teeth

Clean your child’s teeth as they come through

You can start cleaning your child’s teeth with a clean cloth or a small, soft toothbrush

0 – 17 months, no toothpaste

18 months – 5 years, use low fluoride children’s toothpaste

To get rid of germs clean your child’s dummy under running water NOT in your mouth. Avoid sharing spoons with your child.

For more information contact
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