

BPD Collaborative January - June 2024 Training Calendar

To register
please follow the below link:
[https://www.eventbrite.com/
cc/bpd-co-training-events-
2024-66029](https://www.eventbrite.com/cc/bpd-co-training-events-2024-66029)
or
visit our website:
[www.sahealth.sa.gov.au/
BPDCo](http://www.sahealth.sa.gov.au/BPDCo)

FOUNDATION SKILLS FOR WORKING WITH PEOPLE WITH BPD

for mental health clinicians

Foundation Skills for Working with People with Borderline Personality Disorder - 1 Day Workshop for Mental Health Clinicians

Feb

23

May

17

TIME: 8.45am - 4.30pm

VENUE: Glenside Admin & Learning Service Building

PRICE: \$55 per person | **SA Health Staff:** Free

This one-day Foundation Skills workshop is for mental health clinicians working with people living with BPD. It will provide an overview of a relationship-based approach to working alongside consumers with borderline personality disorder. It provides guidance for health professionals in a variety of settings including: inpatient, acute and emergency care contexts, and community based services.

Learning Outcomes:

- enhance skills in early identification of BPD and care pathways
- be oriented to clinical management guidelines and up-to-date evidence-based treatments for BPD
- be introduced to 5 common characteristics of evidence-based treatments for BPD
- learn how to implement practical skills and strategies for engaging consumers with BPD in treatment
- be familiar with the relationship-based approach to working alongside people with borderline personality disorder
- develop an understanding of the key considerations in engaging carers and support people

FOUNDATION SKILLS FOR WORKING WITH PEOPLE WITH BPD

for support workers

Foundation Skills for Working with People with BPD - 1 Day Workshop for professionals working alongside the tertiary MH services

Apr

12

May

13

TIME: 8.45am - 4.30pm

VENUE: Glenside Admin & Learning Service Building

PRICE: \$55 per person | **SA Health Staff:** Free

This one-day Foundation Skills workshop is for professionals working alongside the tertiary mental health services to support people with BPD. It will provide an overview of a relationship-based approach to working alongside consumers with borderline personality disorder. It provides guidance for professionals in a variety of settings including: inpatient, acute and emergency care contexts, and community based services.

Learning Outcomes:

- enhance skills in early identification of BPD and care pathways
- Be oriented to clinical management guidelines and up-to-date evidence-based treatments for BPD
- Be introduced to 5 common characteristics of evidence-based treatments for BPD
- learn how to implement practical skills and strategies for engaging consumers with BPD in treatment
- be familiar with the relationship-based approach to working alongside people with borderline personality disorder
- develop an understanding of the key considerations in engaging carers and support people

FOUNDATION SKILLS FOR WORKING WITH PEOPLE WITH BPD online workshop

Foundation Skills for Working with People with Borderline Personality Disorder - 1 Day online workshop

Feb

29

May

23

TIME: 8.45am - 4.30pm

VENUE: Online Session via MS Teams

PRICE: \$55 per person | **SA Health Staff:** Free

This one-day Foundation Skills workshop is for professionals working with people living with BPD. It will provide an overview of a relationship-based approach to working alongside consumers with borderline personality disorder. It provides guidance for health professionals in a variety of settings including: inpatient, acute and emergency care contexts, and community based services.

Learning Outcomes:

- enhance skills in early identification of BPD and care pathways
- be oriented to clinical management guidelines and up-to-date evidence-based treatments for BPD
- be introduced to 5 common characteristics of evidence-based treatments for BPD
- learn how to implement practical skills and strategies for engaging consumers with BPD in treatment
- be familiar with the relationship-based approach to working alongside people with borderline personality disorder
- develop an understanding of the key considerations in engaging carers and support people

FOUNDATION SKILLS FOR WORKING WITH YOUNG PEOPLE WITH BPD

Foundation Skills for Working with Young People with Borderline Personality Disorder - for Child and Youth Focused Clinicians

Apr

17

Jun

17

TIME: 8.45am - 4.30pm

VENUE: Glenside Admin & Learning Service Building

PRICE: \$55 per person | **SA Health Staff:** Free

This one-day Foundation Skills workshop is for professionals working with children and young people. It will provide an overview of a relationship-based approach to working alongside consumers (specifically young people) with borderline personality disorder. It provides guidance for health professionals in a variety of settings including: inpatient, acute and emergency care contexts, and community based services.

Learning Outcomes:

- enhance skills in early identification of BPD and care pathways
- be oriented to clinical management guidelines and up-to-date evidence-based treatments for BPD
- be introduced to 5 common characteristics of evidence-based treatments for BPD
- learn how to implement practical skills and strategies for engaging consumers with BPD in treatment
- be familiar with the relationship-based approach to working alongside people with borderline personality disorder
- develop an understanding of the key considerations in engaging carers and support people

Website: www.sahealth.sa.gov.au/BPDCo | Enquiries: 08 7425 6500 | Email: health.bpdservice@sa.gov.au

Register online via <https://www.eventbrite.com/cc/bpd-co-training-events-2024-66029>

BPD Collaborative January - June 2024 Training Calendar

To register
please follow the below link:
[https://www.eventbrite.com/
cc/bpd-co-training-events-
2024-66029](https://www.eventbrite.com/cc/bpd-co-training-events-2024-66029)
or
visit our website:
[www.sahealth.sa.gov.au/
BPDCo](http://www.sahealth.sa.gov.au/BPDCo)

RESPONDING TO CRISES ASSOCIATED WITH BPD - Online & F2F

Responding to Crises Associated with Borderline Personality Disorder - half day workshop

Feb

27

Apr

Online
9

May

24

TIME: 9.00am - 1.00pm or 1.00pm - 5.00pm

VENUE: Glenside Admin & Learning Building or online via MS Teams

PRICE: \$40 per person | **SA Health Staff:** \$20

This half-day workshop provides guidance for health professionals about engaging effectively with people who present with Borderline Personality Disorder in crisis to services.

Learning outcomes:

- develop an understanding of how people with BPD may present in crisis, including consideration of neurobiology, co-morbidity and risk;
- explore the roles of clinicians responding to crises and gain insight into the lived experience perspective;
- build skills in order to provide a therapeutic response to people with BPD.

Target audience:

This workshop is for clinicians working in emergency departments, triage, or crisis assessment teams, or in acute settings where people with BPD may access support in crisis.

BPD CORE COMPETENCIES

~ Two-day workshop for mental health clinicians ~

BPD Co presents: BPD Core Competencies Workshops as part of the Australian BPD Foundation National Training Strategy

Feb

6-7

May

27-28

TIME: 8.30am - 4.30pm - 2 day workshop

VENUE: Glenside Admin & Learning Building

PRICE: \$120 per person | **SA Health Staff:** \$60

BPD Co presents Borderline Personality Disorder (BPD) Core Competencies workshops as part of the Australian BPD Foundation, National Training Strategy. The aim of the two-day workshop is to better enable clinicians and service providers to recognise, respond to and treat people living with BPD and be inclusive of family and friends.

This workshop will cover the core competencies clinicians require to work effectively with people with BPD including:

- understanding the diagnosis of BPD (including symptoms, prevalence, causes and evidence based treatments)
- co-existing disorders in BPD
- treatment principles
- treatment structure
- therapeutic relationship
- skills development focus
- partnering with families, partners and carers
- working with suicidal and non-suicidal self-injury behaviours
- clinician self-awareness
- focus on recovery in BPD

CARING FOR PEOPLE WITH BPD IN THE INPATIENT SETTING

Caring for people with BPD in the inpatient setting - half day workshop

Mar

1

May

10

TIME: 9.00am - 1.00pm

VENUE: Glenside Admin & Learning Building

PRICE: \$40 per person | **SA Health Staff:** Free

This half-day workshop provides guidance for health professionals about engaging effectively with people who present with Borderline Personality Disorder in crisis to services.

Learning outcomes:

- develop an understanding of how people with BPD may present in crisis, including consideration of neurobiology, co-morbidity and risk;
- explore the roles of clinicians responding to crises and gain insight into the lived experience perspective;
- build skills in order to provide a therapeutic response to people with BPD.

Target audience:

This workshop is for clinicians working in emergency departments, triage, or crisis assessment teams, or in acute settings where people with BPD may access support in crisis.

BPD Co. INFORMATION SESSION FOR PROFESSIONALS - online

BPD Co presents BPD Core information sessions for professionals—a one hour information session

Feb

6

Mar

5

Apr

2

May

7

Jun

4

TIME: 12:00 - 1:00pm

VENUE: Online via MS Teams

PRICE: Free

This one hour online information session for professionals, will provide an introduction to Borderline Personality Disorder Collaborative.

The information session provides an overview of:

- the statewide Model of Care (MoC) for Borderline Personality Disorder
- progress of the implementation of the stepped MoC
- clinical services supported and/or delivered by BPD Co
- peer led programmes for consumers and carers with lived experience of BPD
- training and research programmes