

To our northern GP practice teams and colleagues,

Welcome to the second edition of Northern GP News! In this issue we share information about our upcoming NALHN GP Education Day, including CPR sessions for GPs - we'd love your support to make the day a success! We also have information on 'Clinical Prioritisation Criteria' tools, plus many other resources.

GP EDUCATION



Save the date! Saturday, 2 March 2024 will be our very first NALHN GP Education Day.
8:30am-3pm
Level 2, Main Lecture Theatre, Lyell McEwin Hospital

We have a range of clinicians who are keen to share their knowledge with you in key education sessions, specifically aligned to the newly released Clinical Prioritisation Criteria.

Look out for your invitation coming soon.

ANTENATAL CARE

Omega-3 test and treat program for prematurity risk

SAHMRI and SA Pathology's Omega-3 Test and Treat Program is embedding a new evidence-based recommendation into routine pregnancy care and evaluating its impact on reducing preterm birth rates in SA. Low omega-3 levels place pregnant women at greater risk of preterm birth and correcting low levels with omega-3 supplementation significantly reduces this risk.

To check omega-3 levels, a test is available that doctors can order by checking an additional box on the SAMSAS form or by writing "omega-3 to SAMSAS" on their preferred pathology form. The SAMSAS form is now digitised in [Best Practice](#) and [Medical Director](#), making it easier to refer women for an omega-3 test. Supplement guidelines are also provided for women who test low.

Over 50% of pregnant women are now engaging with the program. To successfully see reductions of prematurity in the community we estimate about 80% of pregnant women need to engage with the program.

- For more information visit: Sahmri.org/omega3
- For any queries, email Omega3@sahmri.com or call 0438 273 155
- Video link: <https://www.youtube.com/embed/rYwL4ODAgJK/?autoplay=1&mute=0>



OPTIMAL CANCER PATHWAYS

Optimal Care Pathways are a framework for the delivery of consistent, safe, high-quality, and evidence-based care for people with cancer. Covering every step from prevention and early detection through to recovery, living with a chronic disease, or end-of-life-care, they aim to improve patient outcomes through promoting quality cancer care and ensuring that all people diagnosed with cancer receive the best care, irrespective of where they live or receive cancer treatment.



More information

Optimal Care Pathways can guide, support and inform increased collaboration, more effective care, improved healthcare provider-patient communication and patient experience.

The Optimal Care Pathways are available in their full version or as a Quick Reference Guide.

Each Optimal Care pathway has a "Summary" section which serves as an excellent quick overview of the advice.

SUPPORTING GPs IN DEMENTIA PATIENT CARE

The GP Advice Service, run by [Dementia Support Australia](#) is for clinicians who are providing care for people with behavioural and psychological symptoms of dementia (BPSD). The service allows GPs to gain direct access to clinical advice from a medical specialist to help manage these symptoms. Dementia Support Australia's team of medical specialists include geriatricians and psychogeriatricians who specialise in the care of people experiencing BPSD.

All advice is based on clinical information provided by the GP, including an overview of the patient's presentation and history. Dementia Support Australia can provide advice to GPs regarding the clinical case via [email](#) or by phone at a time that suits.

Further information about the service can be found on the Dementia Support Australia website <https://www.dementia.com.au/> or by calling the 24-hour helpline 1800 699 799 and speaking with one of team's experienced dementia consultants.



Download the flyer

DERMOSCOPY COURSE ON OFFER

[Wellbeing South Australia](#) and [Dermatology Australasia](#), the GP Education arm of the Australasian College of Dermatologists, are excited to provide an incredible opportunity for General Practitioners to participate in the [Certificate of Practical Dermoscopy](#) at no cost. If you are a GP practising in South Australia, you are invited to participate in this course, as an initiative funded by Wellbeing South Australia.

Developed and delivered by Australian trained and based dermatologists, this blended course will teach participants the skills and knowledge to put dermoscopy theory into practice and develop a thorough understanding of how it can be used to manage patients with skin cancer.

The course will be provided to GPs practising in South Australia and consists of both online study, available from 29th of January to 19th of May 2024, and a 1-day face-to-face workshop to be held in Adelaide on the 23rd of March and 6th of April 2024 (only one workshop needs to be attended).

For more information and to register, please [click here](#).



Download the course flyer

CLINICAL PRIORITISATION CRITERIA (CPC) WEBSITE IS NOW LIVE

The Outpatient Redesign team, Health Services Programs, are delighted to announce that the Clinical Prioritisation Criteria (CPC) website is now live: www.sahealth.sa.gov.au/cpc

The CPC were developed through collaboration between multidisciplinary LHN clinicians and General Practitioners. We would like to thank those involved in developing, reviewing, and endorsing the CPCs.

The CPC provide clear and concise information for referring doctors regarding the best pathway for referral, the information and investigations to include in a referral to permit accurate triage, and additional resources to support management of common clinical conditions in the community. The initial adult outpatient specialties available include:

- Burns
- Cardiology
- Ear, Nose and Throat (ENT)
- Endocrinology
- Gastroenterology
- Hepatology
- Neurology
- Orthopaedics
- Plastic and Reconstructive Surgery
- Vascular

Additional adult and paediatric outpatient specialties will be available later this year, including:

- Urology
- Gynaecology and Gynaecology Oncology
- Ophthalmology
- Neurosurgery
- Geriatrics
- Genetics General
- Paediatric ENT

A single electronic referral (e-referrals) system is being established across all of SA Health that will enable GPs to digitally send referral forms to outpatient clinics, replacing the use of fax and letters. The e-referral system will incorporate the CPC and will improve access to quality healthcare for all South Australians, by standardising how referrals are managed across the state.

PROJECT ECHO

Extension for Community Healthcare Outcomes.

Join an interactive and reflective professional support and learning community!

ECHO is a virtual peer-group learning model for primary health care providers, including general practitioners, nurses, allied health professionals, and community health workers.

Through didactic presentation and case-based discussion, the ECHO program aims to build communities of practice to support primary healthcare providers gain knowledge and confidence to manage patients with complex conditions in their own local communities.

2023 ECHO programs

Frailty ECHO

August - December 2023

Enrolments are open

[> Enrol or Access recordings/resources](#)

Emergency Medicine ECHO

July - November 2023

Enrolments are open

[> Enrol or Access recordings/resources](#)

Mental Health ECHO

July - December 2023

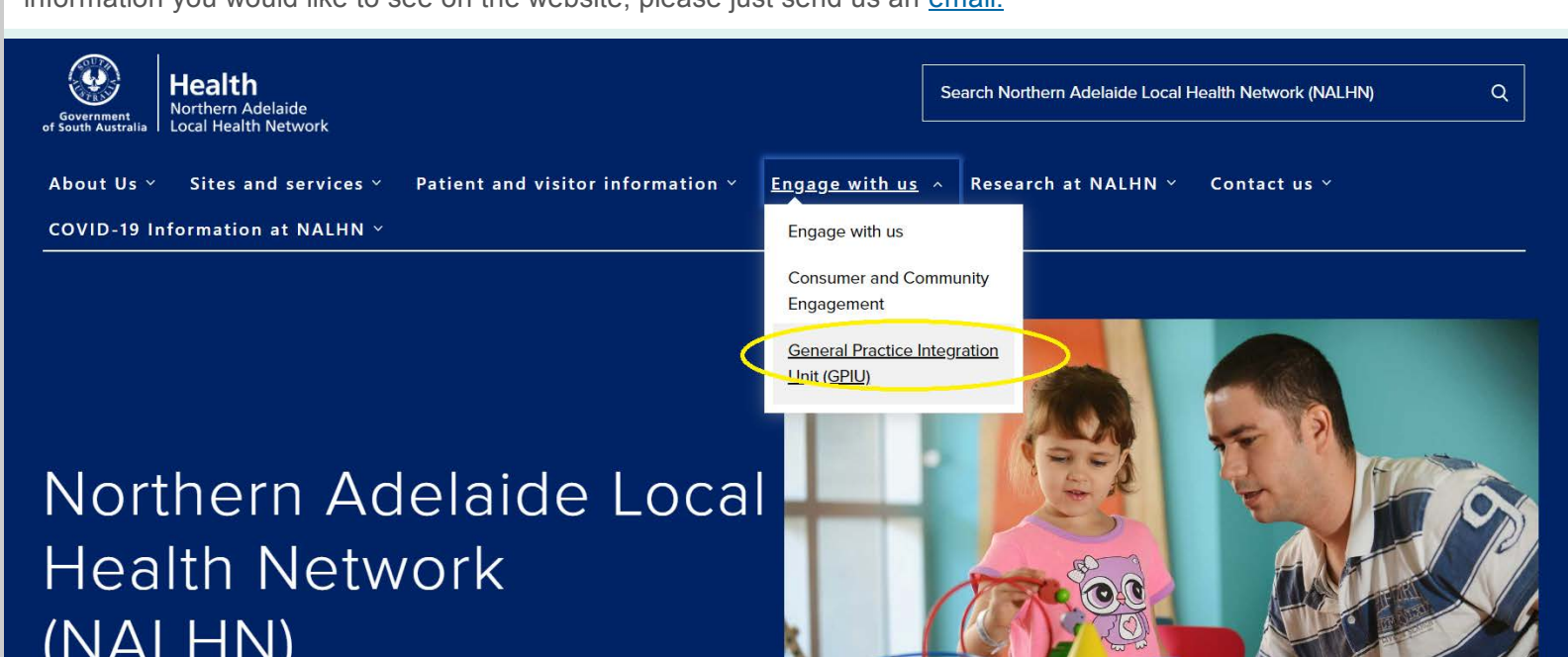
Enrolments are open

[> Enrol or Access recordings/resources](#)

NALHN GPIU WEBSITE

Did you know there is a dedicated page on NALHN's website - sahealth.sa.gov.au/nalhnGPIU - with information for our local GPs?

We are currently in the process of updating content and making improvements, so if you have any suggestions on what information you would like to see on the website, please just send us an [email](#).



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