

Please circulate this information to staff in your practice and display on the appropriate notice boards. Thank you.



Issue 7 | 30 September 2022

Southern GP Matters

Dear GP Practice Teams

Thank you for the ongoing care you provide to our Southern community and thank you to the Practice Managers for distributing these newsletters to your GPs, nurses and admin staff! We are currently planning our activity for the next 3 years and welcome your suggestions and feedback. [Please don't hesitate to be in touch and let us know](#) how we can support you better.

Dr Mai and Emma

Current Initiatives

SA Medical Imaging (SAMI) viewing portal available

SA Medical Imaging (SAMI) are pleased to offer remote access for viewing of images and reports for External Referrers and Clinicians, via an online imaging Portal - SAMIView. If you would like access to this, please complete the External referrer Access Form which can be downloaded here: [Results & Image Access | SA Health](#), and send it to Health.SAMIferrersupport@sa.gov.au.

Discharge summaries quality improvement - GP survey extended

Thank you to those who have already completed the discharge summary survey. The survey is being conducted by a SALHN Working group, including pharmacy, General Medicine and the GPIU. The survey will close Friday, 28 October 2022 so you can still complete the survey online by clicking [here](#). Alternatively paper copies of the survey will be sent to practices in the Southern Adelaide area in the coming weeks. This will include a reply-paid envelope to return the survey. The findings from this work will contribute to optimising the way that discharge summaries are prepared at SALHN.

Seeking interest from GPs to work with the SALHN Paediatric Team

The Southern Adelaide Local Health Network Paediatric Unit located at Flinders Medical Centre is seeking interest from GP Specialists for an exciting opportunity to work with the Paediatric Team. Day time shifts would be available in the acute inpatient ward setting as well as outpatient clinics, possibly including general paediatrics, eating disorders, child development and diabetes clinics. The GP specialist would be supported by the Paediatric Consultants providing a great opportunity for shared professional networking and development. If you would like more information, please contact Matt Scholar, Head of Unit Department of Paediatrics - Matthew.Scholar@sa.gov.au.

Primary Health Care Research Interest Group Initial Meeting - Wednesday 26th October 2022 (6.30pm-8.30pm)

Flinders University, Adelaide PHN and Country SA PHN are collaborating to support the development of an active Primary Health Care Research Interest Group to foster synergistic relationships between primary health care clinicians, PHNs, academic researchers, and end users.

You are invited to join the initial meeting to co-design the content and format of the proposed Interest Group. The workshop will discuss the following potential areas of interest for members of a Primary Health Care Research Interest Group:

- Learning new research skills
- Collaborating on existing or emerging research projects
- Developing research projects
- Networking with others who share in interest in research
- Finding out what is happening in primary health care research in South Australia

If you are interested, kindly register your attendance either face-face or online [here](#).

Voluntary Assisted Dying (VAD) Pathway implementation in SA – Seeking expression of interest from GPs to access medical practitioner training

Work is progressing on the implementation of the [Voluntary Assisted Dying \(VAD\) Pathway in South Australia](#), with a target implementation date of 31 January 2023.

To ensure high quality and safe care, VAD will be provided by registered medical practitioners who have undertaken specific training and meet eligibility criteria set out in the *Voluntary Assisted Dying Act 2021*. The mandatory training will ensure medical practitioners have the skills to appropriately assess whether a person meets the eligibility criteria for voluntary assisted dying and to identify potential abuse or coercion risk factors. Training resources are currently under development, with roll-out to begin prior to January 31st to allow eligible medical practitioners time to prepare. Medical practitioners can register their interest [here](#) to access the medical practitioner training when it is launched.

As part of VAD implementation, SALHN is seeking expressions of interest from GPs to participate in a VAD information workshop along with SALHN staff. If this is of interest to you, please contact the SALHN VAD Implementation Lead via: emily.pumpa@sa.gov.au or contact the GPIU team.

For further information, please see:

- [SA Health – Health practitioner information for voluntary assisted dying](#)
- [SA Health – Implementation of VAD](#), including the latest Communiqués from Dr Chris Moy, Chair of the Implementation Taskforce.

Frailty in Older People: Rehabilitation Treatment Research Examining Separate Settings (FORTRESS) – Recruitment and Intervention update

The FORTRESS team at SALHN would like to extend their thanks to GPs and practice nurses within Southern Adelaide who have engaged in the FORTRESS project and committed to managing frailty with older people.

FORTRESS is a multi-site, hybrid type II, stepped wedge, cluster, randomised trial being conducted at Southern Adelaide Local Health Network, and Northern Sydney Local Health District. FORTRESS recruitment and intervention stages have finished in South Australia but continue at the Sydney site until 2023.

The study investigates if a multicomponent intervention for frail older people, commenced in hospital and continued in the community, will reduce hospital readmissions, reduce frailty and improve quality of life. To date, over 400 frail older people have been included in the FORTRESS study sample.

Within participants, the most common contributors to frailty based on the FRAIL scale were: fatigue (73%), resistance (92%), lack of ambulation (95%); illness (22%); loss of weight (58%). Of the participants recruited from SALHN who received the intervention, the Community Implementation physiotherapist contacted

participants' GP and/or practice nurse and confirmed that the GP and/or practice nurse received the participant's the frailty management plan 98% of the time.

As part of FORTRESS, frailty education sessions have also been conducted by Jane and Dr Chris Bollen to GPs and practice nurses in Southern Adelaide. The FORTRESS study continues interstate until 2023. We hope to then further share results of this study. For more information on the FORTRESS study, you can read the protocol [here](#).

Frailty resources in HealthPathways SA to prevent and manage frailty

HealthPathways South Australia (SA) supports health professionals in the assessment, diagnosis, and management of frailty via the following **new** pathways and associated referral pages:

- [Frail but Stable Older Persons](#)
- [Unexpected Deterioration in an Older Person](#)
- [Older Person's Health Referrals](#)

"The frailty pathway was developed with the expertise of Professor Renuka Visvanathan and Dr Mark Q Thompson. The pathway provides an evidence-based guide on frailty screening and management. Preventing and managing frailty helps to ensure people remain healthy as they age, have a better quality of life, and prevent hospitalisations."

GP Clinical Editor, Dr Toni Maldari

HealthPathways received input and feedback of the SALHN [GEM unit](#), [Falls Clinic](#) and [Transitional Care Services](#) throughout the development of the pathways. HealthPathways SA are developing new Older Persons' pathways, to be launched towards the end of 2022. Recent and upcoming pathways are listed [here](#). Register to gain free access to HealthPathways SA [here](#).

Women's and Children's Hospital (WCH) GP Liaison and Integration Unit update

Southern GPs Dr Helen Parry and Dr Emily Roxburgh are the new [GP Liaison and Integration consultants for WCH](#). If you would like to join the WCH GP communication list, or add any further thoughts, they can be contacted via email: Health.WCHNGPLiaison@sa.gov.au.

Headspace early psychosis program encourages GP to watch for common symptoms of psychosis in young people

The headspace Early Psychosis program offers expert support for young people who are experiencing an early episode of psychosis or are at risk of developing psychosis. The program provides rapid and assertive/outreach assessment and treatment, usually within 24 hours of referral and operates 7 days a week, 9am to 5pm (including public holidays) within the [Adelaide metropolitan area](#).

Eligible for young people:

- aged 12-25
- experiencing their first episode of psychosis

OR

- at risk of developing psychosis, including young people who are reporting a decline in functioning and a family history of psychosis, brief psychotic symptoms, or symptoms of psychosis at reduced intensity.

If you have any questions or would like to make an Early Psychosis referral over the phone in the first instance, please contact the Early Psychosis Mobile Assessment and Treatment Team on 0475 989 619 or 1800 063 267.

For more information visit: <https://sonder.net.au/four-common-symptoms-of-psychosis-in-young-people/>.

To refer visit: <https://forms.sonder.net.au/hsA-entry>.

Urgent and after-hours care

Contact the SALHN Out of Hospital nurses for assistance with non-ED urgent and after hours care options

GPs, GP nurses and GP staff are now able to contact the SALHN “Out Of Hospital” Nurses (OOH), if they would like assistance in navigating the various Urgent and Acute care services that are now available (e.g. Priority Care Centre and My Home Hospital). The OOH nurses can be contacted on **0467 798 312, 7 days a week, 8am-4pm** (hours may vary depending on staff availability). These alternative pathways to ED are an efficient one-stop point of care for referred patients and pathways are also in place should patients need on-referral to ED. A list of alternative urgent care services can be found [here](#).

Alternatively, you can also make direct referrals to urgent care services:

1. For [Priority Care Centres](#) (PCC), please discuss your referral with the PCC prior to sending a patient (Please see [Flowchart](#))
 - > Marion PCC – 0466 698 616, open Monday-Sunday and Public Holidays, 10am to 8pm
 - > Mt Barker PCC – 0428 719 656, open Monday-Friday, no Public Holidays, 10am to 6pm
2. For [My Home Hospital](#), please refer by phone 1800 111 644 24/7, 365 days a year, or use the GP Referral form templates on [the My Home Hospital page](#).
3. For [Child and adolescent Virtual urgent Care Service \(CAVUCS\)](#), please call the CAVUCS Consultant on 0481 467 655 for advice regarding patients aged between 6 months and up to 18 years, 7 days a week from 9.00am to 9.00pm. Patients and carers can also access the service directly [here](#).

SALHN COVID Care Centre closure – Friday 30 September

As the current COVID-19 situation stabilises across the state and the need for the SALHN COVID Care Centre (CCC) in its current format decreases, the last day of operation for the centre will be Friday 30 September.

- Access to National Medical Stockpile COVID medications will still be provided via [centralised referral to local hospital triage teams](#). Metro Adelaide patients requiring IV infusions for COVID antivirals can expect to receive their first dose at the CALHN COVID Care Centre in Sefton Park and subsequent doses via [My Home Hospital](#).
 - **CALHN COVID Care Centre (Sefton Park)**
Ph: 0401 386 961 or 0435 475 190 - 8:30am to 8:30pm, 7 days
Email: Health.CALHNCCC@sa.gov.au
 - To assist patients to access face to face review of COVID symptoms not requiring an emergency presentation, please consider GP led respiratory clinics including:
 - **Reynella Respiratory Clinic** – Ph: 0478 455 771, 216 Old South Road, Old Reynella (entrance to the Respiratory Clinic is from Mill Street) – [Booking online](#).
 - **Adelaide Central Respiratory Clinic/Adelaide Central Vaccination Clinic** – Ph: 0401 142 608, 257 Fullarton Road, Parkside (located on the corner of Fullarton and Glen Osmond Roads) - [Booking online](#).
 - For clinical advice about where best to refer your patient, you can also call the **state-wide COVID-19 Clinician Advice Line** 1800 313 090.
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Outpatient update

Updates to SALHN Outpatient clinic list and other outpatient resources – available on the ‘Outpatient’ section of the GPIU website

- Update to [the SALHN Outpatient clinic list](#):
 - Pain Management Unit fax number has been changed to Fax: 08 8204 5440
 - Breast & Endocrine Surgery fax number has been changed to Fax: 08 8204 6399
 - ENT (adult and paediatrics), Neurology, Neurosurgery, Orthopaedics, Plastics – hand and wrist, and Urology fax numbers have been changed to Fax: 08 8204 4059 – Please note, these changes will appear in the online document on Tuesday 4 October, apologies for any inconvenience.
- The quarterly Specialist Outpatient Waiting time report for March-22 is [available](#). This outlines metropolitan specialist outpatient waiting times for Routine (category 2) and Non-urgent (category 3) patients who have not been given an appointment date at the census date (i.e. are unscheduled).

Clinical Prioritisation Criteria (CPC) Project

The South Australia (SA) Health Outpatient (OP) Redesign Workstream is continuing the development of Clinical Prioritisation Criteria (CPC) as part of a program of work to support statewide redesign of our specialist OP services. CPC are clinical decision-making support tools that assist in ensuring patients referred to public specialist outpatient services in SA are seen in order of clinical urgency and accepted based on standardised statewide referral criteria.

Phase One of CPC development is now complete for the following clinical adult specialist services and are expected to be published shortly:

- Cardiology
- Ear Nose and Throat (ENT)
- Gastroenterology
- Neurology
- Orthopaedic
- Vascular

Phase Two of the project commenced in August 2022 with an aim to develop CPC over a six-month period for the following clinical specialist services for both adults and paediatrics:

- Burns
- Endocrinology
- General Surgery
- Genetics
- Hepatobiliary
- Neurosurgery
- Ophthalmology
- Plastics, Reconstructive and Craniofacial
- Urology

For more information go to the [OP Redesign Project | Clinical Prioritisation Criteria website](#) or email health.cpc@sa.gov.au.

Education activities / events

SAPMEA events

Luminal Gastroenterology ECHO Network

7-part program started on 20 September for fortnightly online sessions on Tuesdays at 6.30pm-7.40pm.

Gain knowledge and confidence to manage gastroenterological presentations facilitated by an expert panel.

For information, including registration details, please visit [SAPMEA's website](#).

Covering all bases – Urinary & Bowel Incontinence (Fully booked, currently running a waitlist)

Wednesday, 19 October 2022 at 6pm-8:30pm – In person (Marion Hotel)

Presented by: Dr Sophie Plagakis, Urologist, FMC, Dr Phillipa Rabbitt, Colorectal Surgeon, FMC and Lauren Locke, Pelvic Physiotherapist, Physio Alive.

CPD: RACGP Cat 2.

Register at [SAPMEA education](#).

Statewide Symposium: Supportive Care Planning in Chronic Non-Malignant Disease

Friday, 4 November 2022 at 8:30am-4:30pm – In person (Adelaide Convention Centre) or online

A forum for healthcare professionals working in advanced chronic diseases to share insights and approaches to coordination of care in advanced chronic non-malignant diseases.

For information, including registration details, please visit [SAPMEA's website](#).

Opioid tapering workshop

Monday, 14 November 2022 at 6pm-8.30pm – In person (Ridleytown) or online

Following the success of last year's workshop, SAPMEA will be running another workshop on "**Stepping down - Opioid tapering through a practical lens**". This will be a hybrid workshop with option to attend in-person or online. The facilitators will run you through practical strategies to implement and support opioid tapering and deprescribing:

- Dr Tim Semple – Pain Medicine Specialist, Deputy Head of CALHN Pain Medicine Unit
- Dr Derek Yull – GP Specialist, HealthSense Medical Centre Golden Grove & The International Spine Centre
- Kerin Montgomerie – Manager of the Drugs of Dependence Unit & ScriptCheckSA Project, SA Health.

With capacity registration reached at last year's session, SAPMEA are expecting another sell-out workshop this year. Don't miss out, [register now!](#)

Palliative Care ECHO Program coming in early 2023 (Extension for Community Healthcare Outcomes)

SAPMEA will be launching the Palliative Care ECHO Network in early 2023. Please complete the survey [here](#) to select your preferred curriculum topics. You can also register your interest to be a part of the Palliative Care ECHO [here](#).

Join the ECHO movement to help you manage complex patient presentations by sharing knowledge, disseminating best practices, supporting integrated care, and being a part of a community of practice. Not heard of Project ECHO® before? Visit [SAPMEA's website](#) to learn more about the global ECHO™ movement.

AMPHeat events

Save the date: SALHN Paediatrics GP Education workshop

Saturday 19 November, 8.30am-2pm – details to be confirmed, please refer to [AMPHeat website](#) closer to the date

What You Need to Know About Oral Health

Thursday 20 October, 6pm-9pm – Hybrid event: Glenelg Pier Hotel, Glenelg and online – Link [here](#)

Suicide Prevention in At Risk Populations

Wednesday 2 November, 6pm-9pm – Hybrid event: Marion Hotel, Mitchell Park and online – Link [here](#)

Neonatal Advanced Life Support and Common Problems in Neonatology

Friday 4 November, 8am-4.45pm – Flinders Medical Centre – Link [here](#)

Suturing Tissue Gluing and Wound Care in General Practice

Saturday 5 November, 12.30pm-5.30pm - Venue @313, Royston Park - Link [here](#)

ALS and BLS sessions

Multiple sessions, Venue@313, Royston Park – Link [here](#)

Child Protection Event ‘A fair go for all children’ – Friday 7 October, 2.30pm-3.30pm (FMC or via live stream)

A special Child Protection event: ‘A fair go for all children’ will be held at Flinders Medical Centre.

Date: Friday 7 October 2022

Time: 12:30pm-2:30pm

Where: Lecture Theatre 1, Level 5 FMC or via [live stream](#) (youtu.be/TQO8x-Ynlw4)

Guest speakers include:

- **The Honourable Katrine Hildyard MP** – Minister for Child Protection
- **Professor Leonie Segal** – Foundation Chair, Health Economics and Social Policy, University of South Australia – who is presenting “*A better future for our children: Health, social and economic consequences of child abuse and neglect – Disrupting the harm cascade*”.
- **Associate Professor Tamara Mackean** – Proud Waljen woman; Associate Professor College of Medicine and Public Health Flinders University; SALHN Board Member – who is presenting “*Indigenous research methodologies: safe yarning and supported co-design in child protection research*”.

SALHN Grand Rounds

Please watch the live stream using your Chrome browser.

‘Quality Survivorship Care: Why Now? Why Us?’

Professor Raymond Chan, NHMRC Investigator Fellow, Matthew Flinders Fellow Director & Professor of Cancer Nursing, College of Nursing & Health Sciences, Flinders University – Link [here](#)

23 June: **‘SGLT2 inhibitors: An Accidental Cardiovascular-Renal Therapy Advance’**, Presented by: Assoc. Professor Carmine De Pasquale, Senior Staff Cardiologist, SALHN & Assoc Professor, Flinders University – Link [here](#)

30 June: **‘Acute Allied Health – Case Presentation. Roles, knowledge and skills that support the Acute General Medicine Multi-D Team’**, Presented by: Gemma Hunt and the Allied Health Team, SALHN – Link [here](#)

21 July: **‘Update on Alcohol’**, Presented by: Assoc. Professor Mike McDonough, Physician in Addiction Medicine & Toxicology, Drug and Alcohol Services SA/DASSA, SA Health Discipline of Pharmacology, University of Adelaide – Link [here](#)

28 July: **‘Cracking the molecular code of a dangerous antibody triggered by Covid-19 vaccination: the VITT story’**, Presented by: Professor Tom Gordon, Department Head, Consultant, Immunology, SA Pathology – Link [here](#)

4 August: **'Out of hospital care for older people, is it worth the trouble?'**, Presented by: Assoc. Professor Craig Whitehead, Clinical Director, Rehabilitation, Aged Care and Palliative Care, SALHN – Link [here](#)

18 August: **'Partnered Pharmacist Medication Charting at SALHN'**, Presented by: Assoc. Professor Stephen Hedger, Senior Consultant General Medicine, Tessa Lane, Deputy Director SALHN Pharmacy and Dr Joshua Inglis, Clinical Pharmacology Registrar – Link [here](#)

25 August: **'The home ventilation resurrections- from iron lungs to remote telemonitoring: The story of origin and evolution of home mechanical ventilation'**, Presented by: Dr Vinod Aiyappan, Clinical Lead, Respiratory & Sleep Services, Laura Cooper, Manager GP Plus Out of Hospital Services, Respiratory and Julie Graham, Senior Respiratory Physiotherapist on behalf of the Home Ventilation Team, SALHN – Link [here](#)

1, 8 and 15 September: **Basic Physician Trainee Clinical Audits** - Link [here](#)

- 'Patterns of antimicrobial prescribing including adherence to local prescribing guidelines in AMU and General Medicine departments at FMC' and 'Management of moderate to severe hyponatraemia at Flinders Medical Centre'
- 'Medical Management of Eating Disorders' and 'Patients with fractures or diagnosed with osteoporosis – in whom vit D / anti resorptive plan documented'
- 'Management of PE at Flinders Medical Centre'

Contact us

Please contact us at Health.GPIntegrationUnit@sa.gov.au to be added/removed to our mailing list or with any other enquiries. We welcome your feedback.

Was this information useful? Vote using the buttons below.



*We acknowledge the Kaurna people are the traditional custodians of the Adelaide Plains and pay respects to Elders past, present and future.
We recognise and respect their cultural heritage, beliefs and relationship with the land.
We acknowledge that they are of continuing importance to the Kaurna people living today.*

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