

# Fall injury prevention and safe mobility toolkit



## Fall injury prevention and safe mobility Policy Directive

### Tools

1. Example Terms of Reference (TOR) for a health service's Fall Prevention Committee.
2. When and how to do fall risk screening, assessment, care-planning and discharge planning.
3. Safe use of bed rails.
4. Reporting a patient fall incident into Safety Learning System (SLS) –Topic guide.
5. Reporting a patient fall incident – frequently asked questions (FAQs).
6. Post fall team review.
7. Levels of patient assistance
8. Post fall management of adult patients to minimise harm

### eLearning course – Falls prevention

#### Medical Records forms

- > Fall and fall injury risk assessment and care planning form (MR58 or equivalent).
- > Fall and fall injury risk review form (MR 58a or equivalent).
- > Fall risk screen (MR 58b or equivalent, including FROP-Com screening tool, NARI).

#### Consumer information

- > Consumer infographic
- > 6 Posters (some available in a variety of languages)
- > Don't Fall For It Booklet
- > Self-screen checklist - How Safe are you from falling? (available in a variety of languages)
- > Consumer fact sheets
  1. Eat well and stay strong
  2. Eyesight and walking
  3. Medicines and balance
  4. Dizziness and balance
  5. Keeping Safe and Independent in Hospital
  6. Comfy feet go a long way
  7. Standing up to falls
  8. Making your home your haven
  9. Strong and steady
  10. New Mums and bubs can fall too
  11. The first 2 days after a fall

## For more information

SA Health  
Safety and Quality Unit  
Telephone: 08 8226 6539  
[sahealth.sa.gov.au/fallsprevention](https://sahealth.sa.gov.au/fallsprevention)

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