

## Patient feedback

*"I highly recommend this program, as it was a great benefit to me. I learnt a lot with the help and support from the nurses and through this I kept out of hospital. Knowing that I had such great support and having the monitor at home put my mind at peace."*

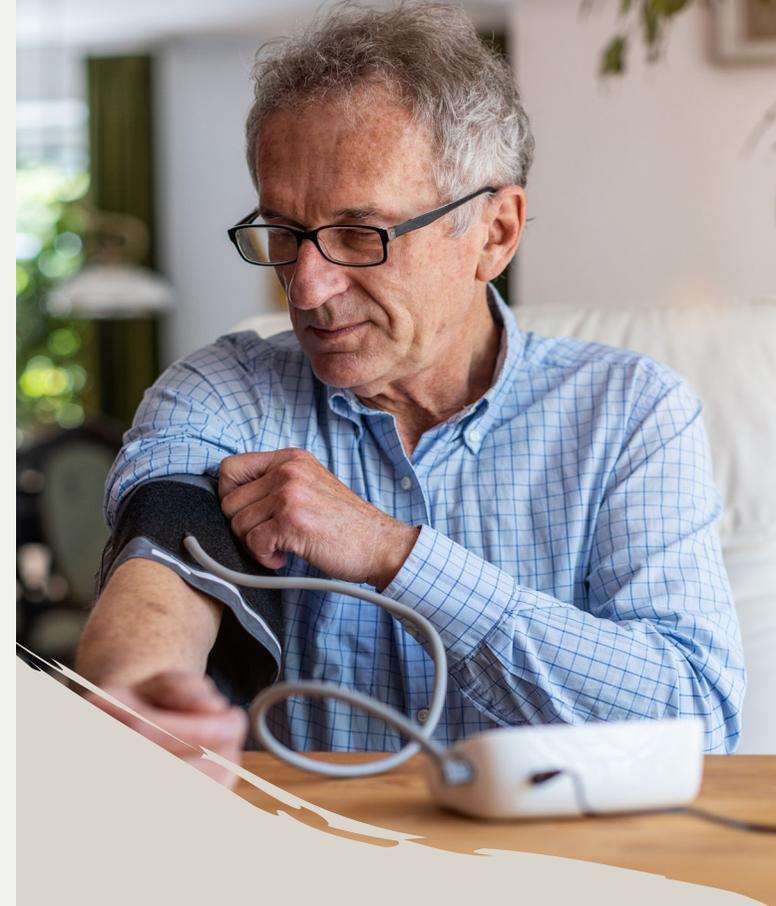
- VCC patient

### For more information

Rural Support Service  
VCC Monitoring Hub  
Telephone: 1300 678 182  
Email: [VCCHub@sa.gov.au](mailto:VCCHub@sa.gov.au)  
[sahealth.sa.gov.au/VCC](https://sahealth.sa.gov.au/VCC)



© Rural Support Service, SA Health,  
Government of South Australia. All rights reserved.



## Virtual Clinical Care Home Telemonitoring Service

For country patients



Government  
of South Australia

SA Health

## About the Virtual Clinical Care Home Telemonitoring Service (VCC Service)

The VCC Service is an in-home monitoring and health coaching service designed for adults living with chronic diseases such as respiratory, cardiac, diabetes and blood pressure related conditions.

Easy to use equipment specific to your condition is set up in your home to enable daily home monitoring.

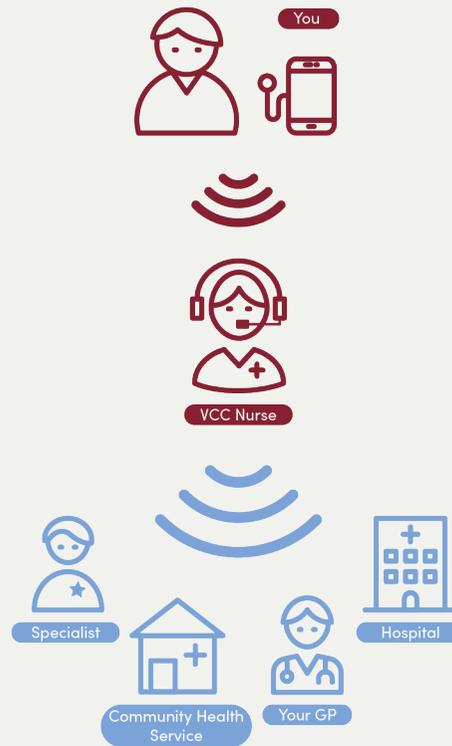
The equipment may include:

- blood pressure monitor
- pulse oximeter
- electronic weight scales
- glucometer
- thermometer.

### How does it work?

1. You will be provided with equipment to measure your results daily.
2. Your results are sent securely to a central database and monitored by a registered nurse.
3. If changes in your condition are detected, you and your local care team will be notified to discuss any follow-up or actions required.

Action plans may involve contact with your local nurse, doctor or other health professional.



### How long will I be required to use the equipment in my home?

Most clients use the VCC Service for around 12 weeks.

This may vary depending on your health condition and the reason for monitoring.

### How can I be referred?

We accept referrals from nurses, doctors, allied health workers, and carers, and encourage self-referrals.

Once we receive your referral, a registered nurse will contact you to discuss the VCC Service and the next steps to get started.

### What are the benefits?

- You will be able to share your results with your doctor to help make decisions about your care.
- You will receive support in the comfort of your own home.
- You will learn how to manage your condition better.
- You will be able to detect changes in your condition earlier to avoid unnecessary trips to the hospital.
- The service is tailored to your health needs and daily routine.