

# Urology Clinic

Outpatient service information, triage and referral guidelines

## Description of Service:

The objective of patients visiting the urology outpatients is for the assessment of patients living with urology related conditions.

## Services Provided:

- > Outpatient clinic consultations for diagnosis and management
- > Inpatient consultation
- > Inpatient admission
- > Minor procedures

## Exclusions:

- > Treatment of STI's should be referred to the RAH STD clinic
- > Penile prosthetic procedures
- > Vasectomy or reversal of vasectomy
- > Ejaculatory disorders
- > Penile curvature (peyronie disease)
- > Infertility
- > Circumcision for cosmetic reasons
- > Paediatrics

## For admission or **URGENT** advice contact the Urology Registrar:

Royal Adelaide Hospital (RAH) Ph: (08) 7074 0000  
 The Queen Elizabeth Hospital (TQEH) Ph: (08) 8222 6000

**Alternatively, if the problem is urgent and the patient is unstable, the patient should be sent directly to the Emergency Department of the nearest hospital for assessment.**

## For more information or to make a referral contact

Royal Adelaide Hospital (RAH) Fax: (08) 7074 6247 Ph: 1300 153 853  
 The Queen Elizabeth Hospital (TQEH) Fax: (08) 8222 7188 Ph: (08) 8222 7030 / (08) 8222 7020

## Essential Referral Content:

### Demographic

- > Date of birth
- > Contact details (including mobile phone)
- > Referring GP details
- > Interpreter requirements
- > Medicare number

### Clinical

- > Reason for referral
- > Duration of symptoms
- > Relevant pathology and imaging reports
- > Past medical history
- > Current medications



## Adult Triage Criteria for referral

Emergency Direct to Emergency Department and phone the on call specialist or registrar.	Category 1 Target within 4 weeks <i>Urgent cases must be discussed with the registrar</i>	Category 2 & Category 3 Target within 3 months <i>See SA Health Median and Maximum Outpatient Waiting Time</i> Expected long wait		
<ul style="list-style-type: none"> <li>&gt; Testis Pain (severe)</li> <li>&gt; Gross Haematuria (sudden onset symptomatic)</li> <li>&gt; Infected obstructed kidney</li> <li>&gt; Acute urinary retention</li> <li>&gt; Chronic urinary retention with raised creatinine</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Testis mass</li> <li>&gt; Gross haematuria</li> <li>&gt; Renal mass &gt;4cm</li> <li>&gt; Bladder lesion on imaging</li> <li>&gt; Acute retention with IDC</li> <li>&gt; Renal obstruction</li> <li>&gt; Obstructive kidney stones</li> <li>&gt; Hydronephrosis</li> <li>&gt; Suspected metastatic prostate cancer</li> </ul>	<table border="1" style="width: 100%;"> <tr> <td style="width: 50%;"> <ul style="list-style-type: none"> <li>&gt; Elevated PSA/abnormal DRE</li> <li>&gt; Bladder stones</li> <li>&gt; Asymptomatic renal stones &gt;1cm</li> <li>&gt; Complicated LUTS (bladder stones, epididymo-orchitis, hydronephritis)</li> <li>&gt; Renal mass &lt; 4cm</li> <li>&gt; Symptomatic kidney stones</li> <li>&gt; Urinary incontinence in men</li> </ul> </td> <td style="width: 50%;"> <ul style="list-style-type: none"> <li>&gt; Uncomplicated LUTS (including recurrent UTI's, female incontinence, nocturia)</li> <li>&gt; Perineal pain</li> <li>&gt; Ochalgia</li> <li>&gt; Hydrocele</li> <li>&gt; Asymptomatic stones (renal)</li> </ul> </td> </tr> </table>	<ul style="list-style-type: none"> <li>&gt; Elevated PSA/abnormal DRE</li> <li>&gt; Bladder stones</li> <li>&gt; Asymptomatic renal stones &gt;1cm</li> <li>&gt; Complicated LUTS (bladder stones, epididymo-orchitis, hydronephritis)</li> <li>&gt; Renal mass &lt; 4cm</li> <li>&gt; Symptomatic kidney stones</li> <li>&gt; Urinary incontinence in men</li> </ul>	<ul style="list-style-type: none"> <li>&gt; Uncomplicated LUTS (including recurrent UTI's, female incontinence, nocturia)</li> <li>&gt; Perineal pain</li> <li>&gt; Ochalgia</li> <li>&gt; Hydrocele</li> <li>&gt; Asymptomatic stones (renal)</li> </ul>
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### For more information or to make a referral

Royal Adelaide Hospital: Level 3F.1, Wing 3  
Referral Fax Number: (08) 7074 6247  
Phone Number: 1300 153 853

The Queen Elizabeth Hospital: Level 3, Area1  
Referral Fax Number: (08) 8222 7188  
Phone Number: (08) 8222 7020

Web: [www.sahealth.gov.au](http://www.sahealth.gov.au)

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Acknowledgement: This document has had the final approval from the head of unit:  
Urology Department

Version	Approved date	Review date	Amendment
Draft V0.1	20192602	20202602	



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