



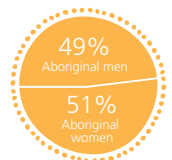
NALHN Aboriginal Health Framework and Action Plan Summary 2021-2026

The Aboriginal Health Framework and Action Plan sets the directions and priorities for NALHN in the provision of health care services to the Aboriginal and Torres Strait Islander population of northern Adelaide for the next five years.

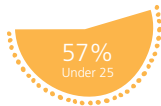
Our Population

NALHN has a large Aboriginal and Torres Strait Islander population in the North, and the fastest growing population in South Australia. Half of our population are aged under 25 years of age, including a large number of children within our region.

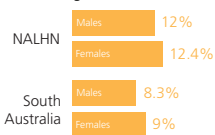
Aboriginal Population



Average age of the Aboriginal population



Aboriginal population in NALHN has higher growth rates than the State average



Median Age



2.6% of SA's Aboriginal population in north = 24% of SA's Aboriginal population

What we would like to achieve?

NALHN's services aim to enhance the quality of life of our community, underpinned by our values, being the heart of our organisation and inform our culture and how we work.

The Aboriginal Health Framework and Action Plan identifies the evidence base, which informs and sets the directions for Aboriginal health activity across NALHN, underpinned by Aboriginal community priorities. The Action Plan provides the priority focus areas for the next five years to improve the health and wellbeing of Aboriginal people accessing our services.

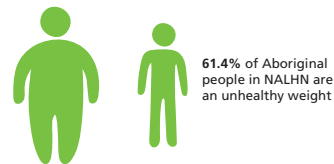
Our Health Profile

Health profile

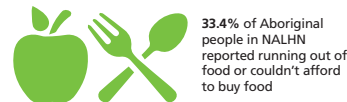
Life Expectancy



Overweight or obese



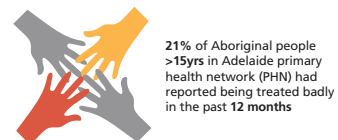
Food Security



Median weekly income of Aboriginal population



Racism



Across the Life course

Healthy Babies

Aboriginal birthweights in NALHN – 2.5 x higher rate of non-Aboriginal babies born in NALHN

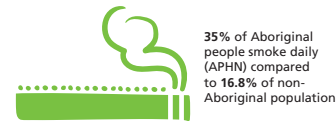
Child Protection

>7000 children came under sight of the department for Child protection, of those 43% were Aboriginal children

Antenatal Visits

Antenatal visits for Aboriginal mothers, 68.7% of Aboriginal women compared with 89.6% state-wide had the recommended # of antenatal visits in 2017 with 157 babies born to Aboriginal mothers.

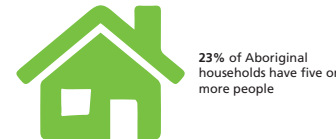
Current smoker



Alcohol intake



Housing



Social and Emotional Wellbeing and Mental Health

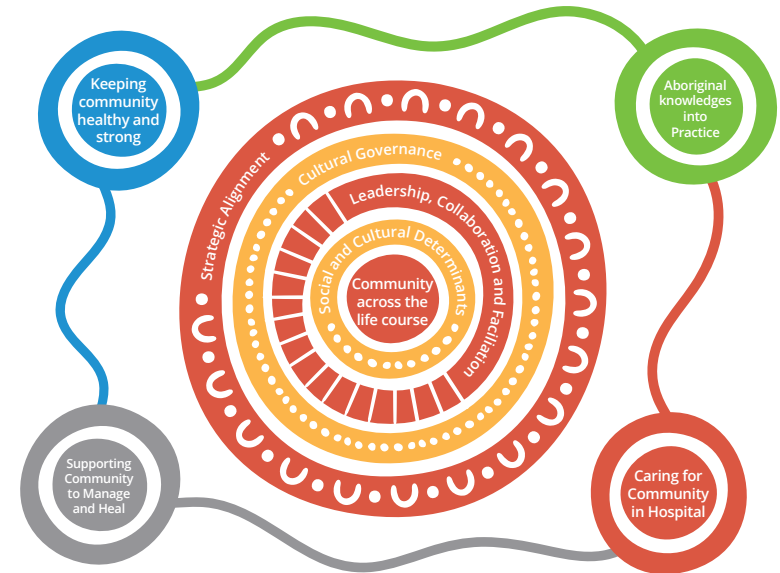


Keeping community healthy and strong

This meeting place refers to comprehensive primary health care, prevention, early detection, health promotion, health literacy, allied health services, social and emotional wellbeing.

Aboriginal knowledges into Practice

This meeting place refers to supporting Aboriginal ways of knowing and doing being incorporated into health service delivery and clinical practice through co-design methodologies. Engaging and supporting community partnerships and community knowledge into health systems. It is about research translation of Aboriginal health evidence into practice.



Supporting community to manage and heal

This meeting place refers to supporting Aboriginal consumers who have health conditions that require on-going care planning, management, support, comprehensive management of chronic conditions, access to healing models, Ngangkari traditional healing services, cultural healing model, access to in-reach specialist care and out of hospital strategies.

Caring for community in hospital

This meeting place refers to supporting Aboriginal patients who are in the acute setting. Supporting Aboriginal patients whilst they are in hospital, those consumers presenting to Emergency Departments, access to outpatient services.