People come to health services for care of injuries from **FALLS**

**LAST YEAR IN THE SOUTHERN ADELAIDE LOCAL HEALTH NETWORK (SALHN)**

- **5,990 PEOPLE** were admitted to public hospitals injured **AFTER A FALL**.
- Over 74% of these were people **OVER 65**.
- That figure is almost 17x higher than the 352 admitted to hospital for **MOTOR VEHICLE INJURIES**.

**9.2 DAYS** is **AVERAGE LENGTH OF STAY** in hospital for injured older people.

**LAST YEAR IN SOUTH AUSTRALIA**

- **405** older people **DIED IN HOSPITAL** as a result of injuries from a fall.

**During health care, FALLS are the SECOND MOST REPORTED incident**

In SALHN there were **20 FALLS** resulting in serious harm (SAC 1 or SAC 2) in 2019.

**SERIOUS FALLS AVOIDED**

- Potentially there have been **110 serious falls AVOIDED**.

**EFFECTIVE STRATEGIES**

- **Quick POST FALL TEAM REVIEWS** to reduce repeat falls.
- **HOURLY Rounding** especially for patients who have dementia or delirium.
- **100%** of SALHN services that have been accredited **PASSED Standard 5.24-6**. Committees and staff should be proud of this achievement.
- **5,336+ STAFF** have completed the online eLearning course on Falls Prevention since its launch in April 2014.

Health Professional General [sahealth.sa.gov.au/FallsPrevention]

Government of South Australia

SA Health

* All data relates to SALHN, except where specified.