People come to health services for care of injuries from FALLS

LAST YEAR IN THE SOUTHERN ADELAIDE LOCAL HEALTH NETWORK (SALHN)

5,990 PEOPLE were admitted to public hospitals injured AFTER A FALL. OVER 74% of these were people OVER 65.

That figure is almost 17x HIGHER than the 352 admitted to hospital for MOTOR VEHICLE INJURIES.

9.2 DAYS is AVERAGE LENGTH OF STAY in hospital for injured older people.

LAST YEAR IN SOUTH AUSTRALIA

405 older people DIED IN HOSPITAL as a result of injuries from a fall.

During health care, FALLS are the MOST NUMEROUS REPORTED incident

In SALHN there were 20 FALLS resulting in serious harm (SAC 1 or SAC 2) in 2019.

SERIOUS FALLS AVOIDED

Potentially there have been 110 serious falls AVOIDED.

EFFECTIVE STRATEGIES

- Quick POST FALL TEAM REVIEWS to reduce repeat falls.
- HOURLY ROUNDING especially for patients who have dementia or delirium.
- 100% of SALHN services that have been accredited PASSED Standard 5.24-6. Committees and staff should be proud of this achievement.
- 5,336+ STAFF have completed the online eLearning course on Falls Prevention since its launch in April 2014.

Health Professional General
sahealth.sa.gov.au/FallsPrevention
sahealth.sa.gov.au/Falls

Government of South Australia
SA Health

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* All data relates to SALHN, except where specified.