# Insert health unit logo here

### NOCC ASSESSMENT

Version 1.1 February 2004

**ADULTS** 

Unit	Record	No.:

### Surname:

Given Names:

Date of Birth:

PATIENT LABEL

Sex:

## Age Group

#### **CME Number:** 0-17 Γ 18-64 **[** 65+ [ 13 **Mental Health Service Setting** Community Residential [ Ambulatory [ Inpatient [ 13 Reason for Collection (Collection Occasion) Admission **Discharge** No Further Care 106 New Referral [ ] 01 Three Month Review [ Discharge to change of 104 Admitted from other treatment setting [ ] 02 Review - Other 105 treatment setting ] 07 Admission - Other Death ] 08 Discharge - Other 109 **COLLECTION POINT** Service Unit Service Unit Code [ 1[ 1[ 1[ ][ 11 1 / / Staff Member name Signature Designation Date Principal (1): About the Preceding Period of Care **Diagnoses:** (For Inpatient, Community Residential and Ambulatory Additional (2): Services. Complete Diagnosis at Review and Discharge, but NOT at (3): Focus of Care for Preceding Period (for Ambulatory Services only): Complete the Focus of Care at Review and Discharge, but NOT at Admission. Define the main Focus of Care for the preceding period of care. ] Short-term reduction in severity of symptoms and/or personal distress associated with the recent onset or

exacerbation of psychiatric disorder.

### **Mental Health Legal Status:**

(Complete at Review and Discharge. For all services.)

Person was an involuntary patient for all or part of the period of care [ ] 1

Not an involuntary patient at any time during the period of care [ ] 2

Not applicable (collection not required due to protocol exclusion) [ ] 8

Not stated / Missing [ ] 9

# About the collection of the required Routine Outcome Measures

#### 

Offer the K10+ at Admission, Review and Discharge in Community Residential and Ambulatory Service Settings.

#### **Codes for Collection Status**

- 1. Complete or partially complete
- Not completed due to temporary contraindication (applies only to K-10+)
- 3. Not completed due to general exclusion (applies only to K-10+)
- Not completed due to refusal by consumer (applies only to K-10+)
- 7. Not completed for reasons not elsewhere classified
- Not completed due to protocol exclusion (eg. Collection not required at admission immediately following inpatient discharge)
- 9. Not stated / Missing

**Total Scores** are derived by adding-up the individual scores, excluding scores of 9, on the HoNOS & LSP-16

HoNOS

Complete the ratings at Admission to all mental health service settings only after the first comprehensive clinical assessment has been completed. Only use code 9 if you have insufficient information to make the rating. The rating period is generally the preceding two weeks, except for inpatient discharge which is the preceding 72 hours. Rate in order 1 to 12. For Scales 1 to 8 always rate the worst manifestation. For Scales 9 to 12 base ratings on usual or typical situation. Scales 11 & 12 may necessitate going back beyond two weeks.

# Overactive, aggressive, disruptive or agitated behaviour

Include such behaviour due to any cause, e.g. drugs, alcohol, dementia, psychosis, depression, etc. Do not include bizarre behaviour, rated at Scale 6.

No problems of this kind during the period rated	0

Irritability, quarrels, restlessness etc. not requiring
action1

At least one serious physical attack on others or on animals; destruction of property; serious intimidation or obscene behaviour ......4

Not known or not applicable......9

#### 2. Non-accidental self-injury

Do not include accidental self-injury due e.g. to dementia or severe learning disability (Scales 4 & 5). Do not include illness or injury as a direct consequence of drug or alcohol use (Scale 3).

No problem of this kind during the period rated .	0
Fleeting thoughts about ending it all, but little risk	<b>.</b>

during the period rated; no selfharm	1
Mild risk during period; includes non-hazardous	

Not known or not applicable ......9

### 3. Problem drinking or drug-taking

Do not include aggressive or destructive behaviour due to alcohol or drug use, rated at Scale 1. Do not include physical illness or disability due to alcohol or drug use, rated at Scale 5.

No problem of this kind during the period rated 0

Some over-indulgence, but within social norm ...... 1

## 4. Cognitive problems

Include problems of memory, orientation and understanding associated with any disorder; learning disability, dementia, schizophrenia, etc. Do not include temporary problems resulting from drug or alcohol use, rated at Scale 3.

No problem of this kind during the period rated ...... 0

Minor problems with memory or understanding,e.g. forgets names occasionally ......1

Not known or not applicable ......9

#### 5. Physical illness or disability problems

Include illness or disability from any cause that limits or prevents movement, or impairs sight or hearing, or otherwise interferes with personal functioning. Include side effects from medication, drug/alcohol use; physical disabilities resulting from accidents or self-harm associated with cognitive problems, drunk driving etc. Do not include mental or behavioural problems rated at Scale 4.

No physical health problem during the period rated ....... 0

Minor health problem during the period (e.g., cold,

# 6. Problems associated with hallucinations and delusions

Include hallucinations & delusions irrespective of diagnosis; odd and bizarre behaviour associated with hallucinations or delusions. Do not include aggressive, destructive or overactive behaviours attributed to hallucinations or delusions, rated at Scale 1.

No evidence of hallucinations or delusions ...... 0

Delusions or hallucinations are present, but there is little distress to patient or manifestation in bizarre behaviour, that is, moderately severe clinical problem .............2

Marked preoccupation with delusions or hallucinations, causing much distress and/or manifested in obviously bizarre behaviour, that is, moderately severe clinical problem

Mental state & behaviour is seriously and adversely affected by delusions or hallucinations, with severe mpact on patient .......4

Not known or not applicable ......9

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### **HoNOS** Continued

### 7. Problems with depressed mood Do not include over-activity or agitation, rated at Scale 1. Do not include suicidal ideation or attempts, rated at Scale 2. Do not include delusions or hallucinations, rated at Scale 6. No problems associated with depressed mood during the period rated ......0 Gloomy; or minor changes in mood ...... 1 Mild but definite depression and distress: e.g. feelings Depression with inappropriate self-blame, Severe or very severe depression, with guilt or Not known or not applicable ......9 8. Other mental and behavioural problems Rate only the most severe clinical problem not considered at items 6 and 7 as follows: specify the type of problem by entering the appropriate letter: A phobic; B anxiety; C obsessive-compulsive; D stress; E dissociative; F somatoform; G eating; H sleep; I sexual; J other, (mandatory to specify if J is selected). TYPE OF DISORDER \_\_\_\_\_ [ ] No evidence of any of these problems ...... 0 A problem is clinically present at a mild level, e.g. patient/client has a degree of control ......2 Occasional severe attack or distress, with loss of control e.g. has to avoid anxiety provoking situations altogether, call in a neighbour to help etc., that is, a Severe problem dominates most activities ...... 4 Not known or not applicable ......9 9. Problems with relationships Rate the patient's most severe problem associated with active or passive withdrawal from social relationships, and/or non-supportive, destructive or self-damaging relationships. No significant problems during the period ...... 0 Minor non-clinical problems ...... 1 Definite problems in making or sustaining supportive relationships: patient complains and/or problems are Persisting major problems due to active or passive withdrawal from social relationships, and/or to relationships that provide little or no comfort or support ......3 Severe and distressing social isolation due to inability to communicate socially and/or withdrawal from social relationships ......4 Not known or not applicable ......9

#### 10. Problems with activities of daily living

Rate overall level of functioning in activities of daily living, e.g. problems with <u>basic activities of self care</u> such as eating, washing, dressing; <u>also complex skills</u> such as budgeting, occupation & recreation, mobility, use of transport etc. <u>Include</u> lack of motivation. Do <u>not</u> include lack of opportunities for exercising intact abilities & skills, rated at Scale 11 & Scale 12.

No problems during period rated; good ability to function in all areas0
Minor problems only, e.g. untidy, disorganised1
Self-care adequate, but major lack of performance of one or more complex skills (see above)2
Major problems in one or more areas of self-care (eating, washing, dressing, toilet) as well as major inability to perform several complex skills
Severe disability or incapacity in all or nearly all areas of self-care and complex skills4
Not known or not applicable9

### 11. Problems with living conditions

Rate overall severity of problems with the quality of living conditions and daily domestic routine. Are the basic necessities met? Do not rate level of functional disability itself, rated at Scale 10. NB: Rate patient's usual accommodation

#### 12. Problems with occupation and activities

Rate overall level of problems with quality of day-time environment. Is there help to cope with disabilities, and opportunities for maintaining or improving occupational and recreational skills and activities? Do not rate the level of functional disability itself, rated at Scale 10.

# **LSP - 16**

or on Admission to Ambulatory Services.

Rate the consumer's general functioning over the last three months at review and on discharge from Community Residential and Ambulatory Service Settings. Not mandatory for an Episode of Acute Inpatient Care

1.	Does this person generally have any difficulty with initiating and responding to conversation?	9. Does this person generally maintain an adequate diet?  No problem0
	No difficulty0	Slight problem1
	,	
	Slight difficulty	Moderate problem2
	Moderate difficulty2	Extreme problem3
	Extreme difficulty3	
		10. Does this person generally look after and
2.	Does this person generally withdraw from social contact?	take her or his own prescribed medication (or attend for prescribed
	Does not withdraw at all0	injections on time) without reminding?
	Withdraws slightly1	Reliable with medication0
	Withdraws moderately2	Slightly unreliable1
	Withdraws totally or near totally3	Moderately unreliable2
	,	Extremely unreliable3
3.	Does this person generally show warmth to others?	11. Is this person willing to take psychiatric medication when prescribed by a doctor?
	Considerable warmth0	Always0
	Moderate warmth1	
	Slight warmth2	Usually1
	No warmth at all3	Rarely2
		Never3
4.	Is this person generally well groomed (eg. neatly dressed, hair combed)?  Well groomed0	12. Does this person co-operate with health services (eg. doctors and/or other health
	Moderately well groomed1	workers)?
	Poorly groomed2	Always0
	Extremely poorly groomed3	Usually1
	Extremely poorly groomed	Rarely2
5.	Does this person wear clean clothes generally, or ensure that they are cleaned if dirty?  Maintains cleanliness of clothes	13. Does this person generally have problems (eg. friction, avoidance) living with others in the household?  No obvious problem
6.	Does this person generally neglect	44. Door this warrant habour offensively.
	her or his physical health?	14. Does this person behave offensively
	No neglect0	(includes sexual behaviour)?
	Slight neglect of physical problems1	Not at all0
	Moderate neglect of physical problems2	Rarely1
	Extreme neglect of physical problems	Occasionally2
	Extreme neglect of physical problems	Often3
_	la this manage violent to athora?	15. Does this person behave irresponsibly?
1.	Is this person violent to others?	Not at all0
	Not at all0	Rarely1
	Rarely1	
	Occasionally2	Occasionally2
	Often3	Often3
8.	Does this person generally make and/or keep up friendships? Friendships made or kept up well0 Friendships made or kept up with slight	16. What sort of work is this person generally capable of (even if unemployed, retired or doing unpaid domestic duties)?  Capable of full-time work
		Capable of part-time work1
	difficulty	
	Friendships made or kept up with	Capable only of sheltered work2
	considerable difficulty2	Totally incapable of work3