



What to bring?

Please bring:

- Comfortable day clothes
- Flat walking shoes
- Slippers (preferably not slip on)
- Night clothes
- Toiletries
- Glasses and hearing aids (with batteries)
- Any walking aids you are using
- Reading materials or other activities.



Bangka Strait

Bangka Strait is located on the southern side of the Repat Health Precinct facing onto Daws Road. Your transport to Bangka Strait will be arranged by your ward.

Bangka Strait is accessed from **Daws Road (Gate 6)**. The car park is immediately in front of the ward which is wheelchair accessible.

Any further questions?

Either contact your Triage Nurse or contact Bangka Strait direct. As always, we are here to help.

For more information

Triage Nurse Consultant
Telephone: 0466 865 737
8am – 4pm
Monday to Friday

Bangka Strait
Gate 6
216 Daws Road
Daw Park SA 5041
Telephone: (08) 7117 5005



This document has been reviewed and endorsed by consumers.



<https://creativecommons.org>

© Department for Health and Wellbeing, Government of South Australia.
All rights reserved. Reviewed October 2024. Next review October 2027.

Southern Adelaide Local Health Network



Bangka Strait
Repat Health Precinct
Daw Park



Government
of South Australia

Health
Southern Adelaide
Local Health Network



What is Bangka Strait?

Bangka Strait is based at the Repat Health Precinct. The program at Bangka Strait provides a bridge between your hospital stay and your next step towards return to the community.

Our spacious ground floor ward has been recently refurbished with a ward gym and dining area. It also has modernised rooms, ensuites, free television, free local telephone use and Wi-Fi access. There is a large outdoor courtyard and access to cafes and a hairdresser on the Repat Health Precinct site.

Our Bangka Strait staff are from the Southern Adelaide Local Health Network.

Free transport is arranged for any appointments scheduled by staff.

There is free 3-hour parking next to the ward.

What support to expect?

We work with you (and any one you nominate) to support your independence and your planning for your next step.

We aim to help you be as active and to do as much for yourself as safely possible.

We provide assistance with showering, toileting, dressing and other activities, as needed. We encourage you to dress every day and attend the dining room where possible.

We encourage you to participate in:

- Regular physical activity - individual or group sessions, overseen by our physiotherapist
- Other therapies which may be offered such as speech or occupational therapy
- Recreational activities including Ward BBQ, music and Lifestyle groups.

Your case manager/social worker will work closely with you to support your planning for your safe return to the community.

What care to expect?

Care is provided by carers, nurses and doctors.

A doctor is on the ward during the day from Monday-Friday. Doctors are on call, after hours.

You are assessed as medically stable before coming to us. If there are medical concerns, you may be transferred to an acute ward at Flinders Medical Centre.

What matters to you?

Your cultural, religious and dietary needs are important to us. Please let us know if you'd like the support of our on-call Aboriginal liaison unit, spiritual care team, interpreter services and dietitian.