What is the Yarrow Place Mobile Therapeutic Youth Team? (formally Yarrow Place Youth Team)

The Mobile Therapeutic Youth Team is an intensive therapeutic program for Guardianship Young People from 12 years of age who are absconding from placement, have experienced sexual abuse, continue to be sexually exploited or are at risk of sexual exploitation. The Mobile Therapeutic Youth Team utilises assertive engagement principles to reach hard to engage young people.

All clinicians are qualified and accredited senior social workers.

What is Therapeutic?

- The relationship between the therapist and the young person
- A collaborative approach between all agencies
- Having an understanding of ‘trauma related’ behaviours and responding through sensitivity and ‘attunement’

Role of the Therapist

- Work with young people who have histories of trauma and complex needs
- Engage the young person and support positive relationships in their lives
- Support the young person with their ‘healing journey’
- Advocacy
- Support appropriate referrals to other agencies

- Actively promote and support the Therapeutic Care Team
- Support to increase the number of therapeutic experiences for the young person
- Working with ‘significant other’ relationships in the young person’s life

Role of the Therapeutic Care Team (TCT)

- Expertise from different professionals and agencies to be brought together in one forum whilst providing wrap-around support for the young person
- Professionals supporting each other whilst together assisting the young person in making important decisions about their life
- Allows the TCT to come together to make decisions in partnership that is in the best interests of the young person

Partnership Agencies

- Families SA
- Schools and other Education services and Programs
- Housing SA and other accommodation Services
- Alternative Care Providers
- Child and Youth Health Providers
- Aboriginal Services
- Child, Adolescent and Mental Health Services (CAMHS)
- SA Courts
- SA Police

Eligibility

- A Families SA worker that is willing and able to be partnered in the therapeutic care approach is an essential criteria
- Children aged 12 to 25 years (must be under Guardianship and under 18 years at the time of referral)
- Current concerns about ‘running’ behaviours and absconding from care which is placing the young person ‘at risk’

How to make a referral

Contact the Yarrow Place Mobile Therapeutic Youth Team directly on 82268777 and speak to one of the Coordinators alternatively email any enquires to yarrowplace@health.sa.gov.au and a referral form can be sent out or emailed to you.

The Mobile Therapeutic Youth Team is located within Yarrow Place which provides expertise and clinical support in the provision of trauma therapy.
Training
The Mobile Therapeutic Youth Team also offers professional training on the following areas:

- Raising awareness of Guardianship Young People
- Developmental Trauma
- Attachment theory
- Understanding Sexual Exploitation
- Vicarious Trauma and Self Care

The Mobile Therapeutic Youth Team is part of the Women’s and Children’s Health Network (WCHN) and follows the Principles and Guidelines of SA Health and WCHN accordingly.

For more information
Monday - Friday 9am - 5pm
8226 8777

24 hours for recent sexual assault
8226 8787

Country callers within SA (toll free)
1800 817 421

Fax 8226 8778
Email info@yarrowplace.sa.gov.au
Level 2, 55 King William Road
North Adelaide SA 5006
PO Box 620 North Adelaide SA 5006
www.yarrowplace.sa.gov.au