Allied Health Advanced Clinical Practice Statewide Framework SA Health

Allied and Scientific Health Office



Contents

Document control	3
Contributors	3
Foreword	4
Definitions	5
Context	6
Purpose	6
Benefits of advanced clinical practice	7
Section 1: Defining advanced clinical practice for allied health professionals in SA Health	8
Pillars of advanced clinical practice	9
Integrated advanced clinical practice	10
Advanced clinical practice in the allied health career continuum	11
Section 2: Essential requirements for advanced clinical practice	12
Base qualifications and experience for advanced practice roles	12
Capabilities	12
Core capabilities	13
Service specific capabilities	15
Section 3: Learning and development for advanced practice	17
Learning and development activities	17
Capability development: A stepped approach	18
Professional supervision for allied health advanced clinical practice roles	18
Section 4: Governance	19
Section 5: Measuring outcomes and impact of advanced clinical practice	21
Section 6: Planning for success: Developing and implementing allied health advanced clinical pr	
Appendix 1: Relevant legislation and policy directives	24
Appendix 2: Identifying allied health advanced clinical practice roles aligned to consumer and organisational need	25
Appendix 3: Allied Health Advanced Clinical Practice Learning and Development Plan	26
Appendix 4: Allied Health Advanced Clinical Practice Credentialing Portfolio	27
Appendix 5: Core capabilities checklist	28
References	30

Document control

Information		
Document Name SA Health Allied Health Advanced Clinical Practice Statewide Fram		
LHN/ DHW Division	Allied and Scientific Health Office	
Document Version	1.0	
Document Status	Final	
Date	7 November 2023	
Review date	30 November 2025	
Change History	Any printed version of this document may have been superseded. The current version of this document can be accessed on the <u>Allied and scientific</u> <u>health standards and guidelines</u> page of the SA Health website.	
Change Summary		

Contributors

Thank you to the representatives and delegates who contributed to the development of the Allied Health Advanced Clinical Practice Statewide Framework from:

Barossa Hills Fleurieu Local Health Network		
Department for Health and Wellbeing		
Flinders and Upper North Local Health Network		
Northern Adelaide Local Health Network		
Office of the Chief Psychiatrist		
Rural Support Service		
SA Medical Imaging		
Southern Adelaide Local Health Network		
Yorke and Northern Local Health Network		

Central Adelaide Local Health Network Eyre and Far North Local Health Network Limestone Coast Local Health Network Office of the Chief Pharmacist Riverland Mallee Coorong Local Health Network SA Health Allied Health Executive Council SA Pharmacy Women's and Children's Local Health Network

We would also like to acknowledge the significant efforts of other public health jurisdictions and advancements internationally for advanced clinical practice that have informed this framework. Notably, Canberra Health Services (ACT Government) and Health Education England (NHS England).

This framework is adapted from a range of resources and guidelines, including but not limited to:

- SA Health (2022) Clinical Governance for Advanced Practice and Extended Scope of Practice Roles Policy
- Health Education England (2017) <u>Multi-professional framework for advanced clinical practice in England</u>
- > Queensland Health (2013) Allied Health Advanced Clinical Practice Framework
- > Department of Health (2023) Advanced Nursing Practice Guidelines for the Australian Context

Foreword

Allied health professionals make a substantial impact on community health and wellbeing, and the healthcare system. Allied health advanced clinical practice drives opportunity to design and deliver future focused healthcare through allied health roles that safely and effectively respond to evolving consumer and organisational need in South Australia. Strategic placement of roles can support system flow and demand through increased efficiencies and provision of allied health intervention at an optimal point in the consumer journey.

Advanced clinical practice is a breadth and depth of clinical practice that provides expert allied health knowledge, skill, and leadership through 'top of scope' clinical practice alongside clinical leadership, research, and education.

Embedding allied health advanced clinical practice roles within health services recognise and values the capabilities and expertise of our allied health workforce. Role development creates opportunity to expand and strengthen allied health career pathways and professional development. This in turn provides opportunity to attract and retain a highly knowledgeable and experienced allied health workforce in direct consumer care.

The Allied Health Advanced Clinical Practice Statewide Framework provides clear definitions and expectations for skills and attributes to be recognised at this level of practice in SA Health. This provides greater recognition of allied health advanced clinical practice across the organisation.

The framework guides professional standards, clinical governance, education, and clinical supervision requirements that support safe and effective advanced practice. This will achieve consistency in implementation across Local Health Networks for allied health advanced clinical practice roles, while allowing role development that is specific and agile to a clinical area and service setting.

The framework has been produced by the Allied and Scientific Health Office in consultation with SA Health allied health leadership across both regional and metropolitan Local Health Networks.

ogen Medicines

on can be inhibited by:

- Progen Nocesha Wadukatan (SCNNs) në sport d'Incepte - taraalan 19 Tihoget Rocesha Downegukatan (SCNDs) 19 Regint al noepte - taraalaan 19 Regint al noepte - taraalaan

national memory

Definitions

With respect to this framework:

Allied health: refers to the allied and scientific health professionals workforce as recognised by SA Health. A <u>list of recognised allied and scientific health professionals</u> can be found on the SA Health website (SA Health 2022). The term 'allied health' in this document encompasses allied and scientific health professions.

Competence: means the demonstrated ability to provide health care services at an expected level of safety and quality (SA Health 2018).

Scope of clinical practice: outlines the extent (scope) of an individual practitioner's clinical practice within an organisation, based on the individual's credentials, competence, performance, and professional suitability; and the needs of the organisation and its capability to support the scope of clinical practice (Australian Commission on Safety and Quality in Healthcare 2015).

Capabilities: are required skills, knowledge and behaviours required for a role, and ability to adapt to change, generate new knowledge and apply it in different ways to formulate and problem solve within a context of complexity and uncertainty (Health Education England 2017).

Credentialing: is the formal process used to verify the qualifications, experience, and other relevant professional attributes of health practitioners for the purpose of forming a view about their competence, performance, and professional suitability to provide safe, high-quality health services within specific clinical environments (SA Health 2022, p.6). The <u>Credentialing for Allied and Scientific</u> <u>Health Professionals Policy Directive</u> (SA Health 2020) outlines the minimum requirements for credentialing allied and scientific health professionals working in SA Health.

Context

More than 5,000 allied and scientific health professionals in SA Health provide a wide range of diagnostic, technical and therapeutic services to a diverse range of consumers in South Australia.

Having a clear pathway to recognition for allied health advanced clinical practice demonstrates to professional peers, other health care professionals and the public, the important role that allied health professionals play in the delivery of safe and effective healthcare.

The <u>SA Health Workforce Strategic Directions (2022)</u> contains a roadmap for implementation of workforce planning and development in the wider SA Health system.

The integration of allied health advanced clinical practice roles contributes to strategic priority areas of the organisation to support the allied health workforce to function at 'top of scope'. It extends on the allied health career structure to deliver a more flexible and agile workforce that can respond to changing models of care.

Professional standards and capability building are inherent to role development, and allied health advanced clinical practice provides the professional development and improved career structure for this critical workforce.

Healthcare professionals must adapt and tailor their practice to meet the changing needs of the population they serve. Evolution and advancement of skills and knowledge is a consequence of this adaptation – Australian Pharmacy Council (2013, p.13).

Purpose

The framework outlines a set of foundational elements to establish allied health advanced clinical practice roles in SA Health clinical services.

The purpose of the framework is to:

- 1. Define allied health advanced clinical practice, including the pillars of practice.
- 2. Define core requirements (e.g. prerequisite skills, attributes, and knowledge) and standards of practice for allied health advanced clinical practice.
- 3. Provide guidance on the clinical governance for advanced clinical practice roles.
- 4. Provide guidance to implement and evaluate advanced clinical practice roles in Local Health Network services and settings.

The scope of the framework relates to 'clinically-facing' allied health roles. It does not include other career pathways for allied health, such as primarily research-based roles or management streams. This framework articulates the key elements that underpin a robust understanding for allied health advanced clinical practice and indivdual roles will not be identified seperately.

The framework is intended to sit alongside the <u>South Australian Public Sector Enterprise Agreement:</u> <u>Salaried 2021</u> (Department of Treasury and Finance 2021) to support contemporary role development for allied health professionals in SA Health.

Role classification for advanced clinical practice roles remains the responsibility of the Local Health Network based on the specific functions and deliverables of a role and current work level definitions.

Benefits of advanced clinical practice

Advanced clinical practice roles developed in response to consumer and organisational need, growth and demand, provide a range of benefits for the patient, clinical service, and organisation.

Advanced clinical practice roles enable opportunities for SA Health to:

- > enhance treatment options and care pathways for consumers
- deliver best practice at the right point in the consumer journey to improve consumer experience and outcomes
- > reduce secondary care pathways, hospitalisations, and length of stay
- > drive more efficient and effective ways of working, creating greater capacity in services and reduced wait times
- > deliver allied health professionals with the capabilities to manage high clinical acuity and complex decision-making with greater levels of autonomy in multidisciplinary teams
- > create a structure to support high performing teams, with an improved ability to supervise, mentor and deliver additional skill building for staff in the multidisciplinary team
- > imbed further drivers for research and continuous quality improvement within services
- support the career pathway to attract, retain, and develop allied health professionals in clinically facing roles.



(Ebrahim 2018; Evans et al 2021; Lawler et al 2020; Mann et al 2023; Morris et al 2015; Morris et al 2011; Oates 2020; Samsson et al 2020; Saxon et al 2014, Stewart-Lord et al 2020, Stute et al 2021).

Section 1: Defining advanced clinical practice for allied health professionals in SA Health

SA Health's definition of allied health advanced clinical practice provides an agreed understanding of the requirements that underpin advanced clinical practice roles, recognition for the advanced clinical practitioner, and consistency in role development across the organisation.

A level of practice

The broad term 'advanced clinical practice' is a level of practice applicable to various health professionals with an expanded level of expertise. The advanced clinical practitioner is characterised by high levels of clinical skill, competence and autonomous decision making.

Multi-professional

Advanced clinical practice is multiprofessional; it applies to all allied health workforce. Advanced clinical practice roles may be discipline-specific or may be fulfilled by more than one allied health profession, dependent on the specific function and clinical outcomes of the role.

Recognition terminology

Variation in terminology exists between allied health professions to define and recognise 'advanced practice', including terms such as advanced practitioner, expert practice and extended practice. This framework acknowledges the growing use of terminology to define practice and seeks to bring consistency between professions in SA Health with the term advanced clinical practice.

Scope of practice

The clinical functions of the advanced clinical practice role and the specific discipline performing the functions, will dictate whether an advanced clinical practitioner requires credentialing at standard, advanced, or extended scope of practice. Advanced clinical practice inherently does not require a clinician to work to an extended scope of practice, though this may be indicated for some roles.

Clinically focussed

The key point of difference for an advanced clinical practice role is that it has a direct clinical function and is designed to be clinically facing.

Allied health advanced clinical practice in the SA Health context:

- Is a contemporary concept broader than scope of practice. An advanced practitioner performs high level clinical practice, in addition to meeting core capabilities and area-specific competence in clinical leadership, education and research.
- Relates to clinically facing roles characterised by a high degree of autonomy and complex decision making, with expectations and advancement beyond senior allied health professional level.



Pillars of advanced clinical practice

There are four well-established pillars for advanced clinical practice linked to international and national development. The pillars of advanced clinical practice are:

- 1. Clinical practice
- 2. Clinical leadership
- 3. Education
- 4. Research

Advanced clinical practice roles must encompass functions across all four pillars of practice. This breadth of high-level practice is key in characterising advanced practice roles from other senior allied health roles. Key elements for each pillar of practice are outlined in Figure 2.





Integrated advanced clinical practice

the service

It is critical to note that the pillars of advanced clinical practice are not 'stand-alone', and closely interface and inform each other. An example of how pillars integrate in advanced clinical practice is illustrated below, highlighting how the expert knowledge in one domain is influential in driving key activities in the other pillars of practice.





Advanced clinical practice in the allied health career continuum

Allied health professionals, at all levels and career stages, contribute significantly to the health outcomes for South Australians. Advanced clinical practice is a further step in the allied health career continuum. Advanced clinical practice roles deliver a greater sphere of influence and breadth and depth of practice that sits above expectations for other allied health clinicians.

Figure 4 illustrates where advanced clinical practice sits in the allied health professional career continuum, with each step building on the one before and not being mutually exclusive. To assist in defining the nature of advanced clinical practice in the SA Health context, the content is consistent with the work level definitions found in Appendix 6a of the <u>South Australian Public Sector Enterprise</u> <u>Agreement: Salaried 2021</u> (Department of Treasury and Finance 2021).

New entrant	Experienced		
Building foundational	clinician	Senior clinician	Advanced clinician
skills and knowledge elevant to service setting this may be the focus of earning) Requiring additional support and structure, ncluding guidance from supervisors or experienced practitioners around complex decision making and problem solving Work is more routine and repetitive while greater evels of independence are developing	Developing expertise. Learning may focus on development of specialised skills and knowledge relevant to area of practice Greater comptetence and experience with standard work and core practice Working with increased complexity with reduced professional supervision Supports junior staff and provides professional / clinical supervision for AHP1 and / or technical and support staff Assists in planning, implementing and reporting on services May contribute to research activities Identifies, develops and leads quality improvement activities Participates in staff / student education	Higher level skills, experience and knowledge enabling specialisation in a discipline Advises and supports best practice Provides consultancy in their area of expertise within a work unit, region, local health network, statewide service or professional network Coordinates educational activities Builds capacity and capability of others Advises on service improvement and redesign in response to demand and consumer needs Provides professional and clincal supervision to other health professionals,or other technical, operational and support staff as well as maintaining a professional clinical caseload	Maintains a clinical caseload and may manage episodes of care with a high level expertise and autonomy, alongside leadership, education and research Considers knowledge of initiatives and needs of the work unit, agency, local health network and state-wide services when exercising high level professional judgement Expert specialised knowledge of contemporary methods, principles, practice and skills across client groups and work areas, including knowledge of a contemporary evidence base in speciality area Works with clinical diversity and complexity, and acts as ar expert resource / support for others, both within and outside their service Develops 'best practice' multidisciplinary service delivery Contributes to development and achievement of strategic directions within and outside their service e.g. state or national level Drives improvement activities and translation of research to practice more broadly Provides professional / clinical supervision to other health professionals, students and / or other techinical, operational and support staff

Figure 4: Advanced clinical practice in the allied health career continuum

Advanced clinical practice is a particular stage on a continuum between 'novice' and 'expert' practice... Progress from newly qualified to expert is a developmental pathway and includes advanced practice – Department of Health, Northern Ireland (2019, p.19).

Section 2: Essential requirements for advanced clinical practice

Base qualifications and experience for advanced practice roles

Shared understanding across professions regarding additional qualifications, experience, knowledge and skills is necessary to ensure a professional standard for advanced clinical practice.

Advanced clinical practitioners must have the necessary clinical performance to support safe, effective and high-quality care. The below principles guide pre-requisite requirements to ensure that allied health professionals have the necessary:

- a) Qualifications and professional development expected to practice at this level.
- b) Experience expected to practice at this level.

Extensive clinical experience and ongoing professional development are both critical requirements

Quality and complexity of developmental experiences drive progression in advanced clinical roles, not length of time working in a service area.

Requirements for duration and type of clinical experience are determined by the Local Health Network based on the specific role.

As a guide, it is suggested that advanced clinical practitioners have a minimum seven years of relevant clinical experience (full time equivalent).

Formal postgraduate qualifications e.g. Master's (above entry level) or PhD are desirable, but not mandatory, for all roles

Acknowledging the value of relevant clinical experience and ongoing professional development.

A specific clinical role may require a postgraduate qualification as determined by the Local Health Network, particularly if advanced or extended scope of practice is required.

Attainment of a postgraduate degree (e.g. Master's qualification) alone is not satisfactory

It is essential to have relevant expertise and clinical experience alongside this.

Capabilities

Capabilities describe specific, minimum requirements for the knowledge, skills, and attributes for advanced clinical practice roles and should be identified across each pillar of practice (clinical practice, clinical leadership, education, and research). Advanced clinical practice requires a depth and breadth of capabilities that sit above expectations for other allied health roles. Capabilities for advanced practice roles can be separated into two broad domains:

- 1. **Core capabilities**: broad, essential requirements applicable to all allied health advanced practice roles across all sectors and professions. These form an essential foundation for roles that must be maintained.
- 2. **Service specific capabilities**: developed in addition to core capabilities and are specific to an advanced clinical practice role within a particular service setting or clinical area. These provide service and role specific detail and reflect the expertise required to match role responsibilities and deliverables.

Core capabilities

SA Health core capabilities for allied heath advanced clinical practice articulate foundational skills, knowledge, and attributes required for all advanced clinical practice roles. Core capabilities **must** accompany service specific capabilities for advanced clinical practice (pp.15-16), to enable clinicians to practice to their full scope of practice within professional, legislative and regulatory requirements of their profession (see Appendix 1).

Table 1: Core capabilities for allied health advanced clinical practice in SA Health

CI	inical Practice
1.	Provides evidence-based therapeutic interventions drawing upon diverse expert knowledge of contemporary methods, discipline principles, practice and subject specific competence
2.	Practices with high autonomy, within scope of clinical practice and respective code of conduct
3.	Critically reflects, is accountable for own practice, and actively responds to feedback
4.	Manages clinical care in partnership with consumers, carers / support persons and other agencies to holistically deliver person-centred approaches
5.	Plans, manages and supports others with complex cases and differentiated and undifferentiated presentations. Selects and interprets assessment tools, investigations and interventions demonstrating extensive clinical knowledge, and high-level clinical reasoning and decision making

- 6. Manages risk appropriately in the context of complexity and uncertainty to maintain client safety
- 7. Works collaboratively within a team to deliver care across client groups that optimises health outcomes with an awareness of broader service demands and population needs

Clinical Leadership

- 1. Proactively develops and maintains relationships within and outside the service, working across professional, organisational and system boundaries to influence and improve health outcomes, service delivery and systems
- 2. Evaluates own practice and the performance of the broader service, building capacity and capability in others
- 3. Supports other clinicians to reflect on their practice and develop towards best practice
- 4. Leads new practice approaches and service redesign in response to the emerging evidence base, current and future consumer and population needs, and service demands
- 5. Seeks and integrates consumer feedback into service improvements
- 6. Consults and provides clinical expertise across service and discipline boundaries, to drive best practice care and reduce clinical variation
- 7. Acts as a role model and mentor, and provides professional leadership and supervision within and outside their profession

Ec	Education			
1.	Critically assesses own learning needs, and actively initiates and participates in self-directed learning to maintain expert knowledge and skill in relevant area of practice			
2.	Collaboratively responds to individual needs to improve health literacy, engagement and outcomes for consumers in the service			
3.	Advocates and drives a continuous professional development culture in the organisation			
4.	Facilitates learning of others within service / network / State, including providing education to support the translation of learning to practice			
5.	Identifies learning and development needs within the broader service			

Research

- 1. Evaluates and monitors clinical practice and performance in the work area, highlighting gaps and opportunities for service improvement and research
- 2. Critically appraises and synthesises relevant research and evaluation data and leads quality improvement activities to drive improved performance and best practice
- 3. Supports application of local governance e.g., audits and service performance metrics
- 4. Identifies needs for future research and facilitates opportunities and partnerships to progress this. The advanced clinician may not directly complete all aspects of research, but uses expert clinical and strategic knowledge to inform and collaborate with others to enable impactful research

Service specific capabilities

Service specific capabilities reflect crucial functions of the advanced clinical practice role within a particular clinical field and scope of practice, including any discipline specific requirements. They are tailored to be responsive to the needs of consumers, reflecting the specialised skill set and functions of the advanced clinical practice role, to ensure it is fit for purpose.

To develop a more comprehensive framework, the structure and guiding questions below can support identification of service specific capabilities.

Columns outline levels of allied heath practice, and map across the career continuum, to provide a structure that reflects progressively increasing expectations for allied health roles. It is recommended to adopt a 'consumer journey' lens to guide the development of service specific capabilities when establishing new allied health advanced clinical practice roles.

This approach seeks to fully integrate and utilise the advanced clinical practitioner's skills and knowledge in the multidisciplinary healthcare team. Enabling individuals to work to 'top of scope' and make a significant contribution to the direction of consumer care within the service model.

	New entrant clinician Generally 0-3 years perience in profession	Experienced clinician Increasing competence and developing expertise	Senior clinician Higher level skills, experience and knowledge enabling specialisation	Advanced clinician Clinical expert alongside clinical leadership, education and research
pra		ucation, and research. Info	e service specific expectati prmation can be outlined in	
CI	inical Practice			
•	•	al skills, knowledge and at low would these be demon	tributes are expected for ea strated?	ach level of practice in
•	Is advanced or exte	ended scope of practice rec	quired to fulfil clinical functi	ons of a role?
•	• What are the ways for skills, knowledge and attributes to be assessed and evaluated? What tools currently exist to do this (e.g., service competency frameworks), and what would need to be developed?			
•	What does clinical expertise with our client cohort look like? What is discipline specific, and what is multi-professional?		ipline specific, and	
•	• What are the areas of complexity for our service; clinically, in the client cohort, and at a service / organisational level?		ohort, and at a service	
•	 What professional standards apply to our service area, and how are these reflected in the skills, knowledge and attributes identified above? 		se reflected in the	
•	Are there relevant discipline specific capability frameworks to reference?			
•	•	nple capability frameworks ate exemplar roles?	for advanced clinical pract	ice that could be
•	What are areas of unmet consumer or organisational need, and how could new ways of working impact these?		Ild new ways of	

Clinical Leadership
What is clinical leadership in the context of our service?
How do we integrate and support continued professional growth in our service?
What support, training or resources do people need to develop clinical leadership skills?
• What is our expectation of clinical leadership for an advanced practice clinician, above those for a senior clinician?
How could the Rural Support Service (2022) INVEST clinical leadership framework be utilised
• What opportunities and expectations are there for representation and participation in steering committees, action groups, working groups, and within peak bodies?
Education
What formal / informal training is required for each level of staff to build and maintain clinical expertise?
What training would be essential for an advanced practice role, and what structures could support initial training and continued development? How would this be monitored and recorded
• Are there any existing training resources / links that can be imbedded in the capability framework?
• What areas of need and opportunity exist for the advanced practitioner to build capacity and capability through education? Consider within the service and more broadly e.g., State and National level
Are there any practice standards that drive education requirements for a role?
Research
• What research involvement do we expect from an advanced practice role? E.g., contribution to research, supporting research, supporting application of evidence base in practice. How is this imbedded into the role on a practical level?
• What structures and supports do we have to identify, monitor and evaluate research activities? Where are there gaps?
Could research supports such as the <u>IIMPACT</u> program be included in the framework?
• What mechanisms, structures and check points do we have in the service to review and discuss gaps in current practice, and how does this feed into research?
What partnership opportunities exist to support research or with universities? How could

 What partnership opportunities exist to support research, e.g., with universities? How could roles support further development of these relationships?

Section 3: Learning and development for advanced practice

Learning and development activities

Learning and development activities support safe and effective practice, and are underpinned by consistent standards and expectations for roles. There are multiple activities that can support ongoing learning and development for advanced clinical practitioners, as illustrated below.





The learning and development activities are not hierarchal, nor mutually exclusive. Activities can overlap in a hybrid model, and one may also inform another, such as a standard of practice being imbedded within a capability framework (Health Education England 2022).

Choosing the most appropriate learning and development activities for a role should consider:

- 1. Specific role functions and deliverables.
- 2. Scale of need.
- 3. Provisions already available within the organisation.

We must maintain vigilance for opportunities to innovate and improve the provision of quality care with a commitment to a trained workforce – SA Health (2022, p.4).

Capability development: A stepped approach

A stepped approach for 'on the job' learning can be considered to support advanced clinical practitioners to build and maintain service specific capabilities over time, provided the essential prerequisites for a role are met.

Principles for allied health advanced clinical practice capability development relate to:

1. Essential capabilities

Identified and included in the role description as essential criteria. This includes <u>core</u> <u>capabilities</u> and additional <u>service specific capabilities</u> that are pre-requisite requirements for role commencement.

2. Capabilities for 'on the job' development Identified and documented in a <u>learning and development plan</u>, alongside the specific learning activities that will support this professional development.

3. Existing capabilities are maintained Activities to maintain and extend existing capabilities are identified and included in the learning and development plan.

Professional supervision for allied health advanced clinical practice roles

The breadth of functions, high degree of autonomy in practice, and level of clinical complexity managed by advanced clinical practitioners require an integrated, multi-professional approach to professional supervision. Additional supports should also be considered to maximise safety and quality of clinical outcomes, including access to peer support, mentoring and communities of practice. An integrated approach to professional supervision for allied heath advanced clinical practitioners provides:

Options to diversify professional supports to support the breadth of development required across the four pillars of advanced practice, including:

- access to more than one supervisor to provide expert guidance across different pillars of practice if required, and
- options to receive professional supervision from an 'expert in the field' who may be of another discipline or from a different health service (including interstate).

A combination of 'on-the-job' support for day-to-day demands and challenges of the role, alongside broader skill development.

A structure to promote consumer safety in the context of newly developing advanced practice roles.

(Drennan et al 2022; Evans et al 2021; Gilmore et al 2011; Fothergill et al 2022; Morris et al 2014; Skinner et al 2015)

Section 4: Governance

Safety and quality systems are integrated with governance processes to enable organisations to actively manage and improve the safety and quality of healthcare (Australian Commission on Safety and Quality in Health Care 2017).

The <u>SA Health Clinical Governance for Advanced Practice and Extended Scope of Practice Roles</u> <u>Policy</u> (SA Health 2022) is the overarching, binding policy for allied health advanced clinical practice in SA Health. Congruent with the requirements of this policy, the following minimum steps are recommended for health services developing allied health advanced clinical practice roles:

1. Robust role development

- 1.1 Align roles to health service need and community demand (see Appendix 2).
- 1.2 Provide opportunity and structure to support work across all four pillars of advanced clinical practice.
- 1.3 In partnership with relevant professional groups, integrate roles into service models of care and workflows with clear responsibilities, outputs and consumer contact points.
- 1.4 Reflect the diversity of clinician skills required to meet consumer need in the local context in service specific capabilities (see page 15).
- 1.5 Document essential role functions, including core and service specific capabilities, in a role description specifically developed for allied health advanced clinical practice. Also include professional, regulatory and industrial requirements, standards, and codes of conduct relevant to the role (SA Health 2022).
- 1.6 Utilise the recruitment processes to match a practitioner's qualifications, skills, and experience to requirements for a role.
- 1.7 Identify if advanced or extended scope of practice is required to fulfil functions of the role and credential as per the <u>SA Health Policy Directive: Credentialling for Allied and Scientific</u> <u>Health Professionals</u> (SA Health 2020).
- 1.8 Define professional reporting lines and corporate, financial and clinical accountability for the role.
- 1.9 Develop a local process to record and monitor learning and development (see Appendix 3).
- 1.10 Confirm additional professional supervision needs for the clinican, including facilitating access to more than one supervisor and / or mentor if required (see p.18).

2. Role endorsement

Local Health Networks should utilise the existing credentialling structure to review and endorse a practitioner functioning at advanced clinical practice level in a specific role. This includes:

- 2.1 The advanced clinical practitioner submitting a portfolio of additional evidence to the Local Health Network credentialing committee with the initial credentialing application to substantiate learning, development and performance in an advanced clinical practice role (see Appendices 4 and 5).
- 2.2 If endorsed, the Local Health Network documenting 'advanced clinical practitioner' on the credentialling letter to the clinician and in the 'additional information' field in the credentials section of the Credentialing and Scope of Clinical Practice System (CSCPS).
- 2.3 Should there be a change in function or capability to complete duties due to illness or injury, or noted during performance review, the clinician may be referred for re-credentialing.
- 2.4 Re-credentialing can also be requested by the committee to review progress towards a practitioner's learning and development plan (e.g. if working towards achievement of capabilities).

3 High performance

- 3.1 Other structures to support a positive workplace culture and monitoring of the advanced clinical practice role, include:
 - Safety and quality meetings
 - Research committees
 - Professional supervision and mentoring
 - Leadership committees and activities
 - Performance review and development meetings
 - · Multidisciplinary review of clinical care and critical incidents

Recognition of advanced and extended practice provides an indication to both peers and the public that an individual practitioner conducts their practice at a level considered worth of additional acknowledgement. To the public, this implies a stringent process of assessment has been undertaken and the practitioner has achieved a required standard of practice - Australian Pharmacy Council (2013, p. 53)



Section 5: Measuring outcomes and impact of advanced clinical practice

As part of continuous quality improvement and to promote effectiveness and visibility for advanced clinical practice roles, it is crucial outcomes are monitored, evaluated and promoted.

Table 2 outlines evaluation metrics for roles based on a Health Workforce Australia evaluation framework (Thompson et al 2012) and commonly realised benefits of advanced clinical practice roles in the literature.

Specific evaluation metrics are selected by services based on functions of a role and strategic objectives of the health service/Local Health Network.

Additional measures can be added specific to a role, service area or profession. It is recommended a breadth of evaluation measures are selected to reflect the impact of a role from the consumer and organisational perspective. Evaluation data provides insight into the effectiveness of an advanced clinical practice role, but should not be interpreted in isolation given roles sit within multidisciplinary teams and broader health services.

Consumer and carer experienceConsumer and carer satisfactionPREM* dataConsumer and carer outcomesConsumer feedbackSafety and qualityRelated re-presentations / re-admissions Adverse events Complaints Equity of accessQuantitative dataConsumers who 'did not wait' Equity of accessAudit activitiesEffectivenessNumber of consumers: Requiring skills / services of the advanced clinician (e.g. clinical services provided, expanded care options)Quantitative service dataEfficiencyAverage number of consumers seen per day (consider how complexity and breadth of functions impacts expectations of a role)Quantitiative service dataEfficiencyAverage number of consumers seen per day (consider how complexity and breadth of functions impacts expectations of a role)Quantitative service dataStaff outcomes and experienceStaff experienceQualitative dataWorkforce capacityTraining completion for advanced clinician support provided by roleTraining dataWorkforce capacityTraining completion for advanced clinician support provided by roleTraining data	Evaluation metric	Example evaluation parameters	Indicators
Adverse eventsdataComplaintsConsumers who 'did not wait'Cost-benefit analysisEffectivenessNumber of consumers: Seen within target timeframesAudit activitiesEffectivenessNumber of consumers: Seen within target timeframesQuantitative 	Consumer and		Consumer
 Seen within target timeframes Requiring skills / services of the advanced clinician (e.g. clinical services provided, expanded care options) With improved discharge outcomes Who avoided a secondary care pathway (e.g. hospital presentation or admission) Efficiency Average number of consumers seen per day (consider how complexity and breadth of functions impacts expectations of a role) Total treatment time / admission time / length of stay Wait time at various points in care Staff outcomes and experience Staff experience Perceptions of productivity Staff turnover in advanced practice role Training completion for advanced clinician (including outcomes) Staff turnover in advanced practice role Staff turnover data Staff turnover in advanced practice role Qualitative data Capacity of other staff to complete their primary role functions Number of assessments or interventions as a result of the role Support for role to continue Continuation and growth of 		 Adverse events Complaints Consumers who 'did not wait' Equity of access 	data Cost-benefit analysis Audit activities
Image: Consider how complexity and breadth of functions impacts expectations of a role)service dataTotal treatment time / admission time / length of stayTotal treatment time / admission time / length of stayCost-benefit analysisWait time at various points in careStaff experienceQualitative dataand experienceStaff experiencePerceptions of productivityEducation / support provided by roleWorkforce capacityTraining completion for advanced clinician Staff turnover in advanced practice roleTraining data (including outcomes)Workforce productivityCapacity of other staff to complete their primary role functionsQualitative dataWorkforce productivityCapacity of other staff to complete their primary role functionsQualitative dataWorkforce productivitySupport for role to continueQualitative dataSupport for role to continueCost-benefit analysis	Effectiveness	 Seen within target timeframes Requiring skills / services of the advanced clinician (e.g. clinical services provided, expanded care options) With improved discharge outcomes Who avoided a secondary care pathway (e.g. 	service dataAudit activities
and experience• Perceptions of productivitydata• Perceptions of productivity• Education / support provided by roleWorkforce capacity• Training completion for advanced clinician • Staff turnover in advanced practice role• Training data (including 	Efficiency	 (consider how complexity and breadth of functions impacts expectations of a role) Total treatment time / admission time / length of stay 	service dataCost-benefit
capacityStaff turnover in advanced practice role(including outcomes)Workforce productivity• Capacity of other staff to complete their primary role functions• Qualitative dataNumber of assessments or interventions as a result of the role• Quantitative dataRole sustainability• Support for role to continue• Continuation and growth of			data Education / support provided by
productivityrole functionsdata• Number of assessments or interventions as a result of the role• Quantitative dataRole sustainability• Support for role to continue• Continuation and growth of	capacity		(including outcomes)Staff turnover
and growth of		role functionsNumber of assessments or interventions as a	data Quantitative
*PREM: Patient-reported experience measure	-		and growth of

Table 2: Evaluation metrics for allied health advanced practic	ce roles
--	----------

Section 6: Planning for success: Developing and implementing allied health advanced clinical practice

Research indicates a systematic, planned approach to the development of advanced clinical practice roles is critical. Factors increasing the likelihood of innovative advanced practice roles being adopted, implemented, and sustained in healthcare services include:



(Evans et al 2021, Gilmore et al 2011, Fothergill et al 2022, Lawler et al 2020, Masso and Thompson 2016, Morris et al 2014, Skinner et al 2015)

Health services may form action plans to progress development of allied health advanced clinical practice and realise the impact for future-focused clinical services.

Sections of the framework to support this planning are outlined below in this table:

Identify	 Allied health advanced practice roles based on consumer and organisational need Consumer contact points for the role, interface with the team, and integration with the service model of care 	p.25
Develop	 Role deliverables across each pillar of practice Core capabilities Service specific capabilities required to meet the key functions and deliverables of the role Governance structures for the role Outcome measures and evaluation methods for the role Learning and development activities and supervision structure that will support capability development and maintenance 	p.9 p.13 p.14 p.19 p.22 pp.17-18
Launch	Classify and recruit to the roleEndorse the practitioner in the advanced clinical practice role	p.19 pp.27-29
Evaluate	 Evaluate the role post implementation Consider partnerships to support formal evaluation of the role e.g., with university sector Consider ways to celebrate and promote acheivements 	p.22

Appendix 1: Relevant legislation and policy directives

SA Health allied health staff must comply with requirements of:

- Australian Commission on Safety and Quality in Healthcare. National Safety and Quality Health Service Standards 2021
- > <u>Australian Health Practitioner Regulation Agency</u>
- > Health Care Act 2008
- > Health Practitioner Regulation National Law (South Australia) Act 2010
- > Mental Health Act 2009
- > <u>SA Health Initiating Policy Requests Policy 2023</u>
- > SA Health Clinical Governance Framework for Allied Health Professionals
- > SA Health Allied Health Clinical Supervision Framework
- SA Health Clinical Governance for Advanced Practice and Extended Scope of Practice Roles Policy
- > <u>SA Health Policy Directive: Credentialling for Allied and Scientific Health Professionals</u>
- > SA Health Policy Directive: Registration of Health Practitioners: Recording and Monitoring
- > South Australia. Controlled Substances Act 1984
- > South Australian Controlled Substances (Poisons) Regulations 2011
- > South Australian Public Sector Enterprise Agreement: Salaried 2021

Appendix 2: Identifying allied health advanced clinical practice roles aligned to consumer and organisational need

The following questions can assist teams to identify opportunities for strategic placement of allied health advanced practice roles:

Consumer need	• Where are the issues for the community accessing the care they need (e.g., delayed care due to long wait lists, or avoidable secondary care pathways)?
	Why do these access issues exist?
	Are clients presenting with differential diagnosis, high-clinical complexity, co-morbidity,or cultural diversity requiring specialised clinical assessment or treatment?
	Is there any relevant consumer feedback available to support this need?
Service need	• What data or evidence are available to support there is a service gap?
	Where are the barriers to service flow?
	• What are the areas of current and future demand (e.g., may relate to high volume referrals and / or complexity)?
	• Where are the specific areas of workforce challenges and opportunities (e.g., shortages or untapped capabilities aligning with a service demand)?
	Are there key people or 'champions' with a greater readiness to progress advanced practice roles in a clinical area?
Evidence base	 Is there any research evidence (within or outside the service) highlighting the impact / value of similar roles?
	• Are there outcomes or learnings from similar advanced clinical practice roles in other health services locally, nationally or internationally?
	How could an advanced practice role assist with identified consumer, clinical or service needs?

Appendix 3: Allied Health Advanced Clinical Practice Learning and Development Plan

The learning and development plan is for allied health advanced clinical practitioners to identify their individual learning goals and professional development activities. When setting your plan, it is important to consider scope of practice and the capabilities required to perform your role. This information included in your plan should link with your Performance Review and Development and clinical supervision requirements, where appropriate. The template can include additional detail, such as timeframes and follow up actions, and should be updated every 6-12 months.

Supporting documents:

- 1. SA Health Allied Health Advanced Clinical Practice Framework: Table 1: Core capabilities of allied health advanced clinical practitioners in SA Health
- 2. Service specific capabilities (see role description +/- service capability frameworks)

Allied Health Advanced Clinical Practice - Learning and Development Plan					
Name: Date discussed at PR&D:		Start date: Date discussed at clinical supervision:		Review date:	
	What is the scope of practice and key deliverables of your role?	Which core and/or service specific capabilities are you working towards or developing to a higher level?	What do you want to achieve through your learning activities?	What will you do to work towards your learning goal? e.g., competency, training	
Clinical Practice					
Clinical Leadership					
Education					
Research					

Appendix 4: Allied Health Advanced Clinical Practice Credentialing Portfolio

To ensure allied health advanced clinicians in SA Health are performing at a consistently high standard of practice, clinicians are required to submit a portfolio to evidence their performance. The information is used by the credentialling committee to consider endorsement of your specific role in your Local Health Network as allied health advanced clinician.

The portfolio must be submitted with the initial credentialling application, in *addition* to standard information required in the credentialling application form. You may be required to re-submit a credentialing portfolio if requested.

Name:			
Role title:	Profession: Local Health Network:		
Professional Supervisor(s):			
Information required	Supporting information attached	Reviewed by credentialling committee	
Current role description			
Core capabilities checklist			
Allied Health Advanced Clinical Practice Learning and Development Plan			
Evidence of progress in your Learning and Development Plan, including key achievements towards deliverables of your role and development activities completed, e.g.:			
 new or complex clinical services delivered professional development log (if not already provided with credentialling form) quality improvement activities completed education provided Performance indicators achieved (individual and organisational) 			

Section 1: For completion by allied health clinician:

Section 2: Credentialling committee use only:

Allied health professional endorsed by credentialling committee as performing at level of advanced clinical practice: Yes		
No (provide reason):		
Additional information required (specify):		
Date for re-credentialing (if required):		
e endorsed by credentialling committee, note 'allied health advanced clinician' in 'other' field of entials section of credentialling database.		

Appendix 5: Core capabilities checklist

The checklist below records progress towards SA Health core capabilities for allied health advanced clinical practice. These accompany service specific capabilities / competencies for your role. Core capabilities are summarised below and outlined in detail in section 2 of the SA Health Allied Health Advanced Clinical Practice Statewide Framework.

Capabilities achieved should be signed by your operational and / or professional line manager. Capabilities you are 'working toward' should be recorded in your Advanced Clinical Practice Learning and Development Plan, along with more detail about how these will be achieved.

Name:	Name:		Date:	
Manager nam	e / title:			
	Core Capability		Working toward	
Clinical practice	Provides evidence-based therapeutic interventions drawing on diverse expert knowledge.			
	High autonomy within scope of practice and code of conduct.	-		
	Critically reflects, accountable, responds to feedback.			
	Manages clinical care in partnership.			
	Plans, manages and supports others with complex cases.	-		
	Manages risk appropriately.			
	Works collaboratively to deliver care across client groups with awareness of broader service demands / population needs.	-		
Clinical Leadership	Proactively develops and maintains relationships within and outside the service, working across boundaries.			
	Evaluates own practice and performance of others and builds capacity and capability in others.	-		
	Supports other clinicians to reflect and develop			
	Leads new practice approaches and service redesign.			
	Seeks and integrates consumer feedback into improvements.	-		
	Consults and provides clinical expertise across service and discipline boundaries.			
	Acts as a role model and mentor, leader and supervisor.	1		

Education	Critically assesses own learning needs and initiates learning.	
	Responds to consumer needs to improve outcomes.	
	Drives a continuous professional development culture.	
	Facilitates the learning of others within service/network/state.	
	Identifies learning and development needs within broader service.	
Research	Evaluates and monitors clinical practice and performance in the work area, highlighting gaps and opportunities.	
	Critically appraises and synthesises data and drives quality improvement activities.	
	Supports application of local governance.	
	Identifies needs for future research and facilitates opportunities.	

The checklist should be submitted to your Local Health Network credentialing committee with your Allied Health Advanced Clinical Practice Credentialing Portfolio (see appendix 4).

References

Australian Commission on Safety and Quality in Health Care (ACSQHC) (2017). National Model Clinical Governance Framework. Sydney: ACSQHC.

Australian Commission on Safety and Quality in Health Care (ACSQHC) (2015). Credentialing health practitioners and defining their scope of clinical practice: A guide for managers and practitioners. Sydney: ACSQHC.

Australian Pharmacy Council (2013). Advanced and Extended Pharmacy Practice: An Environmental Snapshot [online].

Department of Health (2020), Chief Nursing and Midwifery Officers Australia: <u>Advanced Nursing</u> <u>Practice – Guidelines for the Australian Context [online].</u>

Department of Health. (2018). KPMG <u>Cost–benefit analysis of nurse practitioner models of care</u> (health.gov.au)

Department of Treasury and Finance (2021). <u>South Australian Public Sector Enterprise Agreement:</u> <u>Salaried 2021 [online]</u>.

Ebrahim, S. (2018). Multi-professional approved clinicians' contribution to clinical leadership. *The Journal of Mental Health Training, Education and Practice*, 3(2), 65-76.

Evans, C., Poku, B., Pearce, R., Eldridge, J., Hendrick, P., Knaggs, R., Blake, H., Yogeswaran, G., McLuskey, J., Tomczak, P., and Thow, R. (2021). Characterising the outcomes, impacts and implementation challenges of advanced clinical practice roles in the UK: a scoping review. *BMJ open*, 11(8), p.e048171.

Fothergill, L., Al-Oraibi, A., Houdmont, J., Conway, J., Evans, C., Timmons, S., Pearce, R., and Blacke, H. (2022). Nationwide evaluation of the advanced clinical practitioner role in England: a cross-sectional survey. *BMJ Open*, 12:e055474. doi:10.1136/bmjopen-2-21-055475.

Gilmore, L., Morris, J., Murphy, K., Grimmer-Somers, K., and Kumar, S. (2011). Skills escalator in allied health: a time for reflection and refocus. *Journal of Healthcare Leadership*, 3, 53-58

Health Education England: The Centre for Advancing Practice (2022), <u>Advanced Practice - Website</u> <u>Content - Different types of area-specific workforce development interventions within advanced-level</u> <u>practice.pdf - All Documents (sharepoint.com)</u>

Health Education England. (2017), Multi-professional framework for advanced clinical practice in England [online].

Lawler, J., Maclaine, K., and Leary, A. (2020). Workforce experience of the implementation of an advanced clinical practice framework in England: a mixed methods evaluation. *Human Resources for Health*, 18:96. Https://doi.org/10.1186/s12960-020-00539-y

Mann, C., Timmons, S., Evans, C., Pearce, R., Overton, C., Hinsliff-Smith, K., and Conway, J. (2023). Exploring the role of advanced clinical practitioners (ACPs) and their contribution to health services in England: A qualitative exploratory study. Nurse Education in Practice, 67(103546), 103546. https://doi.org/10.1016/j.nepr.2023.103546

Masso, M. and Thompson, C. (2016). Attributes of innovations and approaches to scalability – lessons from a national program to extend the scope of practice of health professionals. *Journal of Multidisciplinary Healthcare*, 401-410, DOI: 10.2147/ JMDH.S111688

Morris, J., Grimmer, K., Gilmore, G., Perera, C., Waddington, G., Kyle, G., Ashman, B. and Murphy, K. (2014). Principles to guide sustainable implementation of extended-scope-of-practice physiotherapy workforce redesign initiatives in Australia: stakeholder perspectives, barriers, supports, and incentives. *Journal of Multidisciplinary Healthcare*, 7, 249-258, doi:<u>10.2147/JMDH.S59473</u>

Morris, J., Grimmer-Somers, K., Kumar, S., Murphy, K., Gilmore, L., Ashman, B., Perera, C., Vine, K. and Coulter, C. (2011). Effectiveness of a physiotherapy-initiated telephone triage of orthopedic waitlist patients, Patient Related Outcome Measures. *Patient Related Outcome Measures*, 2, 151-159, doi: <u>10.2147/PROM.S2373</u>

Morris, J., Vine, K., and Girmmer, K. (2015). Evaluation of performance quality of an advanced scope physiotherapy role in a hospital emergency department. *Patient Related Outcome Measures*, 6, 191 – 203.

Oates, J., Burrell, C., Ebrahim, S., Taylor, J., Veitch, P., and Brandon, T. (2020). Responsibility as professional leadership and decision making: Interviews with non-medical Responsible Clinicians. *International journal of law and psychiatry*, 71,101575

Rural Support Service (2022). INVEST Clinical Leadership Framework [online].

SA Health (2018). Clinical Governance Framework for Allied Health Professionals [online].

SA Health. (2020). Credentialing for Allied and Scientific Health Professionals Policy Directive [online].

SA Health (2022). Allied and Scientific Health [online].

SA Health (2022). Clinical Governance for Advanced Practice and Extended Scope of Practice Roles Policy [online].

SA Health (2022). SA Health Workforce Strategic Directions 2022 [online].

Samsson, K.S., Grimmer, K., Larsson, M.E.H. *et al.* (2020). Effects on health and process outcomes of physiotherapist-led orthopaedic triage for patients with musculoskeletal disorders: a systematic review of comparative studies. *BMC Musculoskeletal Disorders*, 21, 673. https://doi.org/10.1186/s12891-020-03673-9

Saxon, R., Gray, M., and Oprescu, F. (2014). Extended roles for allied health professionals: an updated systematic review of the evidence. *Journal of Multidisciplinary Healthcare*, 7, 479-488.

Skinner, E.H., Haines, K.J., Hayes, K., Seller, D., Toohey, J.C., Reeve, J.C., Holdsworth, C., and Haines, T.P. (2015). Future of specialised roles in allied health practice: who is responsible? *Australian Health Review*, 39(3), 255-259.

Stewart-Lord, A., Beanlands, C., Khine, R., Shamah, S., Sinclair, N., Woods, S., Nick, W. and Bailie, L. (2020). The Role and Development of Advanced Clinical Practice Within Allied Health Professions: A Mixed Method Study. *Journal of Multidisciplinary Healthcare*, 13, 1705 – 1715.

Stute M, Moretto N, Waters R, Raymer M, Sam S, Bhagwat M, Banks M, Comans T, Buttrum P. (2021) Allied health primary contact services: results of a 2-year follow-up study of clinical effectiveness, safety, wait times and impact on medical specialist out-patient waitlists. Aust Health Rev. doi: 10.1071/AH19225. PMID: 33271059

Thompson C, Quinsey K, Gordon R, Williams K, Eckermann S, Andersen P, Snoek M and Eagar K. (2012) Health Workforce Australia Expanded Scopes of Practice Program: evaluation framework. Centre for Health Service Development, Australian Health Services Research Institute, University of Wollongong: Health Workforce Australia <u>Health Workforce Australia Expanded Scopes of Practice</u> <u>Program: evaluation framework (uow.edu.au)</u>

For more information

Allied and Scientific Health Office Clinical Collaborative 11 Hindmarsh Square, Adelaide SA 5000 Email: <u>HealthAlliedandScientificHealth@sa.gov.au</u> <u>www.sahealth.sa.gov.au</u> © Department for Health and Wellbeing, Government of South Australia. All rights reserved

