



Special Instructions/Notes

Please use this section to document specific instructions (e.g. wound care, diet and exercise)

Ensure that you follow all health advice provided to you.
If you are feeling unwell or not improving as expected, you may need to contact the following services:

- > Your GP
- > Health Direct 1800 022 222
- > Treating Medical Team (if appropriate)

Doctor / Unit: _____

Phone: _____

In case of emergency please call triple zero (000)

For more information



This document has been reviewed and endorsed by SQCAG* for consumers and the community July 2018.



Government of South Australia
SA Health

* SA Health Safety and Quality Community Advisory Group.

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This document outlines what you and your family/carer need to know about your care when you leave hospital.

YOU ARE LEAVING HOSPITAL

UR Number: _____

Discharge Date: _____

Reason for Admission: _____



Government of South Australia
SA Health



Your Discharge Medications

- > Before you leave hospital, make sure you know how to take your medications.
- > If you need help after you go home, take your medications and any paperwork to your GP or local Pharmacist.
- > Your GP will give you any follow up prescriptions.

If you are confused about your medications, please ask us to help you before you go home.

Medication and education received by: _____
patient / carer name (printed)

Medication and education delivered by: _____
pharmacist / doctor / nurse (printed)



Follow Up Instructions

General Practitioner (GP)

We would like you to make an appointment to see your GP within _____ days.

We will send a summary of your hospital care to your doctor,

Dr _____ from _____

If you don't have a regular GP we strongly encourage you to consider seeking one.

Outpatient Appointment

_____ clinic:

- an appointment has been made for you on _____ (date)
at _____ (time).
- an appointment will be made for you and posted to your home address.
- You (or a family member) please call _____
to make an appointment.
- An outpatient appointment is not required.



Your services on discharge

As discussed with you, you have been referred to the following services to support your current needs on discharge.

Metropolitan Referral Unit (MRU)

Please call **1300 110 600**

For _____

Hospital in the Home (HITH)

Please call _____

For _____

Country Home Link

Please call **1800 003 307**

For _____

My Aged Care

Please call **1800 200 422**

For _____

Contact our Aboriginal Liaison Officer

Please call _____

For _____

Other

Please call _____

For _____

Other

Please call _____

For _____

Other

Please call _____

For _____

Before you leave hospital, ensure that any of your current services are in place for when you return home.



Take Home

- Discharge Medications
- Medication Profile (attached)
- Discharge Summary / Medication List (attached)
- Personal Belongings / Equipment
- Own medication returned