

Southern Transition Care Program



The Transition Care Program (TCP) is for older people who have been in hospital and need support to recover, and time to decide about the best place to live in the longer term.

Transition Care may be provided either in your own home or as a 'live-in' at an aged care facility. You can only access Transition Care directly from hospital.

What is Transition Care?

Transition Care provides short term support to help you achieve your immediate goals after leaving hospital. The Program aims to support you to be as independent and confident as possible.

What sort of help can I expect?

Your Transition Care team works with you and your family (or other support person) to agree your goals during your time with them. To achieve these goals, the team's help could include:

- Nursing needs
- Showering and other personal care help
- House cleaning
- Going shopping with you
- Support to access social activities
- Low intensity therapy including physiotherapy, occupational therapy, dietetics and speech pathology
- Social work needs, such as, counselling or advocacy
- Walking aids, a shower chair or other equipment as needed
- Planning your next steps after our Program.

What is not covered by the Transition Care Fee?

The costs of medication are not included in the Transition Care Fee. You are responsible for the cost of your medication.

How can I receive Transition Care?

To receive Transition Care:

- A member of our Aged Care Assessment Team (ACAT) meets you to work out if you are eligible

to access the Commonwealth funding for the Transition Care Program and, if so, approves the Program being offered; and then

- A member of the Transition Care Program (a TCP Assessor) will also meet with you to further discuss the Program, whether your needs can be met within the Program and, to complete required paperwork.

Usually, these meetings take place at your bed side and your family (or other support person) is invited to provide extra support for you.

You will be given information to help you decide whether Transition Care is right for you.

Who pays for Transition Care?

The Australian Government pays for the bulk of aged care in Australia. But as with all aged care services, if the person receiving care can afford to contribute, then a contribution is expected towards the care costs.

No one is excluded from the Transition Care Program if they are not able to contribute towards the cost.

The TCP Assessor who visits you in hospital discusses your ability to contribute towards your care costs and agrees what you pay, based on your ability to pay. The amount, if any, that you pay is agreed before you receive Transition Care.

What if I'm already receiving services through a different program?

If you are already receiving a Home Care Package, your place is held until you complete your Transition Care Program.

How long can I stay on the program?

Transition Care services can be provided for up to 12 weeks, however on average people stay on the program for about 8 weeks.

The length of your program will depend on your individual care needs and your progress.

The team regularly reviews your progress and, if you require ongoing supports at the end of the program, the team will discuss longer term care options with you.

What if I need to return to hospital?

If you are only going to be in hospital a few days, then you may be able return to Transition Care when you are discharged from hospital.

If you need to stay in hospital longer, you will need to be discharged from the Transition Care Program.

The hospital can then refer you to the program again. There is no maximum number of times an individual can be on the program.

Transition Care Program
Ph: 7117 5313

What to expect from us?

Your Transition Care Team aims to provide a high-quality service which is respectful and supportive.

We aim to communicate well with you and each other.

You have rights about what to expect from our service.

For more information, please do a web search for: *HCSCC Charter of Healthcare Rights*, or ask our team.

How can I give feedback?

Your feedback is always welcome.

Please let us know if you have any concerns, questions, or suggestions.

You can either speak with our staff or contact us via our contact details below.

Alternatively, you can contact the hospital's Consumer Advisory Service via:

Phone:

8204 5433

Email:

HealthSALHNConsumerAdvisory@sa.gov.au;

Or by writing:

Consumer Advisory Service,
Level 2 Flinders Medical Centre,
Flinders Drive, BEDFORD PARK SA

For more information or to provide feedback:

Southern Adelaide Local Health Network

Transition Care Program

Repat Health Precinct

Daws Rd, Daw Park 5041

Telephone: (08) 7117 5313

Email: HealthFMCTransitionCareProgram@sa.gov.au

www.sahealth.sa.gov.au



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