

Arts in Health at FMC Services



Daily activities available Monday to Friday:

- Promenade Gallery A and B and Community Galleries
- FMC Art Collection
- Patient Art Packs and Nurture Packs for end of life care

Monday:

- Art Therapy, Bindi Blacher, Art Therapist

Tuesday:

- Mindfulness Meditation for FMC Staff in the Chapel, 12pm to 12.30pm, Lyn Evans
- Harp for Healing, Lyn Evans, Harpist
- Music Therapy, Bec Watt, Registered Music Therapist

Wednesday:

- Live music on wards, 11am to 12.30pm, and in the Courtyard, 12.30pm to 1pm
- Creative Writing, Dave Chapple, Writer-in-Residence
- FMC Art Trolley, Jake Holmes, Art Facilitator

Thursday:

- Art Therapy, Bindi Blacher, Art Therapist
- Music for Relaxation, Heather Frahn, Therapeutic Sound and Music Artist
- Mindfulness Meditation for FMC Staff in the Chapel, 12.30pm to 1pm, Heather Frahn

Friday:

- FMC Art Trolley, Cate Searson, Art Facilitator
- Music Therapy, Bec Watt, Registered Music Therapist

No experience is required for any Arts in Health at FMC activity.

All activities are FREE and are available in all areas of FMC acute care.

Patient referrals and further information:

Arts in Health at FMC, Level 2, Flinders Medical Centre

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