

# Resources and support for patients

The following organisations and resources provide counselling and support if you are concerned about your use of monitored drugs or that of a family member or friend:

- [Know your Options](#) has numerous resources for those experiencing problems with alcohol and drugs.
- [REACHFORTHEFACTS](#) is a community awareness campaign about prescription opioids and has numerous resources.
- [Alcohol and Drug Information Service \(ADIS\)](#) is a confidential telephone counselling service for the general public and concerned family and friends.
  - Phone: 1300 131 340 (any day between 8:30am -10pm)
- [Alcohol and Drug Foundation](#) provides information and advice to those with alcohol and drug problems.
  - Phone: 1300 858 584 (9am - 5pm AEST Monday to Friday)
- [DirectLine](#) is a telephone support and counselling service for those with alcohol and drug problems.
  - Phone: 1800 888 236 (24 hours/7days a week)
- [Family Drug Helpline](#) provides information and support to families and friends impacted by those with drug and alcohol use.
  - Phone: 1300 660 068 (24 hours/7 days a week)
- [Family Drug Support Australia](#) is a counselling and support service for family members of those affected by alcohol and drugs.
  - Phone: 1300 368 186 (24 hours/7 days a week)
- [Tame the Beast](#) contains numerous resources to help those with pain better understand their pain.
- [Pain Link Helpline](#) provides support to those living with pain and its impacts.
  - Phone: 1300 340 357
- [ScriptWise](#) is a non-profit organisation dedicated to preventing harms associated with prescription drug use.
- [Medicines Information Service](#) provides advice about medicines.
  - Phone: (08) 8161 7555 (9am – 5pm Monday to Friday)
- [NPS MedicineWise Medicines Line](#) provides information on prescription, over-the-counter and complementary medicines.
  - Phone 1300 633 424 (9am - 5pm AEST Monday to Friday)

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## For more information

**ScriptCheckSA**  
**Drugs of Dependence Unit (DDU)**  
PO Box 6, Rundle Mall  
Adelaide SA 5000  
[Health.RTPM@sa.gov.au](mailto:Health.RTPM@sa.gov.au)  
[www.sahealth.sa.gov.au/scriptchecksa](http://www.sahealth.sa.gov.au/scriptchecksa)

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