

Diabetes Type 1 and 2

- Newly diagnosed and pre-existing Type 2 diabetes in children and adults
- Newly diagnosed and pre-existing Type 1 diabetes in children and adults
- Pregnancy in pre-existing Type 1 or Type 2 diabetes
- Gestational Diabetes

Information Required for Referral

- Reason for referral
- Presence of Red Flags
- Associated symptoms / intercurrent illness
- Current medications
- Pathology results
- Medical , psychiatric and relevant psychosocial history
- Interpreter required

For insulin initiation

- Name and dose of insulin
- Time to be given and route
- Permission to titrate or return to GP to titrate

Investigations Required for Referral

- HbA1c (if available)
- Routine Biochemistry
- Diagnostic pathology (if newly diagnosed)

Refer to Diabetes Medical referral

*****presence of symptoms of red flags and elevated capillary blood glucose and ketones requires urgent review. Serum pathology not essential if this will delay the time to review*****

Fax to

Flinders Medical Centre	8204 8980	GP Plus Marion	7425 8248
Noarlunga Hospital (NH)	8384 9610	GP Plus Super Clinic Noarlunga	8164 9199

Red Flags

 Refer to Medical Diabetes

Suggested GP Management

Request for insulin commencement

- Provide script and definition of starting dose, agreement or otherwise for DNE's to adjust doses per SALHN guidelines and any required changes to oral or other therapies.

Clinical Resources

- Diabetes Management in General Practice: Guidelines for Type 2 Diabetes. Diabetes Australia
- National Evidence-Based Clinical Care Guidelines for Type 1 Diabetes for Children, Adolescents and Adults Australasian Paediatric Endocrine Group and Australian Diabetes Society 2011
- RACGP. General Practice Management of type 2 diabetes. 2020

General Information to assist with referrals and the and Referral templates are available to download from the SALHN outpatient services website www.sahealth.sa.gov.au/SALHNoutpatients and SAFKI Medicare Local website www.safkimi.com.au

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