Welcome to the Spring edition of the Nursing and Midwifery Office Newsletter!

This edition features information about the new advanced practice roles for nurses and the National Safety and Quality Health Service (NSQHS) Standard 5 - Comprehensive Care, an insightful reflection from Dylan Hogan on life as a rural graduate nurse as well as the opportunity to give feedback regarding midwifery prescribing.

Staff interested in professional development opportunities will also find an invite to the third annual Practice Development Symposium at the Queen Elizabeth Hospital, and information about an upcoming International Practice Development School being held in Sydney.

One of my greatest passions is recognising the true value of nurses and midwives. The difference you make every day simply with your human touch and the art and science of the care you provide to people and their loved ones, at a time when they may be at their most vulnerable, or experiencing great joy as a new life enters the world, is remarkable.

I encourage you to submit stories about your role, your team and the fantastic work that you are doing to make a difference to the health and wellbeing of South Australian by emailing Health.NursingandMidwifery@sa.gov.au. Our quarterly newsletter will showcase these achievements and celebrate the positive impact that nurses and midwives make across the state.

Jenny

COMPREHENSIVE CARE SEMINAR UPDATE

The Nursing and Midwifery Office (NMO) in the Department for Health and Wellbeing will be providing strategic support and direction to the Local Health Networks (LHNs) and Statewide Services (SWS) in the delivery of the new National Safety Quality Health Service (NSQHS) Standard 5 – Comprehensive Care.

Comprehensive Care, as described by the NSQHS, is the ‘coordinated delivery of the total health care required or requested by a patient’. It is a multidisciplinary, person-centred, evidence based approach aiming to deliver safe, high quality care that meets the needs of the consumer. Comprehensive care demonstrates best practice. It requires all clinicians to engage in thorough risk screening, collaborative care planning, goal setting and shared decision making with the consumer, family or nominated decision maker.

The first Comprehensive Care seminar was held on 14 June 2018 at the Royal Adelaide Hospital, and brought together leaders and clinicians from all disciplines, LHNs, SWSs and the private sector. The seminar provided important information regarding the standard, showcased innovative practice, celebrated excellence and challenged the way we think about delivering health care. Thank you to all participants who contributed their valuable time, energy and insight. The seminar provided a positive framework and direction as we move towards implementation of the Comprehensive Care Standard.

For more information on the Comprehensive Care Standard please visit the website: www.safetyandquality.gov.au
The NMO are working collaboratively with Central Adelaide Local Health Network (CALHN) and the Queen Elizabeth Hospital (QEH) on an exciting and innovative 12 month advanced nurse endoscopist model of care pilot project. The project involves training two nurses to an advanced practice level to perform low-risk, non-complex colonoscopies, under medical supervision.

The nurse endoscopist model of care demonstrates real benefits to patients. It provides a patient centred, continuity of care, timely endoscopy service for low-risk, non-complex colonoscopies. The nurse endoscopist (NE) sees patients at a pre-assessment clinic, performs the colonoscopy, provides patient education, reviews histopathology and follows-up any required patient care (see diagram on following page). NEs are active in the provision of ongoing staff education and have initiated several quality improvement processes.

The NE role has been established internationally since 1977 in the USA, UK, Canada, the Netherlands and China. In Australia, nurses have been performing colonoscopies since 2004 as either an advanced practice nurse (SA and VIC) or as a Nurse Practitioner (QLD).

The project’s training partner is the State Endoscopy Training Centre (SETC), Austin Health, Victoria and incorporates the UK’s University of Hull’s Graduate Certificate in Endoscopy Nursing. The evaluation partner is the University of Adelaide.

The NE role is an example of workforce innovation, where health professionals work to their full scope of practice in an environment which combines varying talents. The role reaches beyond the provision of a technical procedure and is intended to augment the current workforce, improve endoscopy services, and most importantly, improve patient outcomes.
SA Health values the contribution of midwives in improving the outcomes for women and their babies. In order to allow midwives holding the NMBA ‘Endorsement for scheduled medicines for midwives’ to work to their full scope of practice, and to ensure timely delivery of care, a process has been developed to enable prescribing by SA Health midwives.

To understand how SA Health midwives view public sector midwifery prescribing, the Nursing and Midwifery Office are undertaking a survey. The purpose of this survey is to gain an understanding about the potential uptake and use as well as seeking information from midwives as to their intentions regarding prescribing both now and into the future.

We value your opinion and invite you to provide feedback via the survey at https://www.surveymonkey.com/r/NYD8YZV, which will take less than five minutes to complete. For more information on midwifery prescribing in SA Health, visit the Nursing and Midwifery Office website.
Working rurally was not an option I had considered upon the completion of my degree; however after not receiving a Transition to Professional Practice Program at the end of 2017 I had to explore different options. When the opportunity to work fulltime at Booleroo Centre, located in the Southern Flinders Ranges as the only Registered Nurse (RN) on the ward came up I was anxious, yet excited to be finally working as an RN.

It's been amazing experience so far. Working within a small hospital with limited specialist services on hand really pushes me to the limits as a novice RN. The highlight has definitely been working with a group of knowledgeable and supportive people. From a clinical perspective my scope is so much larger because of our limited access to specialist staff – the rural nurse really is a jack of all trades.

The experience of leading a team, however small, is an invaluable opportunity and comes with a great deal of responsibility. I started off my career by tackling an advanced support course after just two weeks on the job. Regularly taking bloods, cannulation, chest pain protocol, catheterisation, complex wounds, eye examinations, palliative care and triaging are just some of my newly developed skills.

Initially I was incredibly jealous of my friends from university working in specialist areas on their first TPPP rotation, however, I am finding the increased level of responsibility and wider scope of practice is fantastic for my development and something many of my friends envy.

Coming from a sheltered suburban youth, the transition to living in the country was a daunting prospect, but was made easy by a supportive and friendly community which allowed me to maintain a healthy social life. Regular strings of two to three days off give me ample time to visit friends and family back in Adelaide.

It was also a real culture shock to see how close knit the community is here. I still find it weird recognising patients or their families down the street on a weekly basis, something unheard of in the city. But however weird it may be, it is certainly to the benefit of patients having a hospital with familiar and friendly staff so close by.

However difficult the job may be at times, I am incredibly lucky to have supportive staff alongside me. In particular, the enrolled nurses that understand I am still learning and offer valuable insight and feedback that helps me grow. Although the job can be stressful at times, help is never far away and I am encouraged to utilise it.

Five months into my graduate year I have grown exponentially. It is confronting looking back at how little I knew on my first day, and knowing how much I still have to learn going forward. For someone so new to the world of nursing, my job is incredibly challenging yet rewarding, an option I think more graduates should explore. Wherever I end up in my nursing career, I feel the rural experience here and the fantastic team at Booleroo Centre will make me well prepared.
Nominations for the 2019 South Australian Nursing and Midwifery Excellence Awards are now open.

The 2019 South Australian Nursing and Midwifery Awards recognise and acknowledge nurses and midwives that make a difference to their profession and their community.

These nurses and midwives demonstrate a passion for their profession, they go above and beyond and importantly they make a difference to their teams and the community through their practice, leadership and research endeavours. The nine Award categories offered cover all practice environments in which nurses and midwives work, and in 2019 include the introduction of the Consumer Appreciation Award.

The Awards are open to all nurses and midwives who are registered to practice with the Nursing and Midwifery Board of Australia, and are employed in South Australia at the time of nomination.

We encourage you to nominate a nurse, midwife, or team working in any specialty area or healthcare environment, e.g. public sector, private sector, primary healthcare, rural and remote, aged care, the tertiary sector or private practice, who you feel deserve to be recognised for their excellence.

To nominate, visit the South Australian Nursing and Midwifery Awards page, www.sahealth.sa.gov.au/nursingandmidwiferyawards; Nominations close Friday 16 November 2018.
The South Australian Practice Development Network

Would like to invite you to

SAVE THE DATE

for the 3rd annual Practice Development Symposium

Friday 19th October 2018

convened at
The Queen Elizabeth Hospital
Clinical Education Centre
Level 2, Lecture Theatre

8.00am - 4.30pm

Detailed program and registration form to follow

For further information contact:
Emilia Duggan
Administrative Assistant: Nursing and Midwifery Clinical Practice Development Unit, Women’s and Children’s Health Network
Email: emilia.duggan@sa.gov.au

Please note the Symposium is an all-day event.
FOSTERING A CULTURE OF EFFECTIVENESS THROUGH PRACTICE DEVELOPMENT

International Practice Development School

Sydney 8th – 12th October 2018

Mary MacKillop Conference Centre, Mount Street, North Sydney, NSW

Facilitators: Chris White, Simone Nast-Clarke and other experienced PD practitioners

This school is designed for health care professionals who are responsible for developing, implementing or researching practice development strategies. The course addresses the inter-relationship between practice development, effective healthcare practice, evaluation, context, culture, leadership and skilled facilitation. *Fostering a Culture of Effectiveness through Practice Development* will help you to develop your skills in facilitating, implementing and evaluating changes in practice at clinical, unit, department or organisational level.
**International Practice Development Schools** are hosted by organisations who are members of the International Practice Development Collaborative (IPDC). The program and resources are agreed by the members of the IPDC within a dynamic framework of constant evolution following experimentation and evaluation. Reflecting its collaborative and international nature, the IPDC School hosts currently include:

- Canterbury Christ Church University (UK)
- Fontys University of Applied Science (The Netherlands)
- Foundation of Nursing Studies (UK)
- Monash University (Australia)
- Queen Margaret University (UK)
- The Sydney Children’s Hospitals Network (Australia)
- The Tasmanian Health Service & University of Tasmania
- Ulster University (UK)
- University Hospitals Basel, Berne & Zurich (Switzerland)
- Wollongong University (Australia)
- Dalhousie University (Canada)

**Who should attend?**

The course will help you explore several aspects of practice development. These will include the concept of practice development, the process of initiating and sustaining practice development strategies within your organisation, its evaluation and the role of workplace culture and facilitation. It is particularly relevant to those who are responsible for developing or implementing practice development initiatives; strategic planning; and the facilitation of person-centred and evidence-based care. You may, for instance, have some experience of facilitating change or a remit that includes being responsible for developing practice, research and work-based learning at unit or corporate level. The course is suitable for people with different levels of experience in practice development and research but is of particular benefit to educators, clinical leaders, clinical nurse consultants, nurse practitioners, directorate managers/leaders and professional or practice development post-holders as well as allied health professionals.

**Course aims and learning outcomes:**

To provide an opportunity for you to focus, through active learning, on your own effectiveness in fostering a culture of learning that is patient and person-centred; exploring the evidence base to practice development in relation to your own learning; and, experiencing the process of effective teamwork in collaboratively preparing and presenting both an evaluation strategy and group learning in relation to practice development concepts and theory.

**Course design:**

This course is not a conventional didactic or research methods course but is based around interactive and creative means of utilising your own experiences of practice development.

The school encourages active participation through interactive workshops and an introduction to active learning as a process to enable the development of personal and professional effectiveness. All sessions build on a small amount of pre-course work which needs to be undertaken prior to commencement of the course.
**Course team:**
Course team members are drawn from IPDC organisations as well as leading health care professionals who have experience of practice development at operational, strategic and national levels. The facilitation team includes leading practice development facilitators with extensive experience in practice development at local, state, national and international levels.

**CHRIS WHITE**

I have worked in the Nursing Research & Practice Development Unit (NRPDU) at the Sydney Children’s Hospitals Network – Westmead for over seven years as PD Education Nurse Manager. I have published articles on the PD initiatives and manage and facilitated a number of PD Schools previously. My Network role includes running programmes for educators of nursing toward developing people into both successful educators and facilitators. I am also involved in a number of practice-based initiatives which use Practice Development principles.

**SIMONE NAST-CLARKE**

Simone Nast-Clarke: Registered Nurse, 25 years’ experience; clinical, education and Practice Development; currently Essentials of Care Program manager, Children's Hospital Westmead, PD School facilitator and member of IPDC. My current role encompasses supporting and enabling teams in their journey to celebrate successes and make changes to improve patient care as well as strengthen team culture. I am passionate about the development of facilitators and love the challenge to continue to develop and grow in my own practice.
The Course programme is focused on:

- developing a common vision of practice development and evidence-based health care through values clarification and visioning
- facilitation, reflection and active learning
- developing and understanding workplace culture
- evidence, effectiveness and evaluation
- group learning in relation to concepts of practice development

Participants are provided with an opportunity to:

- Clarify the concept of practice development: the values and evidence base underpinning its processes and outcomes
- Experience the use of practice development approaches such as values clarification and visioning to develop a common vision and direction
- Experience the mechanisms necessary to establish effective active learning groups/supervision groups
- Participate in the process of active learning as an approach for focusing on professional effectiveness as a practice developer
- Develop further skills and insight in the facilitation of others’ effectiveness and an effective helping relationship (critical companionship)
- Constantly reflect on their own learning in an environment of high support and high challenge
- Explore and critique the concepts of facilitation, context, culture, evidence and effectiveness
- Develop insight and skills in cultural change and leadership
- Experience the use of creative arts
- Develop and present an evaluation strategy for an organisational/unit practice development initiative
- Network extensively with other practice developers

Pre-course preparation

Pre-reading and a detailed course program will be emailed out in advance to all participants. Practice Development workbook will be provided at registration on Day 1.

Booking Terms and Conditions

1. Course fees - $1800 [inclusive of GST] (Fee includes course materials, morning and afternoon tea and lunch daily includes complimentary dinner Tuesday evening)

Places are not confirmed until payment is received. Requests for additional places will be wait-listed.

Networking dinner: The networking dinner on the second day (evening).

Cancellations

The course is intensive, designed for small numbers of participants in order to achieve maximum benefits. Full payment will be required if cancellations occur within one month of the start of the course date. Cancellations received prior to one month from the start of the course will be subject to an administration charge of 25% of the course fee. Substitution may be made by organisations up until 4:00 pm, Friday 21st September 2018 without incurring any penalty.

2. Liability

The Sydney Children’s Hospitals Network/venues will not accept liability for loss or damage to any personal effects which may arise as a result of attendance at this event. The SCHN reserves the right to amend the programme or speakers, should it be necessary due to circumstances beyond our control.

3. Parking & Accommodation

There is no parking at Mary McKillop Conference Centre – it is a 5-minute walk from North Sydney train station. Parking is available at commercial parking stations nearby. Accommodation may be available at Mary MacKillop Conference Centre and nearby hotels. Participants who require accommodation are advised to book for themselves.

Closing date for receipt of registrations: Friday 21st September 2018
As each organisation can book up to five (5) places we suggest that those wishing to attend discuss this with the relevant personnel in their organisation before registering.

Please reserve me a place for the IPDC School: 8th – 12th October 2018

Title & First Name: ___________________________ Surname: ______________________

Job title: ____________________________________________

LHN/LHD/Facility: _______________________________________

Telephone (daytime): __________________ Fax: __________________

E-mail address: ____________________________________________

COURSE FEES - $1800 per person [inclusive of GST] (Fee includes course materials, morning and afternoon tea and lunch daily plus complimentary dinner Tuesday evening)

Please list specific dietary requirements, if any: ____________________________________________

Please note there will be a 25% charge if booking is cancelled more than a calendar month to the date of the event. No refund will be given if booking is cancelled less than a calendar month to the date of the event. CLOSING DATE: Friday 21st September 2018

PAYMENT OPTIONS $1800 per person [inclusive of GST]

☐ CHEQUE enclosed, payable to The Sydney Children’s Hospitals Network

☐ CREDIT CARD

☐ Bankcard ☐ MasterCard ☐ Visa

Card Number ________________

Expiry Date ________________ Name on card: __________________________ Signature: __________________

☐ INVOICE TO:

Name __________________________ Position __________________________

Organisation ____________________________________________________________

Address ________________________________________________________________ Postcode: __________________________

Tel: __________________ Fax: __________________ Email: __________________________

Please complete attached Registration Form and forward names/fees of participants by Email

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For more information

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