Managing Chronic Pain

The Flinders Chronic Pain Management team works with you and your GP to improve your quality of life and better manage your pain.

Impacts of Chronic Pain
Chronic Pain can affect multiple areas of a person's life.
- Psychological, work and recreation
- Physical, emotional and social
- Reduced quality of life
- Loss of confidence and function
- Disability and suffering

Improve your quality of life
We work with you to better manage pain.
- Regain or maintain function to engage in meaningful activities
- Maintain good emotional and mental health
- Identify external service providers to support you
- Optimise medical management

Our team
You may see one or more of our health professionals at any one time to assess, treat and manage your chronic pain.
- Pain specialist
- Nurse
- Physiotherapist
- Psychologist
- Psychiatrist

To find out more about the Flinders Chronic Pain Management service visit www.sahealth.sa.gov.au/SALHN