



# **My Home Hospital**

## **SA Health**

**An Easy Read fact sheet**



## How to use this fact sheet



SA Health wrote this fact sheet.

When you see the word 'we', it means SA Health.



We wrote this fact sheet in an easy to read way.

We use pictures to explain some ideas.

**Bold**  
Not bold

We have written some words in **bold**.

This means the letters are thicker and darker.

We explain what these words mean.



This Easy Read fact sheet is a summary of another fact sheet.

This means it only includes the most important ideas.



You can find the other fact sheet on our website.

[www.myhomehospital.sa.gov.au](http://www.myhomehospital.sa.gov.au)



You can ask for help to read this fact sheet

A friend, family member or support person

may be able to help you.

## What is My Home Hospital?



My Home Hospital is a service that delivers health care:

- to you
- at your home.



My Home Hospital is a free service.



It is available:

- 24 hours a day
- 7 days a week.



We made My Home Hospital so you can get health care in your home that:

- is safe
- meets your needs.

## Who will you get support from?

If you take part in My Home Hospital, you will get care from:



- doctors and nurses



- other health professionals.

You might also get:



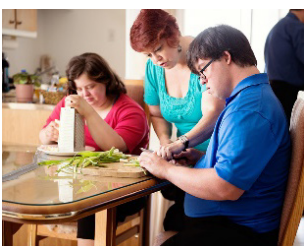
- scans, like x-rays



- blood tests



- medicine



- other support services, like someone to help you make meals.

## Can you take part in My Home Hospital?



You must give your **consent** to take part in My Home Hospital.

When you give consent, you say it is ok for someone to do something.



You must have a document that says you can take part in My Hospital Home.

This document can be from:



- your doctor or nurse



- other health professional



- SA Ambulance Service (SAAS)



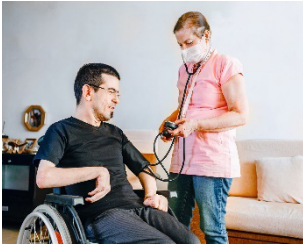
- a hospital.



You can take part in My Home Hospital if you:



- need care from a hospital for your health



- must get that same care at home.

You can take part in My Home Hospital if you:



- live in or near Adelaide

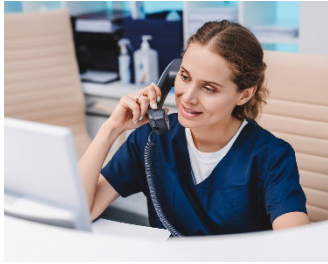


- have a mobile phone or landline



- have a safe home for you and your health care team.

## How does My Home Hospital work?



If you can take part in My Home Hospital, someone from My Home Hospital will contact you.



We call this person the Care Coordinator.

The Care Coordinator will answer any questions:



- you have
- people who care for you have.



The Care Coordinator might talk to the person who gave you the document that says you can take part.

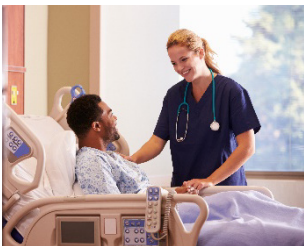
Within 30 minutes of getting the document,  
My Home Hospital will:



- decide if you can take part



- set up your first visit.



Or they might work out other ways for you  
to get care at a different place, like a hospital.



## Why should you choose My Home Hospital?



There are lots of good reasons why you should choose My Home Hospital.



You will get care in your own home instead of a hospital.  
Most people feel more comfortable at home.

You will also have more time to spend with your:



- family and friends



- pets.



Your family and friends can visit you whenever you want.



When you are a My Home Hospital patient, you can keep getting support from other services.



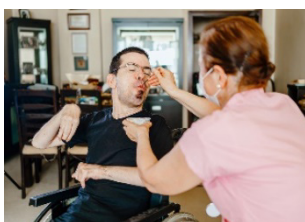
This includes the **National Disability Insurance Scheme (NDIS)**.

The NDIS supports people with disability in Australia.

You will be able to:



- sleep in your own bed



- eat the food you like.



My Home Hospital is a South Australian hospital and will give you the same:

- care
- safety.

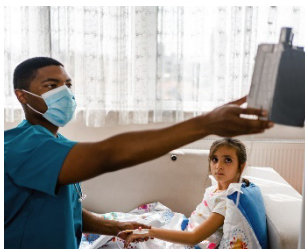
# What happens once I take part in My Hospital Home?

## Admitting you to My Home Hospital

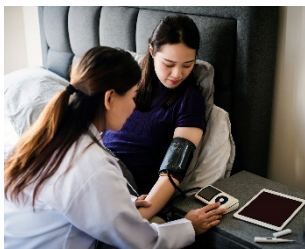


When a doctor or nurse **admits** you to hospital, they decide that you will:

- go to hospital
- get the health care you need.



We will admit you to My Home Hospital.



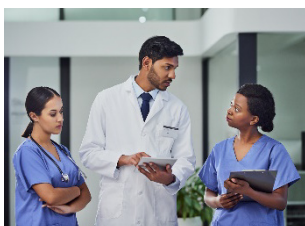
A My Home Hospital doctor will look after your care.

## Making a care plan

The My Home Hospital doctors and nurses will make a plan with:



- you



- your health care team.

This plan will talk about:



- what care you need

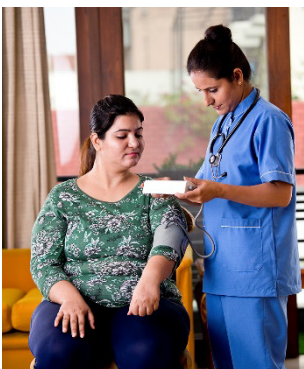


- what medicine you need



- how you will get that care.

## First home visit



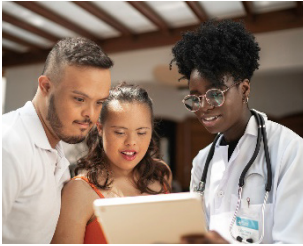
A nurse will:

- visit your home
- give you the care you need.

The nurse will



- set up ways to record your health



- show you or your family how to use them.

## Getting treatment



My Home Hospital health care workers will visit your home each day.



They will give you the care you need.



A Care Coordinator will tell you when My Home Hospital health care workers will visit you.

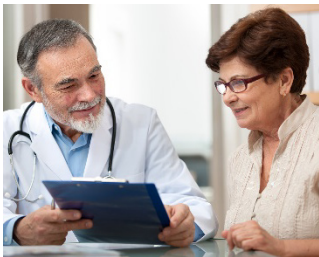


## Ending your care with My Home Hospital

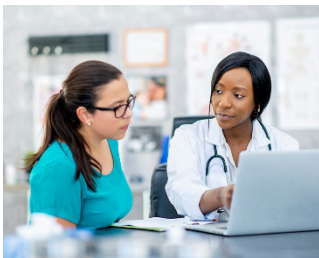
When you start getting better, your doctor will talk to you about:



- the end of your care with My Home Hospital



- what will happen next.



A Care Coordinator will work with your doctor so you can start getting care from the health care team you usually see.

## More information

For more information about My Home Hospital, you can:



- visit the My Home Hospital website  
[myhomehospital.sa.gov.au](http://myhomehospital.sa.gov.au)



- call us.  
**1800 111 644**



If you are a My Home Hospital patient,  
you can call the My Home Hospital urgent help line.

**1800 000 644**



If you're in an emergency, call Triple Zero.

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