



October 2020

Mental Health and Suicide
Prevention Research Group

UniSA Clinical and Health
Sciences

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Research partnership with BPD Co and UniSA

The BPD Collaborative (BPD Co) is a state-wide service in SA which works collaboratively with stakeholders to develop an evidence-based, sustainable, and recovery-focused service. It is important to understand what factors are effective in the referral, management, and care planning for consumers with borderline personality disorder (BPD).

PhD Candidate Ms Kristy Acres from the University of South Australia will be working with the BPD Co in a collaborative way to understand the effectiveness of the Gold Card SA intervention as an early intervention strategy.

What is the aim of the research?

The aim of this study is to evaluate the effectiveness of the Gold Card SA intervention as implemented in South Australia. This approach aims to address the significant gap in access to support, interventions, and services for people with BPD in emergency and community settings.

By working collaboratively with consumers, carers and clinicians a shared voice can be gained on how to effectively implement strategies to reduce the level of distress and harm a consumer may be experiencing.

What am I being asked to do?

You do not need to do anything for this study. The research team will audit data which is not identifiable to generate statistics from before and after the brief intervention. This will assist us to understand if there have been any changes in levels of distress and risk factors for suicide over the course of the intervention. Your privacy is maintained by SA health. The UniSA researchers will not have access to any personal information.

In addition, data will be used to map a chain of care pathway, to provide insight into service pathways.

What are the merits of this study?

This research is deeply personal to many people; the aim of this study is to gain a shared understanding of Gold Card SA. This research will provide important information about Gold Card SA and will help to inform service delivery.

How can I find out more?

If you would like to know more about this study, please contact Ms Kristy Acres, PhD Candidate at kristy.acres@mymail.unisa.edu.au.

This project has been reviewed by Central Adelaide Local Health Network Human Research Ethics Committee (CALHN HREC). SA Health's Research Ethics Committee. CALHN HREC reference number 13228.

Kind Regards,

The research Team.

Professor Nicholas Procter, Ms Kristy Acres, Dr Monika Ferguson, Dr Mark Loughhead and Dr Paul Cammell.