Government of South Australia SA Health

CALHN Memory Service

Central administration for CALHN Memory Service:

TQEH Campus

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Target Population

Referral Criteria includes patients with:

- 1. Progressive decline in cognition due to suspected neurodegenerative disorder rather than physical or psychiatric illness over a period of at least 6 months or more
- 2. Dementia where confirmation of the sub-type and/or specialist input is required
- 3. Consideration of standard dementia therapy
- 4. Consideration of referral to the CALHN Memory Trials Centre
- 5. Down syndrome and recent cognitive decline over a period of 6 months or more
- 6. Prodromal symptoms of memory impairment and/or mild cognitive impairment
- 7. Rapidly declining cognitive function requiring specialist input
- 8. Genetically confirmed or strong family history of early-onset dementia (i.e. < 65 years old) requesting specialist assessment

Conditions which are NOT assessed within the CALHN Memory Service include:

- 1. The following should be referred to either the TQEH or RAH Geriatric Medicine department for triage and action:
 - a) Patients with presenting symptoms in keeping with a recently resolving delirium;
 - b) Patients who are frail and older with complex medical comorbidities
 - c) Patients who reside in high level residential aged care facilities
- 2. Testamentary capacity consider referral to a Private Neuropsychology Services
- 3. Patients with presenting symptoms in keeping with a primary psychiatric state should be referred to Older Persons Mental Health Service or Adult Mental Health Service.
- 4. Patients requiring only assessment of driving capability:
 - a) Refer to a private Occupational Therapist (OT)
 - b) Central Adelaide Rehabilitation Service (CARS) has limited capacity, recommend consultation with the service
 - SALHN Driving Fitness Assessment Clinic at Flinders Medical Centre accepts statewide referrals
 - d) NALHN Driving Assessment clinic (DARC) includes OT, via Day Rehabilitation Service
- 5. Patients with traumatic brain injury referral to Brain Injury Rehabilitation services may be appropriate.
- 6. Patient seeking neuropsychological assessment *only* referral to CALHN Neuropsychology or Private Neuropsychology Services.