



Select	Estrogen dose	Progestogen dose	Brand name
	ethinylestradiol 30mcg	levonorgestrel 150	Eleanor 150/30 ED, Evelyn 150/30 ED, Femme-Tab ED 30/150, Lenest 30 ED, Levlen ED, Microgynon 30 ED, Micronelle 30 ED, Monofeme, Nordette, Seasonique
	ethinylestradiol 35	cyproterone 2000	Brenda-35 ED, Chelsea-35 ED, Diane-35 ED, Estelle-35 ED, Jene-35 ED, Juliet-35 ED, Laila-35 ED
	ethinylestradiol 35	norethisterone 500	Norimin
	ethinylestradiol 35	norethisterone 1000	Brevinor-1, Norimin-1
	phase 1 (6 pills): ethinylestradiol 30 + levonorgestrel 50 phase 2 (5 pills): ethinylestradiol 40 + levonorgestrel 75 phase 3 (10 pills): ethinylestradiol 30 + levonorgestrel 125		Logynon ED, Trifeme, Triphasil, Triquilar ED
	phase 1 (2 pills): estradiol valerate 3000 alone phase 2 (5 pills): estradiol valerate 2000 + dienogest 2000 phase 3 (17 pills): estradiol valerate 2000 + dienogest 3000 phase 4 (2 pills): estradiol valerate 1000 alone		Qlaira
	-	norethisterone 350 mcg	Noriday
	-	levonorgestrel 30 mcg	Microlut
	-	drospirenone 4 mg	Slinda

### Clinical Measurements

Document blood pressure and Body Mass Index to determine suitability for continuing OCP

Systolic BP mmHG		Systolic BP mmHG	
Diastolic BP mmHG		Diastolic BP mmHG	
Height (m)		Average BP	/
Weight (kg)		BMI	

If patient is hypertensive and/or has a BMI > 35, refer patient to a GP in the treatment section below.

### Treatment

The patient was re-supplied with the treatment selected above. Supply quantity:

The patient was referred. Referral reasons:

The patient consented to letter being written to share details of the consultation with the patient's GP.

Patient provided with a copy of the service summary

The patient consented to the pharmacist accessing and reporting to the My Health Record (if required)

### Non-pharmacological & women's health advice

CMI provided

Discussed with patient contraceptive options available and encouraged them to speak to their medical practitioner regarding alternative options

Medication counselling supplied

Contraception self-care, breast awareness and cervical screening test fact cards  
Importance of regular women's health checks discussed

### Additional notes e.g. treatment notes and/or advice if the patient was not referred