Emergency Departments are for emergencies

If it’s not an emergency, visit sahealth.sa.gov.au to find out about other care options.

- Heart attack, stroke, major burns: Call triple zero (000)
- Gastro, flu, toothache: See GP or Dentist
- Minor cuts, grazes: Visit Pharmacy
- Cold, runny nose: Self care

In an emergency, call triple zero (000) for an ambulance. In a mental health emergency, call the mental health triage service on 13 14 65.
Babies, children and the elderly

Some conditions that are not life-threatening for an adult can be more serious for babies, children and the elderly. If you are unsure or concerned, phone or visit a GP or go to the Emergency Department.

More information

Visit sahealth.sa.gov.au to find a local Emergency Department, General Practitioner (GP), dentist or pharmacy, including bulk bill and opening hours information.

In an emergency, call triple zero (000) for an ambulance.

In a mental health emergency, call the mental health triage service on 13 14 65.

This information is a guide only and is not intended to be individual medical advice and should not be considered medical advice, nor is it intended to replace consultation with a qualified doctor or other health care professional.

If symptoms don’t improve, or get worse, phone or visit a GP or pharmacy. In an emergency, always call triple zero (000) for an ambulance.