CLOZAPINE CARE CARD

Clozapine is a highly specialised medication that needs close monitoring weekly or every 4 weeks

See your doctor if you have:
- chest pain, fast heart rate, shortness of breath
- sore throat, fever, infections, constipation

Talk to your doctor if:
- it has been more than 2 days since the last dose
  - **DO NOT** start taking clozapine without advice
- **changing smoking** as it affects the clozapine levels
- you start or stop other medications

Dose changes
Discuss with your psychiatrist at the 6 monthly checkup or sooner if needed

It is best to avoid illicit substances as even intermittent use may decrease control of symptoms and cause other problems

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My Clozaril® Number (CPN) is: .....

Clinic Number:

CBE blood test must be done within 48 hours of **each GP/clinic visit** to check your blood pressure, weight, waist, temperature and pulse

At least every 6 months	**Every 12 months**
• Blood Tests • Clozapine level • Fasting bloods – Blood Sugar (diabetes check) - Cholesterol - Liver Function Test • Psychiatry specialist medication review appointment	Check heart health: • Electrocardiogram (ECG) • Echocardiogram (ECHO) • Blood test - Troponin - hs-CRP

Your doctor and pharmacist must be clozapine registered SA Health FIS: 20079.5

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