CLOZAPINE CARE CARD

Clozapine is a highly specialised medication that needs close monitoring weekly or every 4 weeks

See your doctor if you have:

- chest pain, fast heart rate, shortness of breath sore throat, fever, infections, constipation
- Talk to your doctor if:
- it has been more than 2 days since the last dose
- DO NOT start taking clozapine without advice
- · changing smoking as it affects the clozapine levels
- you start or stop other medications

Dose changes

Discuss with your psychiatrist at the 6 monthly checkup or sooner if needed

It is best to avoid illicit substances as even intermittent use may decrease control of symptoms and cause other problems

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Clinic Number: CBE blood test must be done within 48 hours of each GP/clinic visit to check your blood pressure, weight, waist, temperature and pulse		Clinic Number: CBE blood test must be done within 48 hours of each GP/clinic visit	
to check your blood pressure, weight At least every 6 months • Blood Tests • Clozapine level • Fasting bloods – Blood Sugar (diabetes check) • Cholesterol - Liver Function Test • Psychiatry specialist medication review appointment	 waist, temperature and pulse Every 12 months Check heart health: Electrocardiogram (ECG) Echocardiogram (ECHO) Blood test - Troponin hs-CRP 	to check your blood pressure, weight At least every 6 months • Blood Tests • Clozapine level • Fasting bloods – Blood Sugar (diabetes check) • Cholesterol • Liver Function Test • Psychiatry specialist medication review appointment	t, waist, temperature and pulse Every 12 months Check heart health: • Electrocardiogram (ECG) • Echocardiogram (ECHO) • Blood test - Troponin - hs-CRP
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· My Clozaril® Number (CPN) is:		My Clozaril® Number (CPN) is:	
Clinic Number: CBE blood test must be done within 4	9 hours of each CD/slinia visit	Clinic Number: CBE blood test must be done within	19 hours of each CD/alinia visit
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