



Issue 6 – 14 June 2022

Southern GP matters

Dear GP Practice Teams

Thank you for the ongoing care you provide to our Southern community and thank you to the Practice Managers for distributing these newsletters to your GPs, nurses and admin staff! [Please don't hesitate to be in touch and let us know](#) how we can support you further.

Dr Mai and Emma.

Current initiatives

New email for GP Liaison in FMC Medical Records

The GP Liaison Officers in FMC Medical Records can now be contacted by email for clinical information requests, eg discharge summaries and outpatient clinic letters. If a request for information is received by unsecure unencrypted email, it will be assumed that the practice has received consent from the patient to do so. Clinical information will be returned to you by fax or ShareFile. The usual time for processing is 24-48h for routine requests (unless documentation needs to be retrieved offsite). This information has been updated on the ["Contact us page"](#) of the GPIU website – www.sahealth.sa.gov.au/salhnngp

- Email: healthfmcmedicalrecordsgpliaison@sa.gov.au
- Phone: (08) 8204 6040
- Fax: (08) 8204 3964

Discharge summaries quality improvement - GP survey and feedback

As mentioned in our last newsletter, a SALHN working group is collaborating with the GPIU to investigate GPs' perspectives of discharge summaries. A short 5-minute electronic survey is now available [here](#). The findings from this work will contribute to optimising the way that discharge summaries are prepared at SALHN. The survey will close Friday, 24 June 2022.

If you would prefer to provide feedback by interview or during an online session, please contact the GP Integration Unit and we will link you with the project team.

Clinical Prioritisation Criteria (CPC) Consultation

The SA Health Outpatient (OP) Redesign Workstream continue to work on the development of South Australian CPC to support a statewide redesign of our specialist outpatient services. The CPC are clinical decision-making support tools that assist in ensuring patients referred to public specialist OP services in South Australia are seen in order of clinical urgency and accepted based on standardised statewide referral criteria.

The first phase of CPC development is now complete for the following clinical specialist services and will be released shortly:

- Orthopaedics
- Gastroenterology
- Neurology
- Vascular
- Ear, Nose and Throat (ENT)
- Cardiology

Phase 2 development of adult and paediatric CPC will begin for the following clinical specialities in June 2022, aiming for CPC development over the next twelve months, in two 6-month periods:

- Endocrinology
- Ophthalmology
- Hepatobiliary
- Urology
- Neurosurgery
- Plastics, Reconstructive and Craniofacial surgery
- General Surgery
- Paediatric Genetics
- Burns
- Rheumatology
- Respiratory and Sleep Disorders
- Paediatric ENT

Clinical Pathway Groups (CPGs) will be established for each adult and paediatric speciality areas, with representation from relevant clinical groups, including medicine, nursing and allied health. The CPGs will review and agree upon minimal referral criteria, diagnostics and clinical urgent categories for each clinical condition.

For more information go to the [OP Redesign Project | Clinical Prioritisation Criteria](#) website or email health.cpc@sa.gov.au.

Urgent and after-hours care

Contact the SALHN Out of Hospital nurses for assistance with non-ED urgent and after hours care options

GPs, GP nurses and GP staff are now able to contact the SALHN “Out Of Hospital” Nurses (OOH), if they would like assistance in navigating the various [Urgent and Acute care services that are now available](#) (eg Priority Care Centre and My Home Hospital). The OOH nurses can be contacted on 0467 798 312, 7 days a week, 8am-4pm (hours may vary depending on staff availability).

We hope this helps you identify appropriate options for your patients. For more information please see the recent [SALHN Acute Care Update](#).

These alternative pathways to ED are an efficient one-stop point of care for referred patients and pathways are also in place should patients need on-referral to ED.

Some typical patient encounters include:

- atypical chest pain requiring troponin testing
- skin lacerations that need fixing now, but requires more time than you have available
- fractures requiring imaging, possible pulling, and immobilisation casting, splinting or bracing
- eye foreign bodies, that requires additional resources (eg a slit lamp) to manage

- a skin abscess that needs incising, draining, packing and follow up
- closed head injuries requiring a CT Brain to exclude intracranial haemorrhage
- non-peritonitic abdominal pain requiring urgent imaging and bloods.

(Please note that each patient is assessed individually, and some patients may be considered inappropriate due to their individual circumstance).

MyHomeHospital

A reminder that [My Home Hospital \(MyHH\)](#) now accepts phone referrals for acute inpatient care that can be safely and appropriately delivered in a person's home. GP feedback has been positive about the new process: "As a referring GP, it is great how the MyHH referral process is personalised and enables you to discuss the patient's suitability for the service directly with the MyHH doctor." To make a referral, please call 1800 111 644, 24/7.

The service is available at no cost to eligible patients across metropolitan Adelaide, Gawler and Mount Barker regions and their surrounds (Mt Barker area map and postcodes available [here](#)). MyHH also accepts referrals for incidentally COVID-positive patients requiring hospital-level care.

Outpatient update

Updates to the SALHN Outpatient clinic list and other outpatient resources – available on the [‘Outpatient’ section of the GPIU website](#)

- Update to [the SALHN Outpatient clinic list](#):
 - New 'Paediatric dietetic service at Health2Go', in 'Paediatric clinic' section (please see below)
- The quarterly Specialist Outpatient Waiting time report for December 2021 is [available](#). The report details metropolitan specialist outpatient waiting times for Routine (category 2) and Non-urgent (category 3) patients who have not been given an appointment date at the census date (i.e. are unscheduled).

New Paediatric dietetic service at Health2Go

A new paediatric dietetic service for patients aged 0-16 years old has commenced at [Health2Go](#). This service is a collaboration between Flinders University, SAHLN Dietetics and Health2Go and has been established to complement the paediatric dietetic services currently provided within SAHLN. Paediatric patients who do not meet the SALHN Dietetics referral criteria, [SALHN dietetics referral guidelines](#), can be directly referred or self-refer to this new clinic, staffed by Flinders University dietetics students under supervision. Typical referral reasons for referral may include:

- Introduction of solids,
- Fussy eating,
- Constipation
- Lactose, fructose or sucrose intolerance
- Type 2 Diabetes
- Hyperlipidaemia
- Hypertension
- Irritable bowel syndrome
- General nutrition advice (e.g. vegetarian diet).

Please note there is a co-payment required (\$40 new assessment, \$20 review). Referrals can be made via Fax: (08) 7221 8729 or email: health2Go@flinders.edu.au. For more information, please refer to the [Health2Go Paediatrics dietetics webpage](#).

The [SALHN dietetics referral guidelines](#) will be updated shortly to provide the information above.

Inpatient update

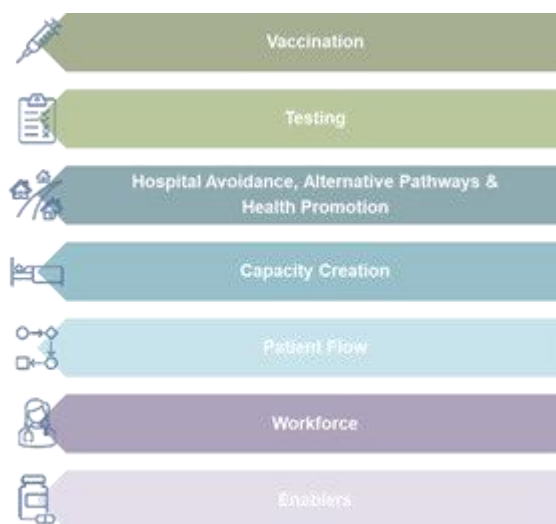
Winter preparedness

SALHN have been working hard to develop the COVID-19 Health System Response (inclusive of Winter Planning) 2022. This includes planning for any potential COVID-19 surges as well as strategies for managing Winter Demand for 2022.

By undertaking this planning, SALHN aims to create health system capacity while ensuring the continued delivery of safe and effective care to the southern community.

The strategies outlined in the plan focus on key areas to create bed capacity, Emergency Department (ED) and hospital avoidance, improving flow, and additional key enablers.

A full list of focus areas are outlined below and are inclusive of prevention, detection, and treatment.



Further details will be distributed through the GPIU as work progresses and you are encouraged to provide your feedback to ensure the plans success.

We thank you in advance for your assistance as we work together to provide high quality care to patients.

Secure Message Delivery (SMD) activation for ED and Inpatient Discharge summaries is not automatic - please contact the SMD Team!

SMD has attracted positive feedback from GP practices and specialist sites who are receiving electronic Emergency Department and inpatient discharge summaries directly into their practice software, saving them time and improving continuity of care for our patients. Some of the GP practice feedback includes:

- *“We are so glad to have the SMD. Our requests for discharge summaries have reduced by approx. 90%.”*
- *“We are getting more discharge summaries coming through electronically, which is great!”*
- *“It is wonderful how we get these discharge summaries now!”*

To activate your practice with SA Health, update your details in the Health Provider Registry to match the HealthLink information for your practice. Once these details are updated, email Health.SecureMessageDeliverySupport@sa.gov.au to request an Address Confirmation Form to complete and return to SA Health if eligible. Once returned, SA Health will activate secure messaging for your practice.

To learn more about SA Health's SMD rollout and how to become eligible for activation, visit the [SA Health website](#). Please note that some document types will still be delivered by fax, ShareFile or post until further IT developments are completed across all document

types. SA Health is also working on the ability to receive electronic referrals from GPs however this is not available at this point in time.

Education activities / events

SAPMEA events

- > **MSK Hip and Knee Injury workshop**
Saturday, 18 June 2022 (8.30am-2.30pm)
Facilitated by: Dr Roberto D'Onise, Occupational Physician, Pat Hosking, Psychologist, and Kathryn Meade, Physiotherapist.
CPD: RACGP Cat 1 40 points (pending accreditation)
Register at [SAPMEA education](#).
- > **Weight Loss in Primary Care webinar**
Tuesday, 7 June (7-8.30pm)
Presented by: Dr Georgia Rigas, Obesity Doctor from St George Private Hospital, NSW, and Founding Chair of the RACGP Obesity Management Network.
Register at [SAPMEA education](#).
- > **Cardiovascular Risk Assessment webinar**
Monday, 25 July (7-8.30pm)
Presented by: Dr Adam Nelson, Cardiologist from Monash Health Vic, and Dr Ralph Audehm, GP at Carlton Family Medical Practice, Victoria.
Register at [SAPMEA education](#).
- > **Chronic Pain ECHO Program**
10-part program commencing 18 July for fortnightly sessions (6.30-7.45pm)
Share and learn evidence-based, best-practice pain management with our expert panellists.
For information, including registration details, please visit [SAPMEA's website](#).
- > **COPD ECHO Program**
6-part program commencing 7 July for monthly sessions (6.30-7.30pm)
This will be a country-specific program which will be open to rural and regional practitioners, with a focus on the translation and implementation of the COPD-X Guidelines in the rural/regional setting.
For information, including registration details, please visit [SAPMEA's website](#).

AMPHeat events

- > **Urgent Care: Skills Workshop Medical Emergencies** - 14th June, Mawson Lakes Hotel and Function Centre – Link [here](#)
- > **Opioid Deprescribing and Alternative Pain Management** - 15th June, Venue@313, Royston Park - Link [here](#)
- > **Practice Manager Workshop, Building a Mentally Healthy Workplace for your Practice During the COVID era** - 21st June, Hybrid event: Venue@313, Royston Park or Online via Zoom - Link [here](#)
- > **Aged Care: End of Life** - 23rd June, The Village Tavern, Golden Grove – Link [here](#)
- > **What you Need to Know about Oral Health** - 30th June, Hybrid event: Glenelg Pier Hotel or Online via Zoom – Link [here](#)
- > **ALS and BLS sessions** – Multiple sessions, Venue@313, Royston Park - Link [here](#)

SALHN Grand Rounds

Please watch the live stream using your Chrome browser (not Internet Explorer).

- > 21 April: **'Practice-Based Evidence'**, Presented by: Professor Danny Liew, Dean of Medicine & Head of School, Adelaide Medical School, Adelaide University, Consultant Medical Officer in General Medicine, The Royal Adelaide Hospital – Link [here](#)
- > 28 April: **'The Changing Face & Language of Type 1 Diabetes'**, Presented by: The Endocrine & Diabetes Service, SALHN – Link [here](#)
- > 5 May: **'Through the Looking Glass: Reflections on the evolution of neonatal intensive care and some thoughts about the future'**, Presented by: Assoc. Professor Peter Marshall, Neonatal Unit, Flinders Medical Centre – Link [here](#)
- > 12 May: **'Vision for Health Services in Southern Adelaide and South Australia'**, Presented by: The Hon Christopher Picton MP, Minister for Health and Wellbeing, Member of Executive Council – Link [here](#)
- > 19 May: **'Targeting colorectal cancer in 2022 - Emerging mutations, novel drugs and new challenges'**, Presented by: Assoc Prof Amitesh Roy, Oncology Consultant, Cancer Services, SALHN, Assoc Prof Medicine, Flinders University; Case studies presented by: Dr Tina Lin, Oncology Advanced Trainee, FMC – Link [here](#)
- > 26 May: **'Advanced Studies Students' Research presentations'**, Presented by: Advanced Studies Students, Flinders University – Link [here](#)

Please contact us at Health.GPIntegrationUnit@sa.gov.au to be added/removed to our mailing list or with any other enquiries. We welcome your feedback.

I acknowledge the Kurna people are the traditional custodians of the Adelaide Plains and pay respects to Elders past, present and future. I recognise and respect their cultural heritage, beliefs and relationship with the land. I acknowledge that they are of continuing importance to the Kurna people living today

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