Nephrology

A Tertiary referral service for Renal Medicine encompassing Outpatient Clinics, Inpatient Care, Satellite Dialysis and Home Dialysis therapy.

Sites
- Flinders Medical Centre
- Noarlunga General Hospital
- Repatriation General Hospital
- South Coast District Hospital
- Port Lincoln Hospital

Nephrology GP Referral Guideline

Services provided for following conditions
- Post Acute Kidney Injury
- Chronic Kidney Disease
- Hypertension
- Glomerulonephritis
- Renal Disease in Pregnancy
- End Stage Kidney Disease
  - Haemodialysis, Peritoneal Dialysis, Transplantation, Renal Supportive Care (Conservative Care), Vascular Access

Services not provided
- Renal Tumour
- Urinary Tract Obstruction
- Paediatric Nephrology (refer to Paediatrics if less than 18 years of age)

Renal emergencies should not be referred to outpatient clinic

For Admission or URGENT advice page the on-call FMC Renal Registrar or present to the Emergency Department

Renal Registrar Flinders Medical Centre (FMC) Ph: 8204 5511

Examples include (non exhaustive list)
- Acute kidney injury requiring admission
- Hyperkalaemia
- Rapidly progressive Glomerulonephritis (Vasculitis, Lupus Nephritis, Anti-GBM Disease)
- Malignant Hypertension
- eGFR <15mls/min
- Nephrotic Syndrome
- eGFR 15–29 mls/min
- Declining eGFR (>10mls/min over 3 months)
- Hypertension uncontrolled
- Anaemia of Renal Disease
- Nephrotic Syndrome > 3.5 grams proteinuria
- eGFR 30–45 ml/min
- Proteinuria < 3.5 grams with a stable eGFR
- Haematuria with a stable eGFR
- eGFR 45-60 mls/min
- Haematuria with stable eGFR
- Proteinuria < 1gm with stable eGFR
- Diabetic Nephropathy with stable eGFR

Triage Criteria for Referral

*These are broad indicators. The triaging clinician’s professional judgement based on information on referral may amend category at the time.

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<thead>
<tr>
<th>Category 1</th>
<th>Category 2</th>
<th>Category 3</th>
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<tbody>
<tr>
<td>Target &lt; 4 weeks</td>
<td>Target &lt; 2 months</td>
<td>Target &lt; 9 months</td>
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<tr>
<td>Current &lt; 6 weeks</td>
<td>Current &lt; 3 months</td>
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<td>Declining eGFR (&gt;10mls/min over 3 months)</td>
<td>Proteinuria &lt; 3.5 grams with a stable eGFR</td>
<td>Haematuria with stable eGFR</td>
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<td>Hypertension uncontrolled</td>
<td>Haematuria with a stable eGFR</td>
<td>Proteinuria &lt; 1gm with stable eGFR</td>
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General Information to assist with referrals and the and Referral templates for FMC and RGH are available to download from the SALHN Outpatient Services website www.sahealth.sa.gov.au/SALHNoutpatients