OUTPATIENT GP REFERRAL GUIDELINES
RESPIRATORY and SLEEP SERVICES
Southern Adelaide Local Health Network (SALHN)

### Pulmonary Embolus
- Acute symptoms and suspected and newly diagnosed Pulmonary Embolism – Refer directly to Emergency Department at Flinders Medical Centre (FMC).
- Pulmonary Embolism – on treatment warrants review with respiratory physician at 6 months in the outpatient clinics.
- Bleeding complications on treatment (anticoagulation) refer to Emergency Department at FMC

### Information Required
- Details of diagnosis – including imaging location.
- Duration of symptoms
- Past medical history – bleeding diathesis, or history of antiplatelet and anticoagulant use.
- Current medications
- Contraindication to anticoagulation (if any)
- History of falls and any potential issues with compliance of medication.

### Investigations Required
- Relevant pathology and imaging reports
- Recent blood tests.
- Coagulation tests – including FBE, and INR.
- Renal & Liver function

### Fax Referrals to
- FMC Outpatient Clinic   Fax: (08) 8204 6105 (Clinic B)
- Noarlunga GP Plus       Fax: (08) 8384 9711

### Red Flags – Requiring urgent review
**Prompting consideration of other diagnosis, particularly malignancy**
- Acute shortness of breath
- Pleuritic chest pain
- History of PE
- In the setting of recent immobilisation (surgery / long distance travel)
- History of DVT / Malignancy

### Suggested GP Management
- Refer appropriately.
- Test of choice – if Chest radiograph is normal – V/Q scan. If Chest radiograph is abnormal – CTPA, (check renal functions prior), presuming no iodine or contrast allergy

### Clinical Resources