



ROLL UP TO PROTECT YOURSELF AND YOUR LOVED ONES

Vaccination is the best way
to protect yourself and the
ones you love from COVID-19.
Roll up when it's your turn
to get vaccinated.

Book now



COVIDVACCINE
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Government of South Australia
SA Health

South Australians have done a great job helping stop the spread of COVID-19. Now that effective vaccines are available, we can all play our part in protecting ourselves, our loved ones and SA.

Our aim is to give every South Australian aged 16 years and over the opportunity to be vaccinated against COVID-19 in 2021.

To find out when it's your turn to roll up, visit covidvaccine.sa.gov.au.

Why should I get vaccinated?

COVID-19 is a very serious disease. It can cause ongoing health problems and can be deadly, even in people who were young and healthy before contracting the disease.

Vaccination is the best way to protect yourself and your family against COVID-19.

How do I know the vaccines are safe?

The vaccines have been through rigorous clinical trials where they were tested on tens of thousands of people. Now, hundreds of millions of people across the world have received a COVID-19 vaccine.

The TGA approves all vaccines, prescription medicines and medical devices used in Australia. This means the COVID-19 vaccines have been thoroughly assessed and found to be as safe as any other vaccine or medicine you take.

The Australian Government monitors the safety and efficacy of all vaccines very closely, and has already made changes to the COVID-19 vaccine rollout to keep Australians safe.



Can the vaccines give me COVID-19?

No, the vaccines do not use the live or whole virus that causes COVID-19, so there's no way you can catch COVID-19 from the vaccine.

What are the side effects?

Most vaccines cause a reaction in our bodies, which is actually a really good thing because it shows us that our immune system is kicking into gear.

The side effects of the COVID-19 vaccines are similar to the flu vaccine, and can include:

- pain and swelling at the injection site
- tiredness
- headache
- muscle and joint pain
- chills
- fever.

As with any medication, in very rare cases people can experience more serious side effects. If you experience side effects after you've had the vaccine and you're worried about them, you should speak to your doctor.

Do I have to get two shots?

Yes, the vaccines approved for use in Australia require two doses.

The length of time between your two doses will depend on which COVID-19 vaccine you receive. You will receive the same type of vaccine both times.

When you receive your first dose, you will be asked to make an appointment to get your second dose.

It is very likely that you will have less protection against COVID-19 if you do not receive your second dose when recommended.

Do I still need to practise hand hygiene and physical distancing even if I've been vaccinated?

It is very important that we continue practising good hygiene, physical distancing, and staying home if you are unwell, especially while we are working to vaccinate everyone in the community.



When will it be my turn to get vaccinated?

Many South Australians are already eligible to get vaccinated against COVID-19.

Our aim is to give every South Australian aged 16 years and over the opportunity to be vaccinated against COVID-19 in 2021.

Vaccinating people under the age of 16 will be considered if it's recommended by the Australian Government's medical advisors.

A phased approach has been designed to ensure the people who are most at risk of getting COVID-19, or of getting really sick if they get COVID-19, will be vaccinated first.

For the latest information on the rollout, and to check if you're eligible to get vaccinated against COVID-19 now, visit covidvaccine.sa.gov.au.

How do I make sure I get the best vaccine for me?

With hundreds of millions of people vaccinated around the world with these vaccines, and real world data showing high effectiveness for the vaccines, we can be confident that the vaccines approved for use in Australia provide good protection against serious illness and death from COVID-19.

If you have any health conditions that you think may affect which vaccine is right for you, speak to your doctor.

What if I'm older?

Older adults are being prioritised for COVID-19 vaccination as they are at increased risk of severe outcomes with COVID-19.

In rare instances, health professionals will consider the appropriateness of vaccination in older people if they are very frail, have severe pre-existing conditions or are at the end of their life.

Older people and their families, representatives and carers can talk to their GP or a health professional about the COVID-19 vaccines.



What if I'm pregnant?

The COVID-19 Pfizer mRNA vaccine is safe if you're pregnant, breastfeeding or planning a family.

Following the vaccination of large numbers of pregnant women around the world, no safety concerns have been identified with the mRNA COVID-19 vaccines.

Pregnant women can receive the Pfizer COVID-19 vaccine at any stage of pregnancy. Getting vaccinated is recommended because of the risk of COVID-19 to pregnant women and their unborn child.

If you're planning a pregnancy, you don't need to avoid becoming pregnant before or after vaccination.

If you're breastfeeding, you can receive a COVID-19 vaccine at any time. You don't need to stop breastfeeding before or after vaccination.

If you're pregnant, speak to your health professional about the best time to get vaccinated.

What if I'm immunocompromised?

Immunocompromised people are being prioritised to receive a COVID-19 vaccine, as they are at increased risk of severe outcomes with COVID-19.

The COVID-19 vaccines do not contain the live COVID-19 virus, which means they are safe for immunocompromised people.

Immunocompromised people should follow the advice from their doctor regarding the COVID-19 vaccine, including considering when to get the vaccine amongst any other treatments or medications.

What if I want to get the flu shot?

Getting vaccinated against the flu each year is important to protect yourself and your loved ones.

You can get the flu shot and be vaccinated against COVID-19 this year – you just need to allow one week between your vaccinations.

Got more questions?

A wide range of frequently asked questions and answers are available at **covidvaccine.sa.gov.au**.

Book now.

Scan the QR code.



For assistance call 1800 253 787.

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Information in this brochure correct as of 25 June 2021.



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