# OUTPATIENT GP REFERRAL GUIDELINES
## RESPIRATORY and SLEEP SERVICES
### Southern Adelaide Local Health Network (SALHN)

## Haemoptysis
- Major Haemoptysis - > 200ml – refer to Emergency Department.
- Small volume haemoptysis – in the setting of antiplatelet and anticoagulant therapy could be related to current treatment regime.
- Unexplained small volume haemoptysis contact respiratory registrar.

### Information Required
- Volume of Haemoptysis
  - Major haemoptysis: > 200ml blood loss
  - Streaks of blood in sputum
- Current medications – detail antiplatelet & anticoagulant therapy.
- Reason for referral
- Associated symptoms
  - Breathlessness, pleuritic chest pain
- Duration of symptoms
- Past medical history
- Smoking history

### Investigations Required
- Relevant pathology and imaging reports
- Chest X-ray & CT imaging (CTPA if PE is a consideration).
- Full blood exam and coagulation studies.

### Fax Referrals to
- Major Haemoptysis – FMC Outpatient Clinic Fax: (08) 8204 6105 (Clinic B)
- Minor Haemoptysis – FMC Outpatient Clinic Fax: (08) 8204 6105 or Noarlunga GP Plus Respiratory Clinic Fax: (08) 8384 9711

### Red Flags
- Refer immediately send to Flinders Medical Centre Emergency department
  - Major Haemoptysis
    - >200ml blood loss
    - Haemoptysis with Hypotension/Haemodynamic compromise
- Refer urgently – contact Respiratory Registrar at Flinders Medical Centre
  - Moderate Haemoptysis with ongoing uncontrolled haemoptysis
    - <200ml blood loss

### Suggested GP Management
- Major haemoptysis – Refer to ED
- Minor haemoptysis – case review and consider discussion with respiratory team if indicated.
- If associated with intercurrent bronchitis treat infection
- If current smoker advise cessation

### Clinical Resources

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