**Description of Service:**
The Orthopaedic and Trauma Service of the Royal Adelaide Hospital provides inpatient and outpatient care for patients living in the CALHN area who suffer from upper limb problems.

**Services Provided:**
- Outpatient clinic consultations for diagnosis and management
  - osteoarthritis
  - inflammatory arthritis
  - post traumatic arthritis
  - frozen shoulder
  - shoulder instability
  - rotator cuff disease / impingement
  - septic arthritis
- Post-operative reviews
- Virtual clinic for reviews from country areas and nursing homes
- Inpatient consultations and admission

**Exclusions:**
- Second opinions for patients that have been previously assessed or treated by an orthopaedic specialist from an institution that has the ability to provide an in-house second opinion.
- Service for compensable patients unless they have been admitted via the emergency department in an emergency situation e.g. motor vehicle accidents, work cover, department of veteran affairs, other third party or public liability claims.
- Patients that are known to another institution for a particular problem**
- **“Transfer of care from another specialist may be accepted if the patient’s surgical requirements are too complex or the patient’s medical condition means that the surgery would be safer performed in a tertiary institution.”**

For admission or **URGENT** advice contact the Orthopaedic Registrar:
Royal Adelaide Hospital (RAH) Ph: (08) 7074 0000

Alternatively, if the problem is urgent and the patient is unstable, the patient should be sent directly to the Emergency Department of the nearest hospital for assessment.

For more information or to make a referral contact
Royal Adelaide Hospital (RAH) Fax: (08) 7074 6247 Ph: 1300 153 853

**Essential Referral Content:**

**Demographic**
- Date of birth
- Contact details (including mobile phone)
- Referring GP details
- Interpreter requirements
- Medicare number

**Clinical**
- Reason for referral
- Duration of symptoms
- Relevant pathology and imaging reports
- Past medical history
- Current medications
### Adult Triage Criteria for referral

<table>
<thead>
<tr>
<th>Emergency</th>
<th>Category 1</th>
<th>Category 2</th>
<th>Category 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Direct to Emergency Department and phone the on call registrar.</td>
<td>Target within 4 weeks</td>
<td>Target within 3 months</td>
<td>Greater than 3 months</td>
</tr>
<tr>
<td></td>
<td>Urgent cases must be discussed with the on call registrar</td>
<td></td>
<td>See SA Health Median and Maximum Outpatient Waiting Time</td>
</tr>
<tr>
<td>&gt; Septic arthritis</td>
<td>&gt; Osteomyelitis</td>
<td>&gt; Carpal tunnel</td>
<td>&gt; Impingement / cuff tendinopathy</td>
</tr>
<tr>
<td>&gt; Acute dislocation</td>
<td></td>
<td>&gt; Ulnar nerve dysfunction</td>
<td>&gt; Frozen shoulder</td>
</tr>
<tr>
<td>&gt; AC joint dislocation</td>
<td></td>
<td>&gt; Dupuytren’s contracture</td>
<td>&gt; Other instability</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>&gt; Ultrasound proven cuff lesion</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>&gt; SLAP/Bankart lesion</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>&gt; Shoulder osteoarthritis</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>&gt; Calcific tendonitis</td>
</tr>
</tbody>
</table>

General information to assist with referrals and the referral templates for the RAH & TQEH are available to download from the CALHN Outpatient Services [website](#).

---

For more information or to make a referral
Royal Adelaide Hospital: Level 3G, Wing 6
Referral Fax Number: (08) 7074 6247
Phone Number: 1300 153 853

The Queen Elizabeth Hospital: Ground Floor, Area 3
Referral Fax Number: (08) 8222 6233
Phone Number: (08) 8222 7020

Web: [www.sahealth.gov.au](http://www.sahealth.gov.au)

© Department for Health and Wellbeing, Government of South Australia. All rights reserved. 18020

Acknowledgement: This document has had the final approval from the head of unit:
Orthopaedics unit

<table>
<thead>
<tr>
<th>Version</th>
<th>Approved date</th>
<th>Review date</th>
<th>Amendment</th>
</tr>
</thead>
<tbody>
<tr>
<td>Draft V0.1</td>
<td>20191502</td>
<td>20191502</td>
<td></td>
</tr>
</tbody>
</table>