

For enquiries about CWC:

- > Email: HEALTHSALHNCancerWellnessCentre@sa.gov.au
- > Website: www.sahealth.sa.gov.au/SALHNCancerWellnessCentre
- > Pop in Monday to Friday 9am-4:30pm



Cancer wellness programs are proudly supported by the Flinders Foundation thanks to donations from generous individuals, and funds raised by supporters and organisers.

To make a donation or learn more about how you can support patients and their families affected by cancer, visit flindersfoundation.org.au or phone (08) 8204 5216.

For more information

Cancer Wellness Centre

Ground Floor,
Flinders Centre for Innovation in Cancer,
Flinders Drive
Bedford Park SA 5042

Email: HEALTH.SALHNCancerWellnessCentre@sa.gov.au
Website: www.sahealth.sa.gov.au/SALHNCancerWellnessCentre
Telephone: 0481 056 058



This document has been reviewed
and endorsed by consumers.



Interpreter



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Flinders Centre for Innovation in Cancer



Cancer Wellness Centre



Health
Southern Adelaide
Local Health Network





The Flinders Cancer Wellness Centre (CWC) provides a holistic, outpatient service for those affected by cancer.

The centre provides a quiet, warm place for people to relax with several different seating areas.

Free services available in the space include:

- > Activity Packs
- > Beanies and Carolyn's Caps for patients
- > Computers and iPads
- > Games
- > Newspapers and books
- > Information brochures
- > Phone charging ports
- > Tea and coffee
- > Telephone



Our friendly Flinders Medical Centre Volunteers work in the centre on a daily basis so please ask them if you require any assistance.

Programs and activities offered in the centre are designed to help ease the burden of cancer and address many of the unmet needs of patients and their families during and after cancer treatment.

With a focus on integrating natural and complementary therapies with conventional care, this support covers many of the physical, emotional and practical impacts of cancer.



Programs and Services include:

- > Arts in Health workshops & music
- > Breast Care
- > Cancer Council SA Outreach nurse and volunteers
- > Look Good Feel Better workshops
- > Nutrition and Dietetics
- > Physiotherapy
- > Psychology
- > Social Work

There is a weekly program of services and activities held in the CWC. Stay up to date with what is happening through the website or by emailing us to register for our monthly newsletter.

